

Reading Hospital School of Health Sciences  
Nursing Program  
NRS 200 Acute Care/Complex Issues  
Clinical Community Project Assignments  
Fall 2020

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Date: **09/10/2020**

Week 2 Assignment  
Due 9/17/2020 at 0800

This week you will identify an adult individual with an acute and/or chronic illness related to the concepts and exemplars in the NRS 200 Acute Care/Complex Nursing course. You will begin by completing a phone interview with the individual. Be sure to explain the purpose of the project and obtain permission from the individual to use their information to complete the project. Assure the individual that this information will be used for educational purposes only and will only be shared with members of the clinical group and instructor. The purpose of the phone call is to gain a quick understanding of the individual's three priority health concerns. This information will give you a better understanding of the needs of the individual. During this phone call it would be beneficial to set up times for the next individual (Week 5) and family (Week 8) interviews. Complete the following questions in this document and submit to your clinical instructor's Dropbox on Edvance360.

1. Describe your relationship with the individual who will be assessed and interviewed during the project. Why have you chosen this individual?

**The individual I chose to do my community project on is my dad Tim. Tim was diagnosed with hypertension in 2016 and has since then taken an Ace inhibitor to control it. I have chosen this person because his hypertension may lead to other things like fluid and electrolyte imbalances and other things since he is on an ace inhibitor.**

2. Compile a list of the individuals' acute and/or chronic illnesses/diseases and identify the patient's self-identified three priority health concerns. (For example, Pain related to osteoarthritis). Inquire about previous hospitalizations and surgical procedures. Discuss the patient's three priority health concerns from your perspective as the nurse. Do the patient's priorities and your three priorities align? If not, discuss why you think your client's priorities are different from yours as the nurse. Discuss how the client's priorities relate to NRS 200 concepts and exemplars.

**My clients acute and chronic illnesses include hypertension, hypervolemia, and edema. The 3 priority health concerns would include stroke, swollen legs, and weight. When taking his concerns into consideration, I agree that he should be concerned about**

**this. His hypertension if not treated correctly could lead to a stroke. The edema in his lower legs may be from his Ace inhibitor or maybe how the medication has affected his kidney function. His weight is a concern of mine because he should be doing secondary measurements for his hypertension including exercise and a change in nutrition. My clients priorities relate to the NRS concepts because of his hypertension. The concepts I can use based off of my client include fluid and electrolytes, metabolism, perfusion, and inflammation.**