

Shawndell Burden

Journal Four

Lord I dream to have a business that Helps support my community. I dream of a family that loves and works together. I dream of living in a community sounded bu family and friends. A time where holidays are special and morals and values are looked upon as a good thing. I dream that my son is on fire for you and leads his family by following your word. That he stays protected and everywhere his feet lands is blessed amen.

Option 1: Write out a prayer about something that is deeply disrupting your life and what you want God to do about it. Use the pattern "complaint-petition-reasons-resolution." Remember, you are letting God know exactly what you think as honestly as possible and what you want Him to do to restore justice or improve the situation. *After you are done, open your heart to God's Spirit and listen. Say nothing further. Now give a brief description of what you learned from this exercise.*

Journal Five

Lord I'm coming to you because I am tired of trying to pretend we are a happy family. I feel people are only happy when they an get something from you. I don't feel people genuinely care for one another and it's sad. I want to love freely I want to be happy. I want to enjoy peoples company without feeling like I have to protect myself from their scams. Lord I trust you. I know you are alpha and omega and you see all things. I know you can protect me and guide my into a righteous path. I know that you can and will deliver me from all evil.

Ok that was different God is so awesome so after writing this I just realized m not that intimate with God. That just felt rather intimate. I need to spend more time really being open to God. I didn't realize I try to leave some stuff out.

Prayer (either for yourself or someone else). Choose **ONLY** one of the following options:

Option 1: Write out a prayer thanking God for something He has done for you recently. Use the pattern above.
After you are done, give a brief description of what you learned from this exercise.

Journal Six

Thank you Father for your protection< Healing Power, Grace and mercy. I thank lord for blessings that you have poured into my family. Father help me to have forgiveness and grace to my family and friends as you have shown me.

Wow that was so on time and awesome. It seemed like everything was trying to distract me from completing this assignment. It was the best experience I ever had. I've been complaining petitioning God to show me what to do about some family feelings I was having for the last week. In this assignment I wanted to go off again, but this time using the guidelines to say the same thing, once I completed the last sentence, my belly felt such a relief. This was the peace I was crying for and couldn't obtain. Thank you for this I'm going to start to apply this to how I pray. Thank you