

Reading Hospital School of Health Sciences
Nursing Program
NRS 200 Acute Care/Complex Issues
Clinical Community Project Assignments
Fall 2019

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Week 3 Assignment

Due 9/24/2020 at 0800

During week three, you will research the three priority health concerns identified by your individual. Complete the following questions in this document and submit to your clinical instructor's Dropbox on Edvance360. Please handwrite the concept map and submit a picture or scanned copy into your clinical instructor's Dropbox on Edvance360.

1. Identify the client's three priority health concerns that you noticed during your initial phone interview.

Hypoglycemia, Illness, Stroke

2. Research the medical diagnoses related to each priority health concern in the Medical-Surgical or Pathophysiology textbooks to gain a better understanding of the disease process and how it can affect the client (signs and symptoms, client education needs, treatments, etc.).
3. Choose the top priority health concern and utilize the concept map below to summarize the client's priority medical diagnosis. Complete the concept map with all the topics you would expect to find for a client with this diagnosis, this would include common medications, labs, and diagnostic tests, and assessment findings.

Concept map on different page

4. Obtain one scholarly, nursing article for the medical diagnosis related to each priority health concern (3 articles total). Summarize the findings, complete an APA reference list, and submit findings and reference list.

Article 1:

https://journals.lww.com/ajnonline/Fulltext/2019/12000/CE_Original_Research_Experiences_of_Diabetes.22.aspx

Abdoli, S., Hessler, D., Vora, A., Smither, B., & Stuckey, H. (2019). Ce. *AJN, American Journal of Nursing*, 119(12), 22-31. doi:10.1097/01.naj.0000615776.64043.be

The article explains how clients type 1 diabetes are at an increased risk for diabetes burnout. This results in a less than the highest quality of diabetes care and quality of life. Main themes were identified; mental, emotional and physical exhaustion from having diabetes. Although this does not directly relate to the health priorities my client has I feel as if this article ties in well with the multiple of her concerns. I also feel as if the thought of diabetic burnout does not cross many people minds. Nor does burnout cross many peoples minds with any illness acute or chronic. This article also ties well into her life; she works long hours as a paramedic, went through critical care school along with LPN school as well as is a mother to two boys. I feel as if this directly relates to my client in multiple ways and that having diabetic burnout can result in her having a hypoglycemic episode or even an illness which is two of my clients top health priorities.

Article 2:

<https://www.ahajournals.org/doi/10.1161/STROKEAHA.114.006320>

Miller, E. T. (2015). Nursing Best Practices to Prevent Stroke in Women. *Stroke*, 46(4). doi:10.1161/strokeaha.114.006320

The article explains how stroke is marked as the third leading cause of death in women. This article focuses on the urgent need to concentrate on stroke prevention for women including identifying those at risk and taking immediate action. Risks include obesity, atrial fibrillation, oral contraception, hormone replacement, migraines and hypertension just the name a few. This article explains how nurses play a role in women's lives such as working at schools, clinics, hospitals and throughout the community therefore having multiple opportunities to educating women in hopes of reducing th likelihood of them experiencing a stroke.

Article 3:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5483423/>

Tun, N. N., Arunagirinathan, G., Munshi, S. K., & Pappachan, J. M. (2017). Diabetes mellitus and stroke: A clinical update. *World Journal of Diabetes*, 8(6), 235. doi:10.4239/wjd.v8.i6.235

This article discusses the link between diabetes and stroke and the risk factor of having diabetes which can cause a stroke. These are two health priorities my patient is concerned about and also they happen to both be her medical history. The article describes the important role the clients care team plays in educating their clients on the risk factors, pathophysiology and management for clients with diabetes and a stroke.