

Program Abuse Prevention Plan

Program:	1. West View
Address:	103 5th Street PO 96 Unit B
	Pine River MN 56474
Date plan developed:	New 10/16/18 for AOS Updated 10/1/2022

EACH PROGRAM MUST ENSURE THAT:

- A. People receiving services are provided with an orientation to the program abuse prevention plan. This orientation must be within 24 hours of admission or within 72 hours for individuals who would benefit from a later orientation.
- B. The license holder’s governing body or the governing body’s delegated representative shall review the plan at least annually using the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review period. The governing body or the governing body’s delegated representative shall revise the plan, if necessary, to reflect the review results.
- C. A copy of the program abuse prevention plan must be posted in a prominent place in the facility and be available, upon request, to mandated reporters, people receiving services, and legal representatives.
- D. If the assessment indicates that the vulnerable adult does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, the individual abuse prevention plan must document this determination.
- E. In addition to the program abuse prevention plan, an individual abuse prevention plan must be developed for each new person receiving services. A review of the individual abuse prevention plan must be done as part of the review of the program plan. The persons receiving services must participate in the development of the individual abuse prevention plan to the best of their abilities. All abuse prevention plans must be reviewed at least annually by the interdisciplinary team.

POPULATION ASSESSMENT:

- 1. **Age range of persons the program plans to serve:**
Persons served at PRGH Inc. range from ages 18 and older.
- 2. **What specific measures has the program taken to minimize the risk of abuse to people as related to the age of people receiving services?**
PRGH Inc. provides each individual their own bedroom. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

The home provides the individual with an apartment living style which provides limited interaction with peers. Staff are available in person and by shared intermittently Alternate Overnight Supervision to

ensure the person served has independence balanced with the supports needed to manage this level of independence.

3. Gender of persons the program plans to serve:

PRGH Inc. PRGH Inc. serves person of male or female gender.

This home serves one male.

4. What specific measures has the program taken to minimize the risk of abuse to people as related to the gender of people receiving services?

PRGH Inc. provides each individual their own bedroom. Bathrooms all have lockable doors for privacy. Staff knock before entering or opening closed doors. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

In this apartment, one person resides. This apartment has locks on both entrances for privacy. People are to knock and seek permission from the person whose home it is before entering. There is a bathroom with a lockable door. Privacy is also assured when talking about concerns with a person in a private area. A bedroom or bathroom is used for self-stimulating sexual activities.

5. Describe the range of mental functioning of persons the program plans to serve:

PRGH Inc. supports individuals with a diverse range of mental functioning levels including low mental functioning with severe developmental disabilities to high levels of mental functioning with mild DD.

The person served has a high level of functioning with a diagnosis of autism and ADHD. This person prefers to not have interactions with others in any mode.

6. What specific measure has the program take to minimize the risk of abuse to people as related to the mental functioning of people receiving services?

PRGH Inc. staff are present at all times when the persons served are present unless stated in their Support Plan Addendum. Staff are trained in the self-management assessment of each individual and know their strengths and limitation due to mental functioning. There is asleep or awake overnight staff on site or AOS in place to respond as needed during the night. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

In the apartment, staff will provide safety in the areas of home care and maintenance. Staff will assist with training in the areas of daily living skills including meals, hygiene, laundry, social activities and healthy living in conjunction with the person's cooperation and skills. Alternate Overnight Supervision is used in this unit during normal sleeping hours. This means that one wake staff is providing supervision to the unit upstairs and providing AOS to this basement unit in the same building. This unit is connected by an internal stairway. They also provide intermittent Alternate Overnight Supervision to one other connected apartment that is needed to be accessed by walking out of the home.

7. **Describe the range of physical and emotional health of persons the program plans to serve:**
PRGH Inc. serves persons with a wide range of physical and mental health needs and diagnosis. Some homes are handicap accessible.

The diagnoses for the person being served in this apartment are adjustment disorder, with depressed mood; autism disorder, residual state; Obesity class 1 and ADHD.

8. **What specific measure has the program take to minimize the risk of abuse to people as related to the physical and emotional health of people receiving services served?**

PRGH Inc. staff are trained on the physical and emotional health of all persons upon hire. Staff are trained on the self-management assessments and IAPP of each individual. One or two staff is on duty during waking hours and one sleep or awake staff during the night (except at the site where AOS is used) to assist with the care needed related to physical and emotional health of the persons receiving services. Additional staff is available on-call as needed to assist with behavioral or behavioral or emotional health issues. Staff are trained in medication administration, first aid and CPR. Staff are trained on the self-management assessments, positive supports, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies. PRGH has an RN assigned to these persons who has knowledge of their physical and emotional health status and needs, and another RN is available as for consultation on the physical and emotional health of all persons receiving services.

The person being served receives monthly to quarterly reviews with the psychiatrist unless refused. Regular physical health monitoring and health needs met as per the Support Plan Addendum, including an annual physical. He goes to the doctor for more urgent needs or illness as needed. Staff are trained to administer medications. Awake staff are present at all times per Support Plan Addendum to address physical or emotional concerns excluding home alone time). An RN is available for consultation for medical concerns. The person has developed a plan in the past when self-harm was a concern.

9. **Describe the range of adaptive/maladaptive behavior(s) of persons the program plans to serve:**
PRGH Inc. serves persons with a wide range of adaptive/maladaptive behaviors. All persons served participate in activities of daily living and instrumental activities of daily living according to their adaptive behavior skills which includes conceptual, social, and practical skills that all people learn in order to function in their daily lives. Staff are trained in positive supports and positive behavior supports. Staff is available to assist with maladaptive behaviors.

The range of adaptive behaviors include an ability to think through logically a solution for a situation. The person needs to time to process and consider the options. The person has adaptive skills to remove himself from a situation that is concerning or frustrating to him. The range of maladaptive behaviors include verbal aggression or attempted aggression toward people or things.

10. **What specific measures has the program taken to minimize the risk of abuse to people as related to the adaptive/maladaptive behavior(s) of the people receiving services served?**
PRGH Inc. staff are trained on the adaptive/maladaptive behaviors upon hire. Staff are trained on the self-management assessments and IAPP of each individual. One or two staff are on duty during waking hours and one awake or asleep staff during the night (except at the locations where AOS is used) to assist with the care needed related to adaptive/maladaptive behaviors of the persons receiving services. Additional staff is available on-call as needed to assist with behavioral issues. Staff are trained in

medication administration, first aid, and CPR and positive supports and positive behavior supports. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

Staff are trained in positive behavior supports. Staff encourage persons being served to continue demonstrating positive behaviors. Alternate overnight supervision will provide support to the person being served if a concern occurs when staff are not scheduled with him during normal sleeping hours. The proximity of this will provide safety since staff are in the home above West View. They also provide intermittent Alternate Overnight Supervision to one other connected apartment that is needed to be accessed by walking out of the home.

- 11. Describe the need for specialized programs of care for persons the program plans to serve:**
PRGH Inc. serves persons with a variety of specialized care programs including but not limited to the following: specialized diets for sodium or calorie restrictions; diabetic diets and diabetic care; specialized skin care regimens; tube feeding; catheterization; mechanical lifts; accessible homes; PT/OT/Range of motion programs; seizure management; complex medical needs; cardiac conditions; visual or hearing deficits; and behavior support plans. Specialized care needs will be stated in the Support Plan Addendum.

This person has a specialized program for care for his mental health needs. He sees the psychiatrist as directed for medication management.

- 12. What specific measures has the program taken to minimize the risk of abuse to people as related to the need for specialized programs of care for people receiving services?**
PRGH Inc. staff are trained on the physical and emotional health of both persons upon hire. Staff are trained on the self-management assessments and IAPP of each individual and the PAPP for the home. One or two staff are on duty during waking hours and one sleep or awake staff during the night (except at the locations where AOS is used) to assist with the care needed related to needs of the persons receiving services. Additional staff is available on-call as needed to assist with any issues. Staff are trained in positive supports, medication administration, first aid, CPR and first aid for choking. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

This person has a specialized program for care for their mental health needs. This person sees the psychiatrist as directed for medication management.

- 13. Describe the need for specific staff training to meet individual service needs:**
Other than the areas already mentioned, and the staff training required by MN Statutes, chapter 245D, there is not additional staff training needed.

- 14. What specific measures has the program taken to minimize the risk of abuse to people as related to the need for specific staff training designed to meet individual service needs?**

PRGH Inc. staff are trained on all the individual service needs of persons served during orientation. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. One or two staff are on duty during waking hours and one sleep or one awake staff during the night (except at the locations where AOS is used) to assist with the individual service needs of the persons receiving services. Additional staff is available on-call as needed to assist with any service need that arises. Staff are trained in positive supports, medication administration, first aid, CPR and first aid for choking. Staff are trained in all areas required by MN Statutes 245D. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

Other than the areas already mentioned and the staff training required by MN Statutes, chapter 245D, there is not additional staff training needed to minimize the risk of abuse.

15. Describe any knowledge of previous abuse that is relevant to minimizing the risk of abuse to people receiving services:

In PRGH Inc., if persons being served who have a history of previous abuse and if we would know of it, staff are informed if given consent.

There is no knowledge of previous abuse to person being served in this apartment.

16. What specific measures has the program taken to minimize the risk of abuse to people as related to the knowledge of previous abuse?

PRGH Inc. staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

PHYSICAL PLANT ASSESSMENT:

1. Describe the condition and design of the facility as it relates to safety for the people receiving services:

The Group Home was built in 1976 and it is a two story walk out style building. The West View Apartment includes one bedroom, a bathroom and a tub room and kitchen/living room combination. It is in the lower level of the main group home, with a private, separate entrance on the back of the building. It has access to the storage areas and laundry areas on the same level. The main office is across the hall from the apartment. The home has a sprinkler system in case of fire. It has a fire alarm system that include blinking light, loud alarms, and automatic shutting of the fire doors. It has carbon monoxide detector in the home. Medications are in a locked cabinet. Both unit doors are lockable for privacy, but staff could enter with a key in an emergency. There is an interior stairway that connects the two units (through a hallway). You can access either unit from the other without having to leave the building.

2. What specific measures has the program taken to minimize the risk of abuse to people as related to the condition and design of the facility in terms of safety for people receiving services?

The apartment is on one level. The program will maintain the fire alarm system and sprinkler system and have them inspected regularly. Fire drills are implemented monthly and tornado drills are

implemented quarterly. The staff will maintain the care of the carbon monoxide detectors and the office will take care of the AED in site. The foster care licenser and fire marshal inspect the apartment. The meds are locked in med cabinets. Staff keep the entrances clear and free of snow. There is emergency shut offs for the gas and water. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies. Staff are trained on the PAPP.

3. Describe any areas of the facility that are difficult to supervise:

The outside area around the apartment is difficult to supervise. Person receiving services may use the bedroom and bathroom in private. The downstairs unit, served by AOS, is accessible through an internal stairway so the staff does not need to leave the building to respond to wants to needs there. Staff are out of site of the upstairs unit if down stairs but are within hearing distance.

4. What specific measures has the program taken to minimize the risk of abuse to people as related to the areas of the facility that are difficult to supervise?

The person being served is able to be in the community alone and at home alone. The difficulty of supervision outside does not present a concern. The person is not an elopement risk and the only guests are immediately family. The person being served enjoys spending time in the bedroom. Alternate overnight supervision will affirm these opportunities and the rights of the person served. Staff accompany people receiving services when they are seeking items from the storage areas. Staff have been trained on the Vulnerable Adult Act, Maltreatment of Minors Act and this PAPP, and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

ENVIRONMENTAL ASSESSMENT:

1. Describe the location of the facility including information about the neighborhood and community in which the facility is located:

West View SLS is located in Pine River a town of 975 people. It is located in a residential area. The home is located along the Pine River. It has a few neighboring homes. The community is familiar with the people from our agency being a part of the community by shopping in stores, attending church, going to the library and community activities. The closest hospital is about 30 miles away. There is a local ambulance and fire department. Air ambulance service is available. The community includes a vocational service for employment, the Pine River Area DAC.

2. What specific measures has the program taken to minimize the risk of abuse to people as related to the location of the facility, including factors about the neighborhood and community?

Staff accompany the person served into the community as desired, he also has community alone time per Support Plan Addendum. Transportation is provided to and from the community as needed or requested. Staff trained in IAPP, Support Plan, Support Plan Addendum, Self-Management Assessment and the PAPP and are aware of what is happening around the home to insure people we serve are safe outdoors. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies

3. Describe the type of grounds and terrain that surround the facility:

The grounds around the home has a parking lot, and a grassy yard. It has a slight slope into the garage and hill to the back of the home and to the south of the home. There are a few trees in and surrounding the yard. The terrain includes the Pine River, a shallow slow-moving river behind a low area growing trees and brush. There are a few trees in the area. The driveway is sloped down to the apartment. There is a dock that is left in the river year-round.

4. What specific measures has the program taken to minimize the risk of abuse to people as related to the type of grounds and terrain that surround the facility?

Staff does not need to accompany the person served if they would want to look at the river or stand on the dock. Person served is able to put a life jacket on when using the dock if needed or wanted. The driveway is plowed of snow in the winter. The entrance is shoveled of snow. Staff have been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

5. Describe the type of internal programming provided at the program:

Person served has individual supports to develop their skills and abilities to the best of their abilities. Person served participates in a day program at will and not always as scheduled. Person served is supported to meet his individual needs and preferences and to insure their health and safety. Internal programming includes residential skills training and activities of daily living including but not limited to dressing bathing, toileting, and meal preparation, paying bills, shopping and communication.

6. What specific measures has the program taken to minimize the risk of abuse to people through the type of internal programming provided at the program?

Staff are trained on meeting the person served needs, rights, and preferences and to ensure their safety and health. Staff will assist people in being as independent as possible in the activities of daily living. Staff are trained in CPR, first aid and all other required topics according to MN statute 245D. Staff have been trained on the Vulnerable Adult Act, Maltreatment of Minors Act and this PAPP and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

7. Describe the program's staffing pattern (Subject to change to match needs and preferences): This person has some scheduled, daily morning and afternoon staffing to meet his needs and match this person served preferences. When he is scheduled to be at work but chooses not to attend, he does not have staffing (he does have home alone time). This person tends to stay up all night on weekends gaming and then sleeps most of the day during which this person does not have staffing. This person has Alternate Overnight Supervision during normal sleeping hours of 8 PM to 6 AM regardless of whether or not this person is actually sleeping during that time. During this time, there is awake staff in the upstairs, adjacent unit for support as needed or desired. They also provide intermittent Alternate Overnight Supervision to one other connected apartment that is needed to be accessed by walking out of the home.

8. What specific measures has the program taken to minimize the risk of abuse to people through the program's staffing pattern?

One to one staff provides coverage for scheduled staffing, appointments, and other activities. During normal sleeping hours, the persons is staffed through AOS. The program has a manager on call person in case a staff person has an emergency. Staff are trained in CPR, first aid and all other required topics according to MN statute 245D. Staff have been trained on the Vulnerable Adult Act, Maltreatment of

Pine River Group Home, Inc.
PO Box 96 Unit B
Pine River, MN 56474

Minors Act and this PAPP and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

Print name and title of
Governing Body or
Governing Body's Delegated Representative

Signature

Date

Review: Name _____ Signature _____ Date _____
The review occurred at least on an annual basis.
The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results.

Review: Name _____ Signature _____ Date _____
The review occurred at least on an annual basis.
The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results.

Review: Name _____ Signature _____ Date _____
The review occurred at least on an annual basis.
The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results.

Legal Authority: Minn. Stat. § 245A.65, subd. 2