

Medications

- antispasmodics
- corticosteroids
- Sulfasalazine
- Natalizumab
- loperamide
- vitamin supp.
- antibiotics

Assessments

- hx of symptoms
- GI assessment
- hyperactive bowel sounds
- abd. tenderness
- diarrhea/vomiting
- constipation
- low grade fever

Labs/DX testing

- fecal occult blood test (+)
- WBC ↓
- ESR + C-reactive protein ↑
- CT
- thickening of bowel wall
- endoscopy / colonoscopy
- patchy areas of inflammation

pt: 31Y10 Female
 Crohn's disease
 HPI: 2 years of symptoms

PT age, sex, medical DX, HPI

Risk Factors

- hx of allergies
- immune disorders
- genetic predisposition
- hx of smoking
- NSAID use

Treatments

- Stress reduction
- avoid foods that worsen symptoms
- colectomy ± ileostomy
- medication regimen

Complications

- fistulas
- colon perforation
- toxic megacolon
- gallstones
- osteoporosis
- malabsorption → can lead to vitamin deficiencies
- abscess
- hemorrhage