

Program Abuse Prevention Plan

Program:	R & M Welty Inc (Rogers House)
Address:	20720 Valley View Terrace, Rogers MN 55311
	Ph: (763) 428-2445
Date plan developed:	8/10/2018
Date Revised:	10/31/2023

**POPULATION ASSESSMENT:**

1. Age range of persons receiving services: 18- 65
  
2. How will the program reduce the potential of abuse and/or harm to people related to the age of people receiving services?  
 R&M Welty Inc. provides 24-hour awake care for the person served. Person served care plans will be followed to limit the possibility of emotional and/or physical abuse. R&M Welty, Inc will provide clear, consistent house guidelines and expectations.
  
3. Gender of person receiving services: Male or Female.
  
4. How will the program reduce the potential of abuse and/or harm to people related to the gender of people receiving services?  
 R&M Welty Inc will attempt to have the same gender staff available on a daily basis and will provide individual bedroom for person served for privacy. Staff/person served ratio will be at minimum of two to one. Person served care plans will be followed to limit the possibility of emotional or physical abuse. Person served will be encouraged to voice any concerns and will be assisted with proper procedures of reporting concerns.
  
5. Describe the range of mental functioning of persons receiving services:  
 At R&M Welty Inc our functioning range is from Schizo affective Disorder, Borderline Personality Disorder, Antisocial Personality Disorder and Anxiety Disorder. The persons served will be encouraged to complete activities of daily living on a daily basis. Persons served will be accompanied with two staff at all times. If the need for further explanations of anything arises, staff will explain the information in a clear, calm approach persons served will understand.
  
6. How will the program reduce the potential of abuse and/or harm to people related to the mental functioning of people receiving services?  
 R&M Welty Inc offers an excellent team of mental health specialists who will assess and assist in developing individual programs for person served that correspond to their limitations. If the persons served is in need of assistance with activities of daily living, staff will direct the person served per the direction of the Support Plan Addendum. The residents will be encouraged to voice any concerns or complaints directly to staff. All complaints will be documented and handled in a timely manner.
  
7. Describe the range of physical and emotional health of people receiving services:  
 R&M Welty Inc will house person(s) served with diagnosis of Intermittent Explosive disorder, Fetal alcohol syndrome, Moderate MR, Type 2 Diabetes, Possible Persuasive Development, Anxiety, Mood disorder, Congenital Nystagmus blindness, Dyslipidemia. Person served

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maladaptive behaviors which may include physical and verbal aggression, self-injurious [behaviors] or suicidal thoughts [attempts], destruction of property and medication compliance issues. Persons served will be monitored by physicians, specialists, county case managers, community support services as well as the company nurse and staff. Staff will provide verbal prompts such as 1:1 Talk, Verbal de-escalation, Re-direction, Removing the stressor, Engage in safe activity and Quiet time for self-soothing. The person served has an eyesight disability. The staff will guide person served physically around objects inside the residence and outside the residence as needed or requested. Also, there is history of elopement. R&M Welty, Inc has 2:1 staff on duty between the hours of 6am-10pm and two awake staff from 10pm to 6am. A third staff will be available if needed.

8. How will the program reduce the potential of abuse and/or harm to people related to the physical and emotional health of people receiving services served?

R&M Welty Inc will provide adequate numbers of well-trained direct support professionals to maintain a safe environment for the person served to live. We have two staff on duty between the hours of 6am to 10pm and two awake staff from 10pm to 6am. A third staff will be available if needed. All medical/psychiatric conditions will be closely monitored by staff and the company nurse to keep symptoms in a manageable state.

9. Describe the range of adaptive/maladaptive behavior(s) of people receiving services: R&M Welty Inc will house residents who have behaviors which may include physical and verbal aggression, self-injurious [behaviors] or suicidal thoughts [attempts], destruction of property and medication compliance issues. All concerns with the resident's adaptive/maladaptive behaviors will be addressed in their individual care plans. Staff will be fully educated and trained to the person served specific needs. All behaviors will be followed up by the direction of the resident's doctor (medical & psychiatric) and/or designated specialist.

10. How will the program reduce the potential of abuse and/or harm to people related to the adaptive/maladaptive behavior(s) of the people receiving services served?

R&M Welty Inc will have adequate staff to ensure person served safety. R&M Welty, Inc will have a tightly controlled physical environment and well-educated staff that restrict potential weapons [from getting into the hands of the person served] and contraband from entering the home. We request our residents to empty their pockets or bags when they return from outings and/or L.O.A.'S to ensure that these items will not be brought into the home.

11. Describe the need for specialized programs of care for people receiving services:

R&M Welty Inc will provide opportunities for the person served to safely be out in the community. We will encourage the resident to have safe and appropriate boundaries while out in the community. Staff will be informed and educated on the residents maladaptive behaviors and redirected when needed.

12. How will the program reduce the potential of abuse and/or harm to people related to the need for specialized programs of care for people receiving services?

R&M Welty Inc. will provide abuse, neglect, and financial exploitation prevention, VA and mandated reporter training for all staff before they are qualified to work with our person served. Our staff are also required to read and learn all residents support plans and programs.

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13. Describe the need for specific staff training to meet individual service needs:  
R&M Welty Inc. provides our staff with basic First Aid, De-escalation and Mental Health Training and require that they become knowledgeable and proficient in understanding and implementing the person served individual plans and program.
14. How will the program reduce the potential of abuse and/or harm to people related to the need for specific staff training designed to meet individual service needs?  
R&M Welty Inc. provides our staff with basic First Aid, De-escalation and Mental Health Training and require that they become knowledgeable and proficient in understanding and implementing the person served individual plans and program.
15. Describe any knowledge of previous abuse that is relevant to minimizing the risk of abuse to people receiving services:  
Persons served has a history of self and perhaps physical abuse. The person served also is at risk for self-abusive behaviors including cutting or suicidal thoughts [attempts], and elopement. R&M Welty Inc staff are well educated on how to intervene if these maladaptive behaviors arise to ensure person served safety.
16. How will the program reduce the potential of abuse and/or harm to people related to the knowledge of previous abuse?  
There is a history of physical and verbal aggression, elopement, self-harm and destruction of property which has led to injury of the person served and staff. The staff are educated in de-escalation techniques and redirection. Our program will take prudent prevention measures to see that the person served will not be left unattended for periods of time sufficient for abuse to occur. R&M Welty, Inc will have no less than a two to one staff/person served ratio.

### **PHYSICAL PLANT ASSESSMENT:**

1. Describe the condition and design of the facility as it relates to safety for the people receiving services:  
R&M Welty Inc is a well-maintained two-level home with an attic accessible by stairs located in Rogers. The main-level consists of a living room, activity room, kitchen, staff office, bedroom, laundry room and bathroom. The lower-level and attic will accommodate storage.
2. How will the program reduce the potential of abuse and/or harm to people related to the condition and design of the facility in terms of safety for people receiving services?  
The person served needs will be met on the main level of the house. The resident has an eyesight disability. The staff will guide person served physically around objects inside the residence and outside the residence as needed or requested. R&M Welty, Inc. is prepared to alter the site to accommodate the person served as needed.
3. Describe any areas of the facility that are difficult to supervise:  
R&M Welty Inc will provide adequate numbers of well-trained Direct Support Professionals to maintain a safe environment for the person served to live. We have two staff on duty between the hours of 6am to 10pm and two awake staff from 10pm to 6am. A third staff will be available

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if needed. With a two to one staff/person served ratio we foresee no areas to be difficult to monitor.

4. How will the program reduce the potential of abuse and/or harm to people related to the areas of the facility that are difficult to supervise?

R&M Welty, Inc does not foresee any areas that are hard to supervise.

### **ENVIRONMENTAL ASSESSMENT:**

1. Describe the location of the facility including information about the neighborhood and community that the facility is located:

The home is located at 20720 Valley View Terrace, Rogers MN 55311 Unit 7 in a quiet residential/business neighborhood.

2. How will the program reduce the potential of abuse and/or harm to people related to the location of the facility, including factors about the neighborhood and community?

R&M Welty Inc staff will monitor person served so that they are dressed appropriately when they leave the house and ensure they are not left unsupervised when outside. Staff will inspect the grounds for potential hazards in addition to supervising the person served within an eyesight at all times.

3. Describe the type of grounds and terrain that surround the facility:

A city sized lot with an unattached garage. Person served will not have access to garage. The street is quiet with minimal traffic.

4. How will the program reduce the potential of abuse and/or harm to people related to the type of grounds and terrain that surround the facility?

Maintain adequate lighting inside and for the outside of the residence. Restrict access to uneven terrain and provide assistance and guidance when in the outside areas.

5. How will the program reduce the potential of abuse and or harm to people through the type internal programming provided at the program?

R&M Welty, Inc will ensure that all staff are educated on safety policy & procedures and abuse, neglect and financial exploitation prevention procedures. Including what to do when abuse is suspected.

6. Describe the type of internal programming provided at the program:

R&M Welty Inc. have a daily morning meeting/safety assessment and person served are granted a safety level that corresponds to their behaviors. We will require a two to one staff/person served ratio and three to one when needed.

7. Describe the program's staffing pattern:

R&M Welty Inc. will maintain safe minimum staffing patterns at all times and in accordance with our elevated safety risk for the resident and specifically to each activity. Rogers House will require a 2:1 staff/person served ratio for the person served & 3:1 as needed.

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8. How will the program reduce the potential of abuse and/or harm to people through the program's staffing pattern?

R&M Welty, Inc will provide adequate supervision to maintain a consistent, safe environment.

### **EACH PROGRAM MUST ENSURE THAT:**

- A. People receiving services are provided with an orientation to the Program Abuse Prevention Plan. This orientation must be provided within 24 hours of admission.
- B. The client's supportive team of professionals must review the Program Abuse Prevention Plan at least annually.
- C. A copy of the Program Abuse Prevention Plan must be posted in a prominent place in the facility and be available, upon request, to mandated reporters, people receiving services, and legal representatives.
- D. The plan must include a statement of measures to be taken to minimize the risk of abuse to the vulnerable adult(s) or when the need for additional measures is identified. This includes identifying referrals that are made when the vulnerable adult is susceptible to abuse outside the scope or control of the unlicensed services.
- E. If the assessment indicates that the vulnerable adult does not need specific risk reduction measures in addition to those identified in the Program Abuse Prevention Plan, the Individual Abuse Prevention Plan must document this determination.
- F. In addition to the Program Abuse Prevention Plan, an Individual Abuse Prevention Plan must be developed for the client receiving services. A review of the Individual Abuse Prevention Plan must be done as part of the review of the program's plans & addendums. The person receiving services must participate in the development of the Individual Abuse Prevention Plan to the best of their abilities. R&M Welty Inc 's client specific abuse prevention plans must be reviewed at least annually by the interdisciplinary team

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**(Print name and title of Governing Body or Governing Body's Delegated Representative?)**

\_\_\_\_\_  
Signature Date

Review: Name \_\_\_\_\_ Signature \_\_\_\_\_  
Date \_\_\_\_\_

The review occurred at least on an annual basis.

The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results.

Review: Name \_\_\_\_\_ Signature \_\_\_\_\_  
Date \_\_\_\_\_

The review occurred at least on an annual basis.

The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results.

Review: Name \_\_\_\_\_ Signature \_\_\_\_\_  
Date \_\_\_\_\_

The review occurred at least on an annual basis.

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Legal Authority: Minn. Stat. § 245A.65, subd. 2

Print name and title

Signature

Date