

## Program Abuse Prevention Plan

Program:	R&M Welty Inc. (Wright House)
Program Address:	15486 92 <sup>nd</sup> St NE Otsego, MN 55330
	763-276-1112
Date plan developed:	02/27/2023

### EACH PROGRAM MUST ENSURE THAT:

- A. People receiving services are provided with an orientation to the program abuse prevention plan. This orientation must be within 24 hours of admission or within 72 hours for individuals who would benefit from a later orientation.
- B. The license holder’s governing body or the governing body’s delegated representative shall review the plan at least annually using the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review period. The governing body or the governing body’s delegated representative shall revise the plan, if necessary, to reflect the review results.
- C. A copy of the program abuse prevention plan must be posted in a prominent place in the facility and be available, upon request, to mandated reporters, people receiving services, and legal representatives.
- D. If the assessment indicates that the vulnerable adult does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, the individual abuse prevention plan must document this determination.
- E. In addition to the program abuse prevention plan, an individual abuse prevention plan must be developed for each new person receiving services. A review of the individual abuse prevention plan must be done as part of the review of the program plan. The persons receiving services must participate in the development of the individual abuse prevention plan to the best of their abilities. All abuse prevention plans must be reviewed at least annually by the interdisciplinary team.

### POPULATION ASSESSMENT:

- 1. Age range of persons the program plans to serve: 18-65
- 2. What specific measures has the program taken to minimize the risk of abuse to people as related to the age of people receiving services?  
R&M Welty Inc. provides 2:1 staffing ratio and 24-hour awake care for person served. Person served care plans will be followed to limit the possibility of emotional and/or physical abuse. R&M Welty, Inc will provide clear, consistent guidelines and expectations.
- 3. Gender of persons the program plans to serve: Male or Female.
- 4. What specific measures has the program taken to minimize the risk of abuse to people as related to the gender of people receiving services?  
R&M Welty Inc. will attempt to have the same gender staff available daily and will provide individual bedroom for person served privacy. The staffing ratio will be at a minimum of 2:1 and 3:1, if needed. Person served care plans will be followed to limit the possibility of emotional or physical abuse. The person served will be encouraged to voice any concerns. Their concerns will be followed with proper procedures of reporting.

5. Describe the range of mental functioning of persons the program plans to serve:  
R&M Welty Inc. functioning ranges from autism spectrum disorder with moderate intellectual disability, Major depressive, borderline personality disorder, and PTSD. Person served will be encouraged to complete activities of daily living on a daily basis. Person served will always be accompanied with 2:1 staff. If need for further explanations of anything that arises, staff will explain the information in a way the person served will understand.
  
6. What specific measure has the program taken to minimize the risk of abuse to people as related to the mental functioning of people receiving services?  
R&M Welty Inc. offers an excellent team of mental health specialist who will assess and assist in developing individual programs for each person served that corresponds to their limitations. If a person served needs assistance with activities of daily living, staff would direct the person served per the direction of their specific care plans. Person served will be encouraged to voice any concerns or complaints directly to staff. All complaints will be properly documented.
  
7. Describe the range of physical and emotional health of persons the program plans to serve:  
R&M Welty Inc. serves person(s) who range with diagnoses of autism spectrum disorder with moderate intellectual disability, Major depressive disorder, borderline personality disorder, and PTSD. Person served has maladaptive behaviors which may include physical and verbal aggression, self-injurious behavior or suicidal ideations, destruction of property and elopement. Person served will be monitored by the physicians, specialist, county case manager, community support services, as well as the company nurse and staff.
  
8. What specific measure has the program take to minimize the risk of abuse to people as related to the physical and emotional health of people receiving services served?  
R&M Welty Inc will provide adequate numbers of well-trained personal care attendants to maintain a safe environment for person served to reside. At all times of the day there is a 2:1 staffing ratio, 3:1 staffing ratio will be available, if needed. All medical/psychiatric conditions will be closely monitored by staff and the company nurse to keep symptoms in a manageable state.
  
9. Describe the range of adaptive/maladaptive behavior(s) of persons the program plans to serve:  
R&M Welty Inc. serves person(s) who have behaviors which may include physical and verbal aggression, self-injurious behaviors, or suicidal ideations, destruction of property, and elopement. All concerns with person served adaptive/maladaptive behaviors will be addressed in their individual care plans. Staff will be fully educated and trained to person served specific needs. All behaviors will be followed up by the direction of the person served doctor (medical & psychiatric) and/or designated specialist.
  
10. What specific measures has the program taken to minimize the risk of abuse to people as related to the adaptive/maladaptive behavior(s) of the people receiving services served?  
R&M Welty Inc will have adequate staff to ensure person served safety and provide redirection, as needed. R&M Welty, Inc. will have a tightly controlled physical environment and well-educated staff that restrict potential weapons [from getting into the hands of person served] and contraband from entering the home. We request our residents to empty their pockets or bags when they return from outings and/or L.O.A.'S to ensure that these items will not be brought into the home.

11. Describe the need for specialized programs of care for persons the program plans to serve:  
R&M Welty Inc. will provide opportunities for person served to safely be out in the community. We will encourage person served to have safe and appropriate boundaries while out in the community. Staff will be informed and educated on person served behavior program, DBT, and maladaptive behaviors and redirect, when needed.
12. What specific measures has the program taken to minimize the risk of abuse to people as related to the need for specialized programs of care for people receiving services?  
R&M Welty Inc will provide abuse, neglect, financial exploitation prevention, VA and mandated reporter training for all staff before they are qualified to work with our person(s) served. Our staff are also required to read, learn and understand all person served support plans and programing.
13. Describe the need for specific staff training to meet individual service needs:  
R&M Welty Inc provides our staff with basic First Aid, de-escalation training, Mental Health Training and require that they become knowledgeable and proficient in understanding and implementing the person served individual plans and programs.
14. What specific measures has the program taken to minimize the risk of abuse to people as related to the need for specific staff training designed to meet individual service needs?  
R&M Welty Inc provides our staff with basic First Aid, de-escalation training, Mental Health Training and require that they become knowledgeable and proficient in understanding and implementing the person served individual plans and programs.
15. Describe any knowledge of previous abuse that is relevant to minimizing the risk of abuse to people receiving services:  
The person served has a history of self-injurious behavior, elopement, property destruction, verbal and physical aggressions and suspected physical abuse. R&M Welty Inc. staff will be educated on person served history and IAPP to minimize risk of abuse.
16. What specific measures has the program taken to minimize the risk of abuse to people as related to the knowledge of previous abuse?  
R&M Welty Inc. will take prudent prevention measures to see that person's served are not left unattended for periods of time sufficient for abuse to occur. All unsupervised time is approved by the entire team based on what is the best for each individual.

**PHYSICAL PLANT ASSESSMENT:**

1. Describe the condition and design of the facility as it relates to safety for the people receiving services:  
R&M Welty Inc. is a well-maintained two-story home located in Otsego. The upper level has living room, kitchen, bedroom, bathroom, and employee office. The downstairs will accommodate laundry room, bathroom and storage.
2. What specific measures has the program taken to minimize the risk of abuse to people as related to the condition and design of the facility in terms of safety for people receiving services?  
R&M Welty Inc. person served needs will be met on main level of the house to prevent falls on stairs that lead to the basement. If needed to go downstairs, staffs assistance will be utilized.

2. Describe any areas of the facility that are difficult to supervise:  
With a staffing ratio of 2:1 at all times. We for see no areas to be difficult to monitor.
3. What specific measures has the program taken to minimize the risk of abuse to people as related to the areas of the facility that are difficult to supervise?  
Wright house will be staffed 2:1, 24 hours a day to minimize any such risk of supervision.

**ENVIRONMENTAL ASSESSMENT:**

1. Describe the location of the facility including information about the neighborhood and community in which the facility is located:  
Wright house is a two-story home located at 15486 92<sup>nd</sup> St NE Otsego, MN 55330 in a quiet residential neighborhood.
2. What specific measures has the program taken to minimize the risk of abuse to people as related to the location of the facility, including factors about the neighborhood and community?  
R&M Welty Inc. staff will monitor our person served so that they are dressed appropriately when they leave the house and see that they are not left unsupervised if they go outside. Staff will inspect the grounds for potential hazards to ensure person served is safe.
3. Describe the type of grounds and terrain that surround the facility:  
The grounds are flat with adequate lighting and a detached garage. The street is quiet and has little to minimum traffic.
4. What specific measures has the program taken to minimize the risk of abuse to people as related to the type of grounds and terrain that surround the facility?  
R&M Welty, Inc will maintain adequate lighting, supervise access to unsuspected uneven terrain and aid and guidance when in the outside areas.
4. Describe the type of internal programming provided at the program:  
R&M Welty, Inc will ensure that all staff are educated on our safety policy, and the abuse prevention procedures. This includes what to do when abuse is suspected.
6. What specific measures has the program taken to minimize the risk of abuse to people through the type of internal programming provided at the program?  
R&M Welty Inc. have a daily assessment of person served safety level that corresponds to their behavior. We will be two to one staffing ratio and three to one, when needed.
7. Describe the program's staffing pattern:  
R&M Welty Inc. will always maintain safe minimum staffing patterns in accordance with our safety risk for person served and specifically to each activity. R&M Welty, Inc will have 2:1 staffing ratio 24 hours a day for person served and 3:1 when needed.
8. What specific measures has the program taken to minimize the risk of abuse to people through the program's staffing pattern?  
R&M Welty Inc will provide adequate supervision to maintain a consistent, safe environment as well as face to face verbal and written shift reports. In addition, management is always available by phone, text or email in the event of an emergency.

Cassandra Bursch, Program Director \_\_\_\_\_

Print name and title of

Signature

\_\_\_\_\_ Date

Governing Body or

Governing Body's Delegated Representative

Review: Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

The review occurred at least on an annual basis.

The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results.

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Legal Authority: Minn. Stat. § 245A.65, subd. 2