

Thrive 101 | Tempo Balance Focus

Like a great golfer, our lives must have the proper tempo, balance, and focus to perform at our optimal state. Answer the questions below to get a view of your current tempo, balance, and focus.

Answer these questions about your current reality:

1 | Is my work sustainable?

- Yes
- No

2 | Is my work rhythmic?

- Yes
- No

3 | Is my work repeatable?

- Yes
- No

If you answered “no” to any of the three questions above, explain “why” below.

1 | Are my relationships in sync?

- Yes
- No

If not, write down which relationships are out of sync.

1 | Am I keeping the main things the main things?

- Yes
- No

1 | If I asked my upline Agency Owner, would they agree?

- Yes
- No

If not, schedule a time to sync up that key relationship where you are not in alignment (not in agreement) on the main things to focus on.