

Week #6

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It's dark in this room Lord
The walls are closing in
Do I have to live here forever?
Is there a way out, or will someone die first?

I'm lost,
I am not who I want to be
I am not who you have called me to be

I know I opened the door,
But now I can't find the way out
I'm scared
Lonely
Increasing losing my grip
Desperate

Help me, Lord!
Shine a light in the darkness!
Show me a way.
Help me find enough courage to take the first step.
Guide my feet to the road away from this mess and toward you.
Give me an idea that I can actually implement.

Thank you Father!
I have stepped out from the darkness!
But it is so bright and scary here.
Where do I go?
What do I do?
How do I find my way?

Keep your help and grace coming Lord.
I need them more and more.
Pour out your healing power on me.
Give me what I need to move forward and not back.
Help me never to turn back.
That door is closed forever, never to be opened.
Slammed shut.

You have delivered from a life not meant for me.
You have taken me into your loving arms.
You calm my fears, dry my tears
You love me.

Thank you Father!
Your providence, provision and protection are amazing!
Your path is right and true!
Your guidance better than the GPS!
You are patient, kind, full of grace toward me!
To be your child and walk in your way is all that I really want.

Thank you Father!

What I learned:

- These assignments are getting a little bit easier
- The psalmists were smart to have a formula, it gives guidance and helps you get started
- Sometimes old wounds can still hurt
- Sometimes deliverance comes in steps, you take one and then you need help again because of where you ended up. I guess this makes you rely on God more.
- God helps us by putting special people into our lives at the right time, some for long times and some for shorter times.
- That even when things are not going the best right now, they are infinitely better than when I was back there.