

Health and Safety

COURSE

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California Board of Barbering and Cosmetology
P.O. Box 944226, Sacramento, CA 94244-2260
(800) 952-5210
www.barbercosmo.ca.gov

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Foreword

The California Board of Barbering and Cosmetology (Board) is very proud to provide instructors and future professionals within the barbering and beauty industry this newly revised curriculum, Health and Safety Course. This course includes up-to-date and topical information important to the well-being of barbers, cosmetologists, manicurists, estheticians, electrologists, and the millions of consumers they serve.

The occupational health professionals from the Labor Occupational Health Program, based at the School of Public Health, University of California, Berkeley, worked extensively to research, create, and test the first edition of the *Health and Safety for Hair Care and Beauty Professionals – A Curriculum on Hazards at Work*. This revised publication has incorporated much of their original research.

The Board requires completion of the Health and Safety Course by all future professionals who wish to sit for a licensing exam.

Although there is a wealth of information in the pages that follow, the Health and Safety Course is intended to be used as only a guide, a starting point. By using the information future professionals acquire from the Health and Safety Course, they will be able to follow safe practices at work and hopefully have a long and healthful career.

– California Board of Barbering and Cosmetology

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