



# 9

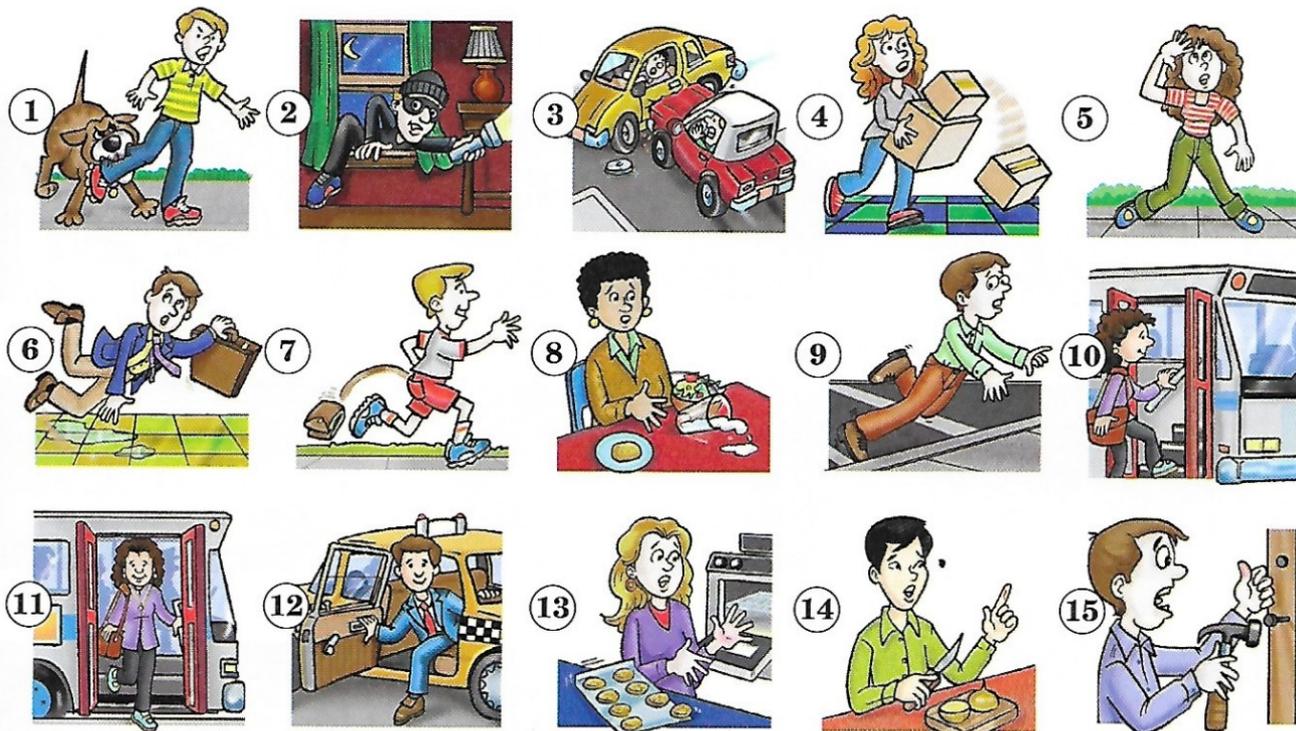
## Past Continuous Tense

## Reflexive Pronouns

## While-Clauses

- Describing Ongoing Past Activities
- Reporting a Home Emergency
- Emergency Preparedness
- First-Aid Instructions
- Warning Labels on Household Products
- Safety Procedures: Earthquakes and Hurricanes

### VOCABULARY PREVIEW

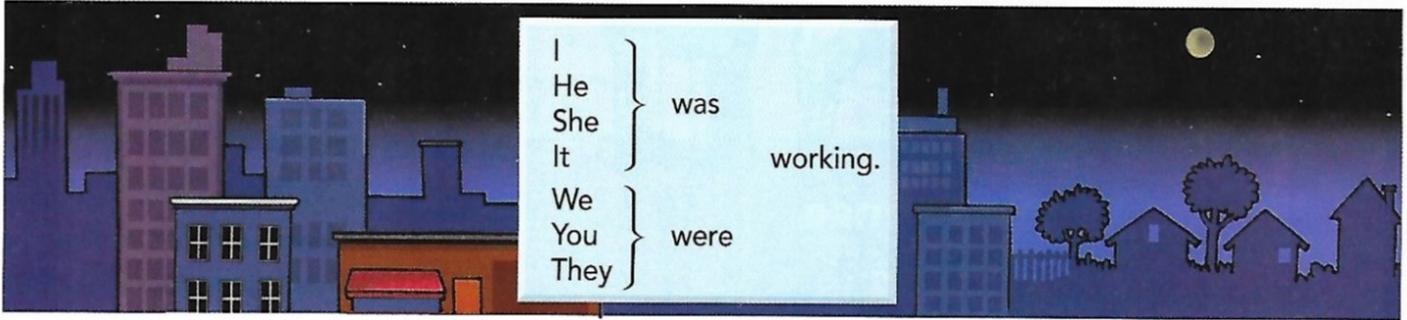


1. bite
2. break into
3. crash into
4. drop
5. faint

6. fall
7. lose
8. spill
9. trip
10. get on

11. get off
12. get out of
13. burn myself
14. cut myself
15. hurt myself

# The Blackout



Last night at 8:00 there was a blackout in Centerville. The lights went out all over town.



A. What was Doris doing last night when the lights went out?

A. What were Mr. and Mrs. Green doing last night when the lights went out?

B. She was taking a bath.

B. They were riding in the elevator.



1. David



2. Mr. and Mrs. Park



3. Helen



4. you and your brother



5. you



6. Larry



7. Alice



8. your parents



9. your cousin Sam

What were YOU doing last night at 8:00?

# I Saw You Yesterday, but You Didn't See Me



- A. I saw you yesterday, but you didn't see me.
- B. Really? When?
- A. At about 2:30. You were **getting out of a taxi on Main Street**.
- B. That wasn't me. Yesterday at 2:30 I was **cooking dinner**.
- A. Hmm. I guess I made a mistake.



1. *walking into the laundromat  
working at my office*



2. *walking out of the library  
taking a history test*



3. *getting on a bus  
visiting my grandparents*



4. *getting off a merry-go-round  
practicing the piano*



5. *jogging through the park  
fixing my bathroom sink*



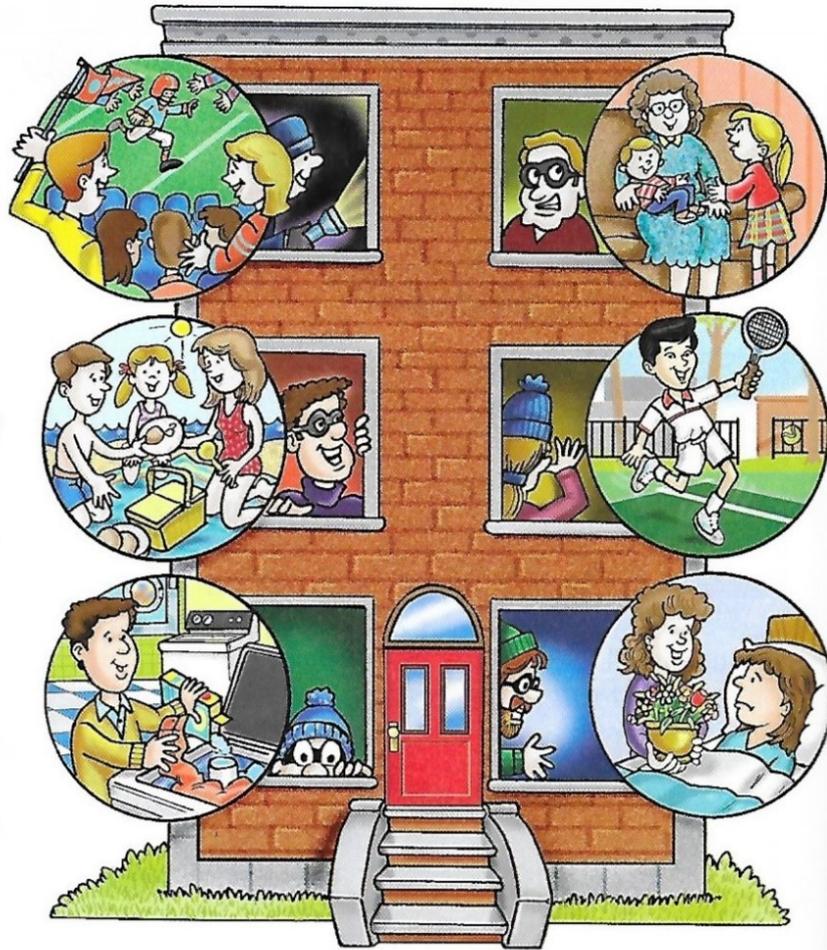
6.

## A ROBBERY

There was a robbery at 151 River Street yesterday afternoon. Burglars broke\* into every apartment in the building while all the tenants were out.

The man in Apartment 1 wasn't home. He was washing his clothes at the laundromat. The woman in Apartment 2 wasn't home either. She was visiting a friend in the hospital. The people in Apartment 3 were gone. They were having a picnic at the beach. The man in Apartment 4 was out. He was playing tennis in the park. The college students in Apartment 5 were away. They were attending a football game. And the elderly lady in Apartment 6 was out of town. She was visiting her grandchildren in Ohio.

Yesterday certainly was an unfortunate day for the people at 151 River Street. They had no idea that while they were away, burglars broke into every apartment in the building.



\* break – broke

## ✓ READING CHECK-UP

### Q & A

The tenants at 151 River Street are talking to the police. Using this model, create dialogs based on the story.

- A. Which apartment do you live in?
- B. Apartment 1.
- A. Were you home at the time of the robbery?
- B. No, *I wasn't. I was washing my clothes at the laundromat.*
- A. What did the burglars take from your apartment?
- B. They took *my VCR, my computer, and some money I had in a drawer in my bedroom.*
- A. How much money did they take?
- B. About *three hundred dollars.*



# He Went to the Movies by Himself

I myself  
 you yourself  
 he himself  
 she herself  
 it itself  
 we ourselves  
 you yourselves  
 they themselves



- A. What did **John** do yesterday?  
 B. He went to the movies.  
 A. Oh. Who did he go to the movies with?  
 B. Nobody. He went to the movies **by himself**.



1. Aunt Ethel go to the circus



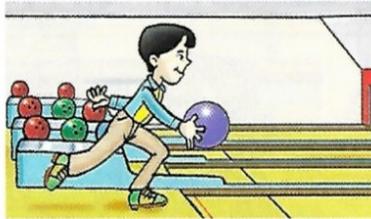
2. your parents go sailing



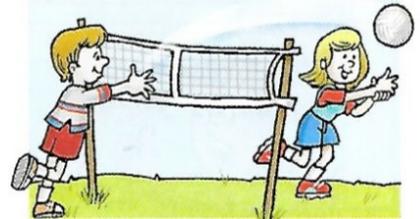
3. you and your wife have a picnic



4. Ann drive to the mountains



5. you go bowling



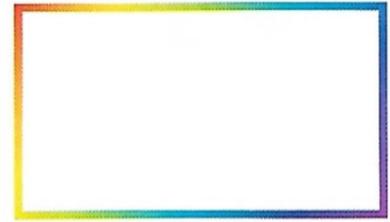
6. your brother and sister play volleyball



7. Grandma take a walk in the park



8. Uncle Joe go fishing



9.

# I Had a Bad Day Today

while



- A. You look upset.
- B. I had a bad day today.
- A. Why? What happened?
- B. I lost my wallet while I was jogging through the park.
- A. I'm sorry to hear that.



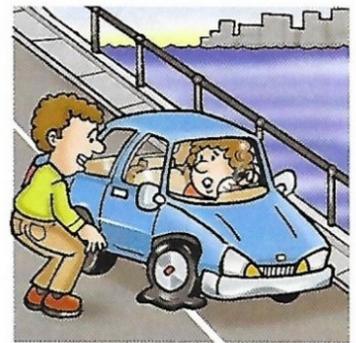
- A. Harry looks upset.
- B. He had a bad day today.
- A. Why? What happened?
- B. He cut\* himself while he was shaving.
- A. I'm sorry to hear that.



1. you hurt\* myself fixing my fence



2. Emma dropped her packages walking out of the supermarket



3. your parents got a flat tire driving over a bridge

\* cut – cut hurt – hurt



4. *Henry tripped and fell\* walking down the stairs*



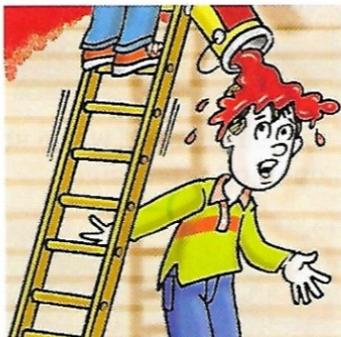
5. *you burned myself cooking on the barbecue*



6. *Wilma fainted waiting for the bus*



7. *you and your husband somebody stole our car shopping*



8. *you a can of paint fell on me walking under a ladder*



9. *the mail carrier a dog bit\* him delivering the mail*

## How to Say It!

### Reacting to Bad News

I'm sorry to hear that.

That's too bad!

That's terrible!

That's a shame!

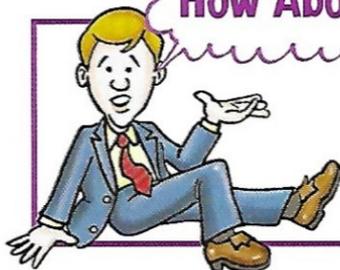
What a shame!

What a pity!

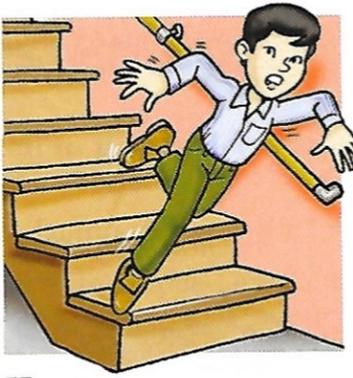
How awful!

Practice the conversations in this lesson again. React to the bad news in different ways.

### How About You?



Everybody has a bad day once in a while. Can you remember when something bad happened to you? What happened, and what were you doing when it happened?



4. Henry tripped and fell\* walking down the stairs



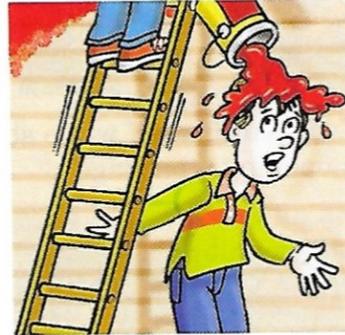
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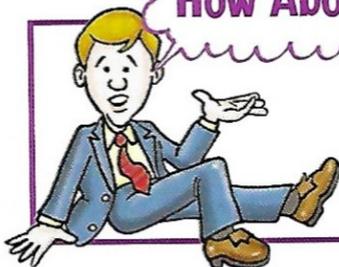
## How to Say It!

### Reacting to Bad News



Practice the conversations in this lesson again. React to the bad news in different ways.

## How About You?



Everybody has a bad day once in a while. Can you remember when something bad happened to you? What happened, and what were you doing when it happened?

## FRIDAY THE 13TH

Yesterday was Friday the 13th. Many people believe that Friday the 13th is a very unlucky day. I, myself, didn't think so . . . until yesterday.



Yesterday I burned myself while I was cooking breakfast.



My wife cut herself while she was opening a package.



My son poked himself in the eye while he was putting on his glasses.



Our daughter spilled milk all over herself while she was eating lunch.



Both our children fell and hurt themselves while they were roller-blading.



And we all got wet paint all over ourselves while we were sitting on a bench in the park.

I'm not usually superstitious, but yesterday was a very unlucky day. So, the next time it's Friday the 13th, do yourself a favor! Take care of yourself!

### ✓ READING CHECK-UP

#### Q & A

The man in the story is talking with a friend. Using this model, create dialogs based on the story.

- A. *My wife* had a bad day yesterday.
- B. Oh? What happened?
- A. *She cut herself* while she was opening a package.
- B. That's too bad!

#### WHICH WORD IS CORRECT?

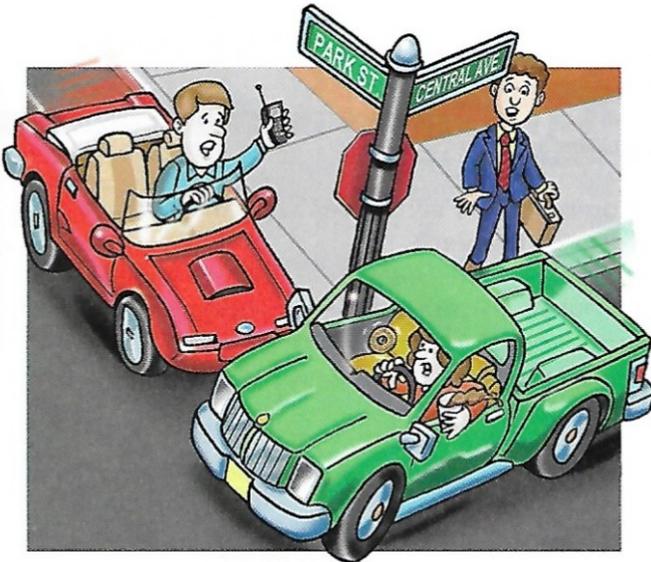
1. He A himself while he was cooking.
  - a. burned
  - b. cut
2. His daughter spilled B.
  - a. paint
  - b. milk
3. His son poked himself in the A.
  - a. eye
  - b. glasses
4. His children fell and hurt B.
  - a. ourselves
  - b. themselves
5. We got wet paint all over A.
  - a. ourselves
  - b. themselves

## LISTENING

Listen to the conversations. What happened to these people? Listen and choose the correct answer.

- a. He cut himself.  
 b. He dropped his packages.
- a. She tripped.  
 b. She got a flat tire.
- a. He burned himself.  
 b. He fainted.
- a. Somebody stole his wallet.  
 b. He got paint on his pants.
- a. They fell on the sidewalk.  
 b. They hurt themselves in the basement.
- a. He fell in the water.  
 b. He spilled the water.

## READING



### AN ACCIDENT

I saw an accident this morning while I was standing at the corner of Park Street and Central Avenue. A man in a small red sports car was driving down Park Street very fast. While he was driving, he was talking on his cell phone. At the same time, a woman in a large green pick-up truck was driving along Central Avenue very slowly. While she was driving, she was drinking a cup of coffee and eating a donut. While the woman was driving through the intersection, the man in the sports car didn't stop at a stop sign, and he crashed into the pick-up truck. The man and the woman were very upset. While they were shouting at each other, the police came.\* Fortunately, nobody was hurt badly.

\* come – came

### ✓ READING CHECK-UP

#### TRUE, FALSE, OR MAYBE?

Answer True, False, or Maybe (if the answer isn't in the story).

- The accident happened at the corner of Park Street and Central Avenue.
- The man was driving a small green sports car.
- While the woman was driving, she was talking on her cell phone.
- The man likes donuts.
- The sports car crashed into the truck.
- The woman was driving to work.
- The police came after the accident.

### How About You?



Tell about an accident you saw:

Where were you?

What happened?

Was anybody hurt?

# PRONUNCIATION *Did & Was*

Listen. Then say it.

What did he do?

Who did he go with?

What was he doing?

Where was she driving?

Say it. Then listen.

How did he hurt himself?

Where did he fall?

Where was she going?

Where did it happen?



Some people like to go places and do things by themselves. Others like to do things with family members and friends. How about you? Do you like to do things alone or with other people? Write about it in your journal.



## GRAMMAR FOCUS

### PAST CONTINUOUS TENSE

What	was	I he she it	doing?	I He She It	was	eating.
	were	we you they			were	

Complete the sentences with the correct form of the verb.

bake listen read take watch

What was everybody doing at 8:00 last night?

- Monica Read the newspaper.
- Michael Took a shower.
- My parents Watch TV.
- You Listened to music.
- My wife and I Baked cookies.

### REFLEXIVE PRONOUNS

I	took a walk by	myself.
You		yourself.
He		himself.
She		herself.
It		itself.
We		ourselves.
You		yourselves.
They	themselves.	

Complete the sentences with a reflexive pronoun and the correct form of the verb.

give make open play slice sit

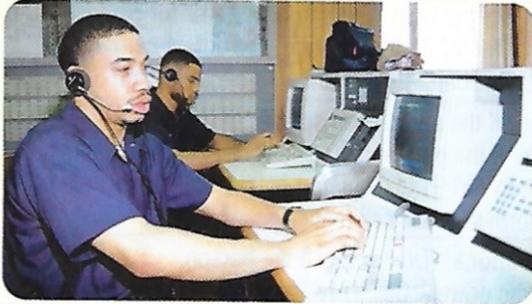
- My brother hurt Himself while he Played basketball.
- I cut Myself while I Opened a package.
- My sister burned Herself while she Made pancakes.
- My son and I got paint all over Ourselves while we Sat on a bench in the park.
- My cousins spilled water all over Themselves while they Gave their dog a bath.
- Dad, did you cut Yourself while you Sliced carrots?

### WHILE-CLAUSES

I lost my wallet **while** I was jogging.  
He cut himself **while** he was shaving.

## 1 CONVERSATION CALLING 911

Practice conversations to report these emergencies.



- A. Emergency operator.  
 B. Hello, I have an emergency  
 A. What's the address?  
 B. 123 Main Street  
 A. What's your name?  
 B. John Doe  
 A. Telephone number?  
 B. 123-4567  
 A. Okay. We'll be there right away.



1. I think my father is having a heart attack!



2. My baby is very sick! She isn't breathing!



3. There's a fire in my apartment building!



4. My son overdosed on some medicine! He isn't waking up!



5. Someone is breaking into my apartment!



6. There's a man with a gun in front of our building!

## 2 TEAMWORK PREPARING FOR EMERGENCIES AT HOME

Practice these interviews.

How are you prepared for an emergency at home?



I have a list of emergency numbers near the telephone.



I keep a first-aid kit in a convenient place.



I keep a fire extinguisher in my kitchen.



I change the batteries in my smoke detectors twice a year.



I know how to turn off the utilities.



I taught my children how to dial 911.

Now interview your classmates. Are they prepared for emergencies at home? Then discuss as a class: What else can you do to prepare for emergencies?

## READING FIRST-AID INSTRUCTIONS

Look at the first-aid chart and answer the questions.

EMERGENCY FIRST AID	
<p><b>Animal Bites:</b> Wash the wound with soap and water for 5 minutes or more. Put a clean dry bandage on the wound. See a doctor as soon as possible.</p> 	<p><b>Burns:</b> Cool the burn. Put it in cool water for 5 minutes or more. Do not use ice. Do not use any ointments or soap. Cover with a sterile dressing.</p> 
<p><b>Bee Stings:</b> Try to remove the stinger with a clean knife. Clean the wound with soap and water and apply ice. Get medical help if the person is dizzy, nauseous, or can't breathe.</p> 	<p><b>Choking:</b> If the person can speak, tell him or her to cough. If the person can't speak or cough, ask someone to call 911. Then get behind the person and perform the Heimlich maneuver.</p> 
<p><b>Bleeding:</b> Apply direct pressure on the wound for 10 minutes with a clean cloth or a sterile dressing. If possible, raise the wound higher than the person's heart.</p> 	<p><b>Electric Shock:</b> Do not touch the person. Turn off the power. Call 911. If the person has no pulse, begin CPR (cardiopulmonary resuscitation).</p> 

- Perform the Heimlich maneuver when \_\_\_\_\_.
  - someone is bleeding
  - someone has an animal bite
  - someone received an electric shock
  - someone is choking
- You should put \_\_\_\_\_ on a burn.
  - ointment
  - a sterile dressing
  - ice
  - soap
- When someone is bleeding a lot, \_\_\_\_\_.
  - try to remove the stinger
  - clean the wound for 10 minutes
  - apply pressure on the wound
  - begin CPR
- Wash \_\_\_\_\_ for 5 minutes or more.
  - an animal bite
  - a burn
  - a bee sting
  - a sterile dressing
- Get medical help for a bee sting if \_\_\_\_\_.
  - you don't have a clean knife
  - the wound is dirty
  - the person is dizzy or nauseous
  - there isn't any ice
- If someone gets an electric shock, DON'T \_\_\_\_\_.
  - give the person CPR
  - turn off the electricity
  - call 911
  - touch the person right away

## READING A WARNING LABEL ON A HOUSEHOLD PRODUCT

**DANGER:** Avoid contact with eyes or skin. Wash thoroughly with soap after handling. Harmful if swallowed. Do not breathe vapors or fumes.

**First-Aid Treatment:** If swallowed, give a glassful of water or milk and call a Poison Control Center immediately. If in eyes, rinse with water for 15 minutes. Get medical attention. If on skin, wash with soap and water.

**KEEP OUT OF REACH OF CHILDREN.**

Decide if these sentences are True (T) or False (F).

- T   1. Do not get this product in your eyes or on your hands, face, or other parts of your body.
- F   2. Wash carefully with soap before you use this product.
- T   3. It's dangerous to eat or drink this product.
- F   4. Close the windows when you use this product.
- T   5. Call the Poison Control Center if someone eats or drinks this product.
- T   6. See a doctor if this product gets in your eyes.

Read the safety posters and answer the questions.

## Duck, Cover, and Hold! What to Do During an Earthquake

### IN THE CLASSROOM:

**Duck!** Get down under a desk or table and drop to your knees. Turn away from the windows.

Avoid heavy objects, like bookcases, that might fall.



**Cover!** Cover your head with the desk or table. Cover your eyes. (Put your face into your arm.)

**Hold!** Hold on to the desk or table. If it starts to move, hold on, move with it, and keep it over your head.

**OUTSIDE:** Find an area without buildings or trees. Stay away from electrical wires and poles on the ground. Get down on your knees and cover your head with a book or other object.

**IN THE HALL:** Duck down on the floor next to an inside wall and get on your knees. Cover your head and neck with your arms. Put your face down.



**NEAR A BUILDING:** Duck! Get into a doorway. Get down on your knees. Cover your head with one hand. Hold on to the doorway.

## Preparing for a Hurricane

A hurricane watch means that a hurricane might arrive within 36 hours. When there is a hurricane watch, you should do the following:

- Have an emergency evacuation plan. If you have to evacuate, where will you go, and how will you get there?
- Have an emergency kit ready to take with you. It should contain a first-aid kit, flashlights and batteries, prescription medicine, sleeping bags, important documents, cash and credit cards, a non-electric can opener, and enough canned food, water, and clothes for five days.
- Listen to the radio or TV for weather reports and evacuation instructions.
- Fill your car with gas.
- Cover windows and doors with wood or tape.
- Move trash cans, bicycles, barbecue grills, and other objects inside or secure them so they'll stay in place during strong winds.
- Fill clean bottles and other containers with water for drinking.
- Fill sinks and bathtubs with water for washing.

1. If you're in the classroom during an earthquake, \_\_\_\_\_.
  - A. get under a bookcase
  - B. hold on to a window
  - C. cover your head with your knees
  - D. get under a desk or a table
2. If you're outside during an earthquake, \_\_\_\_\_.
  - A. get under a tree
  - B. look for a building
  - C. drop to your knees
  - D. get under an electrical pole
3. In the first instruction in the earthquake safety poster, *avoid* means \_\_\_\_\_.
  - A. cover
  - B. stay away from
  - C. stay near
  - D. hold on to
4. Evacuation instructions tell you \_\_\_\_\_.
  - A. what to do at home during a hurricane
  - B. how to prepare for a hurricane
  - C. what to do after a hurricane
  - D. what to do if you have to leave your home
5. You probably WON'T need \_\_\_\_\_ during a hurricane.
  - A. an electric can opener
  - B. a flashlight
  - C. canned food
  - D. drinking water
6. When there is a hurricane watch, you should NOT \_\_\_\_\_.
  - A. fill your car with gas
  - B. listen to the radio or TV
  - C. move bicycles and trash cans outside
  - D. fill sinks and bathtubs with water

Choose the correct answer.

1. Careful! Don't \_\_\_\_\_ yourself!
  - A. spill
  - B. hurt
  - C. put
  - D. faint
2. I saw you while you were \_\_\_\_\_ the library.
  - A. getting off
  - B. walking off
  - C. walking into
  - D. getting on
3. I \_\_\_\_\_ all my packages while I was walking down the stairs.
  - A. fell
  - B. tripped
  - C. bit
  - D. dropped
4. I had a terrible day today. I \_\_\_\_\_ myself in the eye.
  - A. poked
  - B. poured
  - C. fixed
  - D. hurt
5. There was an accident at the intersection. A car \_\_\_\_\_ into a truck.
  - A. fell
  - B. crashed
  - C. broke
  - D. spilled
6. I change the batteries in my \_\_\_\_\_ twice a year.
  - A. first-aid kit
  - B. utilities
  - C. fire extinguishers
  - D. smoke detectors
7. I always look at the \_\_\_\_\_ on a household product.
  - A. first aid
  - B. wound
  - C. warning label
  - D. bandage
8. If someone eats or drinks this product, call the \_\_\_\_\_ Control Center.
  - A. Heimlich
  - B. Poison
  - C. CPR
  - D. 911
9. In the classroom during an earthquake, get under your desk and \_\_\_\_\_ your eyes.
  - A. duck
  - B. move
  - C. get on
  - D. cover
10. I have flashlights in my emergency \_\_\_\_\_.
  - A. kit
  - B. report
  - C. medicine
  - D. watch

## SKILLS CHECK

### Words:

- |   |   |
|---|---|
| <input type="checkbox"/> attend             | <input type="checkbox"/> get on             |
| <input type="checkbox"/> bite               | <input type="checkbox"/> get out of         |
| <input type="checkbox"/> break into         | <input type="checkbox"/> hurt <i>myself</i> |
| <input type="checkbox"/> burn <i>myself</i> | <input type="checkbox"/> lose               |
| <input type="checkbox"/> crash into         | <input type="checkbox"/> open               |
| <input type="checkbox"/> cut <i>myself</i>  | <input type="checkbox"/> poke <i>myself</i> |
| <input type="checkbox"/> deliver            | <input type="checkbox"/> practice           |
| <input type="checkbox"/> drop               | <input type="checkbox"/> spill              |
| <input type="checkbox"/> faint              | <input type="checkbox"/> stop               |
| <input type="checkbox"/> fall               | <input type="checkbox"/> take a test        |
| <input type="checkbox"/> get a flat tire    | <input type="checkbox"/> take a walk        |
| <input type="checkbox"/> get off            | <input type="checkbox"/> trip               |

### I can ask & answer:

- What were we/you/they doing?  
We/You/They were working.
- What was he/she/it doing?  
He/She/It was working.
- Who did I/he/she/we/you/they go with?  
I went by myself./He went by himself./  
She went by herself./We went by ourselves./  
You went by yourself./You went by yourselves./  
They went by themselves.
- What happened?

### I can react to bad news:

- I'm sorry to hear that.
- That's too bad!
- That's terrible!
- That's a shame!
- What a shame!
- What a pity!
- How awful!

### I can:

- call 911 to report an emergency at home
- identify ways to prepare for emergencies at home

### I can interpret:

- first-aid instructions
- warning labels on household products
- safety procedures for earthquakes and hurricanes

### I can write about:

- doing things alone or with other people