

Reading Hospital School of Health Sciences Nursing Program  
NRS 101 Professional Nursing Communication  
Evidence Based Practice- Class Participation

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Answer the following questions

1. What is evidence-based practice?

Evidence based practice is the process of collecting, processing, and implementing research findings to improve clinical practice. The use of evidence-based practice in the nursing profession allows us to collect data on patients, process that info/data, and implement new ways to improve the quality of care for our patients/clients. We use evidence-based practices in areas such as infection control, reviewing problems such as HAI or UTIS from catheters, and so much more.

2. What is a PICO question?

It is a clinical question in the form of a mnemonic device. It can be used to help identify the parts of the clinical research question you are trying to ask. Each letter stands for a different part of information within the question itself.

3. What are the components of PICO?

The components of PICO are:

P= the Problem/patient/Population

I= Intervention

C= Comparison

O= Outcome