

# Individual Performance Profile

## RN Nutrition Online Practice 2019 A



|                  |                                      |                            |                    |
|------------------|--------------------------------------|----------------------------|--------------------|
| Individual Name: | <b>MARIANNE MARRERO</b>              | Individual Score:          | <b>50.0%</b>       |
| Student Number:  | <b>7246488</b>                       | Practice Time:             | <b>1 hr 24 min</b> |
| Institution:     | <b>Reading Hospital SOHS Reading</b> | Focused Review Quiz Result |                    |
| Program Type:    | <b>Diploma</b>                       |                            |                    |
| Test Date:       | <b>9/7/2020</b>                      |                            |                    |
| # of Questions:  | <b>60</b>                            |                            |                    |

| Individual Performance in the Major Content Areas |         |                  |                              |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  |   |
|---|---------|------------------|------------------------------|----|----|----|----|----|----|----|----|----|-----|--|--|--|--|--|--|---|
| Sub-Scale   | # Items | Individual Score | Individual Score (% Correct) |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  |   |
|   |         |                  | 1                            | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | 100 |  |  |  |  |  |  |   |
| Safety and Infection Control                      | 1       | 0.0%             | ▲                            |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  |   |
| Health Promotion and Maintenance                  | 15      | 53.3%            |                              |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  | ▲ |
| Basic Care and Comfort                            | 23      | 52.2%            |                              |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  | ▲ |
| Pharmacological and Parenteral Therapies          | 2       | 50.0%            |                              |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  | ▲ |
| Reduction of Risk Potential                       | 11      | 63.6%            |                              |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  | ▲ |
| Physiological Adaptation                          | 8       | 25.0%            |                              |    |    |    |    |    |    |    |    |    |     |  |  |  |  |  |  | ▲ |

### Topics To Review

Go to your **Improve** tab to access your Focused Review Experience

- Safety and Infection Control (1 item)**
  - Accident/Error/Injury Prevention (1 item)
    - Total Parenteral Nutrition: Findings to Report Prior to Administration ActiveLearningTemplate: Therapeutic Procedure
- Health Promotion and Maintenance (7 items)**
  - Aging Process (1 item)
    - Nutrition Across the Lifespan: Teaching About Nutrition for a Preschooler ActiveLearningTemplate: Growth and Development
  - Ante/Intra/Postpartum and Newborn Care (1 item)
    - Nutrition Across the Lifespan: Teaching About Pregnancy Weight Goals ActiveLearningTemplate: Basic Concept
  - Health Promotion/Disease Prevention (5 items)
    - Gastrointestinal Disorders: Dietary Teaching Following Gastric Bypass ActiveLearningTemplate: Basic Concept
    - Gastrointestinal Disorders: Teaching Interventions for Dumping Syndrome ActiveLearningTemplate: Basic Concept
    - Nutrition Across the Lifespan: Teaching About Reducing Fat Intake ActiveLearningTemplate: Basic Concept
    - Nutrition Assessment/Data Collection: Priority Action When Caring for a Client Who Wants to Lose Weight ActiveLearningTemplate: Basic Concept
    - Nutrition Assessment/Data Collection: Weight Management for Cardiovascular Health ActiveLearningTemplate: System Disorder
- Basic Care and Comfort (11 items)**
  - Elimination (2 items)
    - Gastrointestinal Disorders: Recommendations to Prevent Dumping Syndrome ActiveLearningTemplate: System Disorder

## Topics To Review Go to your Improve tab to access your Focused Review Experience

Gastrointestinal Disorders: Teaching About Increasing Fiber Intake ActiveLearningTemplate: System Disorder

### Nutrition and Oral Hydration (9 items)

Cancer and Immunosuppression Disorders: Identifying the Need for Increased Nutrition ActiveLearningTemplate: System Disorder

Diabetes Mellitus: Identifying Foods With the Highest Glycemic Index ActiveLearningTemplate: System Disorder

Enteral Nutrition: Nursing Actions for a Client Who Has Diarrhea ActiveLearningTemplate: Nursing Skill

Enteral Nutrition: Caring for a Client Who Has Dehydration ActiveLearningTemplate: Nursing Skill

Enteral Nutrition: Preventing Aspiration ActiveLearningTemplate: Nursing Skill

Enteral Nutrition: Selecting a Supplement for a Client Who Has Inflammatory Bowel Disease ActiveLearningTemplate: System Disorder

Food Safety: Food Interaction for a Client Who Takes a Monoamine Oxidase Inhibitor ActiveLearningTemplate: Medication

Gastrointestinal Disorders: Identifying Manifestations of Dysphagia ActiveLearningTemplate: System Disorder

Renal Disorders: Identifying Food High in Calcium ActiveLearningTemplate: Basic Concept

### Pharmacological and Parenteral Therapies (1 item)

#### Total Parenteral Nutrition (TPN) (1 item)

Total Parenteral Nutrition: Delayed Availability of Solution ActiveLearningTemplate: Therapeutic Procedure

### Reduction of Risk Potential (4 items)

#### Potential for Alterations in Body Systems (3 items)

Gastrointestinal Structural and Inflammatory Disorders: Bottle Feeding an Infant Who Has a Cleft Lip ActiveLearningTemplate: Basic Concept

Parkinson's Disease: Priority Finding During Mealtime ActiveLearningTemplate: System Disorder

Pressure Ulcers, Wounds, and Wound Management: Assessing Nutritional Risk ActiveLearningTemplate: Basic Concept

#### Laboratory Values (1 item)

Cardiovascular and Hematologic Disorders: Monitoring Dietary Outcomes ActiveLearningTemplate: System Disorder

### Physiological Adaptation (6 items)

#### Alterations in Body Systems (2 items)

Cancer and Immunosuppression Disorders: Monitoring for Complications of Head and Neck Radiation ActiveLearningTemplate: Therapeutic Procedure

Cancer Treatment Options: Interventions for the Client Who Has Mucositis ActiveLearningTemplate: Therapeutic Procedure

#### Illness Management (4 items)

Cardiovascular and Hematologic Disorders: Evaluating Client Teaching About Dietary Management of Hypertension ActiveLearningTemplate: System Disorder

Cardiovascular and Hematologic Disorders: Teaching About a Low-Sodium Diet ActiveLearningTemplate: Basic Concept

Diabetes Mellitus: Counting Carbohydrates ActiveLearningTemplate: System Disorder

Gastrointestinal Disorders: Planning Interventions for Dumping Syndrome ActiveLearningTemplate: System Disorder

## Outcomes

| <b>Nursing Process</b>                             | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>  |
|--|--------------------|-------------------------|---|
| RN Assessment                                      | 10                 | 60.0%                   | The assessment step of the nursing process involves application of nursing knowledge to the collection, organization, validation and documentation of data about a client's health status. The nurse focuses on the client's response to a specific health problem including the client's health beliefs and practices. The nurse thinks critically to perform a comprehensive assessment of subjective and objective information. Nurses must have excellent communication and assessment skills in order to plan client care. |
| RN Analysis/Diagnosis                              | 8                  | 50.0%                   | The analysis step of the nursing process involves the nurse's ability to analyze assessment data to identify health problems/risks and a client's needs for health intervention. The nurse identifies patterns or trends, compares the data with expected standards or reference ranges and draws conclusions to direct nursing care. The nurse then frames nursing diagnoses in order to direct client care.   |
| RN Planning  | 8                  | 25.0%                   | The planning step of the nursing process involves the nurse's ability to make decisions and problem solve. The nurse uses a client's assessment data and nursing diagnoses to develop measurable client goals/outcomes and identify nursing interventions. The nurse uses evidenced based practice to set client goals, establish priorities of care, and identify nursing interventions to assist the client to achieve his goals.   |
| RN Implementation/Therapeutic Nursing Intervention | 25                 | 48.0%                   | The implementation step of the nursing process involves the nurse's ability to apply nursing knowledge to implement interventions to assist a client to promote, maintain, or restore his health. The nurse uses problem-solving skills, clinical judgment, and critical thinking when using interpersonal and technical skills to provide client care. During this step the nurse will also delegate and supervise care and document the care and the client's response.   |
| RN Evaluation                                      | 9                  | 66.7%                   | The evaluation step of the nursing process involves the nurse's ability to evaluate a client's response to nursing interventions and to reach a nursing judgment regarding the extent to which the client has met the goals and outcomes. During this step the nurse will also assess client/staff understanding of instruction, the effectiveness of interventions, and identify the need for further intervention or the need to alter the plan.  |

| <b>Priority Setting</b> | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>   |
|-------------------------|--------------------|-------------------------|--|
|                         | 6                  | 33.3%                   | Ability to demonstrate nursing judgment in making decisions about priority responses to a client problem. Also includes establishing priorities regarding the sequence of care to be provided to multiple clients. |

| <b>Thinking Skills</b>                         | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>   |
|--|--------------------|-------------------------|--|
| Foundational Thinking in Nursing               | 9                  | 88.9%                   | Ability to recall and comprehend information and concepts foundational to quality nursing practice.  |
| Clinical Judgment/Critical Thinking in Nursing | 51                 | 43.1%                   | Ability to use critical thinking skills (interpretation, analysis, evaluation, inference, and explanation) to make a clinical judgment regarding a posed clinical problem. Includes cognitive abilities of application and analysis. |

| <b>NCLEX®</b>                               | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>  |
|---|--------------------|-------------------------|---|
| RN Safety and Infection Control             | 1                  | 0.0%                    | The nurse uses preventive safety measures to promote the health and well-being of clients, significant others, and members of the health care team. |
| RN Health Promotion and Maintenance         | 15                 | 53.3%                   | The nurse directs nursing care to promote prevention and detection of illness and support optimal health.   |
| RN Basic Care and Comfort                   | 22                 | 54.5%                   | The nurse provides nursing care to promote comfort and assist client to perform activities of daily living.   |
| RN Pharmacological and Parenteral Therapies | 2                  | 50.0%                   | The nurse administers, monitors and evaluates pharmacological and parenteral therapy.   |
| RN Reduction of Risk Potential              | 12                 | 58.3%                   | The nurse directs nursing care to decrease clients' risk of developing complications from existing health disorders, treatments or procedures.      |
| RN Physiological Adaptation                 | 8                  | 25.0%                   | The nurse manages and provides nursing care for clients with an acute, chronic or life threatening illness.   |

| <b>QSEN</b>             | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>  |
|-------------------------|--------------------|-------------------------|---|
| Safety                  | 10                 | 20.0%                   | The minimization of risk factors that could cause injury or harm while promoting quality care and maintaining a secure environment for clients, self, and others.                                     |
| Patient-Centered Care   | 20                 | 50.0%                   | The provision of caring and compassionate, culturally sensitive care that is based on a patient's physiological, psychological, sociological, spiritual, and cultural needs, preferences, and values. |
| Evidence Based Practice | 30                 | 60.0%                   | The use of current knowledge from research and other credible sources to make clinical judgments and provide client-centered care.  |

| <b>NLN Competency</b> | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>   |
|-----------------------|--------------------|-------------------------|--|
| Human Flourishing     | 13                 | 69.2%                   | Human flourishing is reflected in patient care that demonstrates respect for diversity, approaches patients in a holistic and patient-centered manner, and uses advocacy to enhance their health and well-being. |
| Nursing Judgment      | 35                 | 42.9%                   | Nursing judgment involves the use of critical thinking and decision making skills when making clinical judgments that promote safe, quality patient care.  |
| Spirit of Inquiry     | 12                 | 50.0%                   | A spirit of inquiry is exhibited by nurses who provide evidence based clinical nursing practice and use evidence to promote change and excellence.   |

| <b>BSN Essentials</b>   | <b>No of Items</b> | <b>Individual Score</b> | <b>Description</b>   |
|---|--------------------|-------------------------|--|
| Liberal Education for Baccalaureate Generalist Nursing Practice               | 13                 | 53.8%                   | The need for an education that exposes nurses to multiple fields of study providing the foundation for a global perspective of society as well as high level thinking and acquisition of skills that can be applied to complex patient and system-based problems.                  |
| Basic Organization and Systems Leadership for Quality Care and Patient Safety | 5                  | 40.0%                   | The need for nurses to be able to understand power relationships and use decision-making and leadership skills to promote safe practice and quality improvement within health care systems.  |
| Scholarship for Evidence-Based Practice                                       | 27                 | 63.0%                   | The need for nurses to be able to understand the research process and base practice and clinical judgments upon fact-based evidence to enhance patient outcomes.   |
| Clinical Prevention and Population Health                                     | 11                 | 36.4%                   | The need for nurses to be able to identify health related risk factors and facilitate behaviors that support health promotion, and disease and injury prevention, while providing population-focused care that is based on principles of epidemiology and promotes social justice. |
| Baccalaureate Generalist Nursing Practice                                     | 4                  | 0.0%                    | The need for nurses to be able to practice as a generalist using clinical reasoning to provide care to patients across the lifespan and healthcare continuum and to individuals, families, groups, communities, and populations.   |

# Score Explanation and Interpretation

## Individual Performance Profile

### INDIVIDUAL SCORE

The individual score is the number of questions answered correctly divided by the number of questions on the assessment. It is on a scale of 0% to 100%.

### TOPICS TO REVIEW

Based on the questions missed on this assessment, a listing of content areas and topics to review is provided. A variety of learning resources may be used in the review process, including content, images, animations, and videos in ATI's Content Mastery Series® Review Modules, online practice assessments, and a focused review that is individualized to the questions missed.