

MaryBeth Hoffman

Gospel of Luke: Julianne Cox

10/25/21

Journal Week #4

This past week, I started each morning with “Good morning Jesus,” which allowed me to focus on Him right from the beginning of the day. I also thanked Him for my blessings each morning, filling my heart with gratitude. During the day, I tried to pray to Jesus about my big needs, such as healing my health, watching over my husband, caring for my family and friends who are struggling right now. I also asked Jesus for stronger faith and to hear His voice more often. During this time with God, I learned patience, to press into Him, to trust Him more for my needs than myself, and to pray for my enemies as well. At the end of the day, I always pray to God, but adding in “Goodnight Lord,” provided closure for the day. I think I will continue this practice.