

Pine River Group Home, Inc.
PO Box 96
Pine River, MN 56474

Program Abuse Prevention Plan

Program:	River Wood Apartment
Address:	101 5 th St Apt. A, P.O Box 96 Pine River, MN 56474
Date plan developed:	9/10/14, 4/21/15, 4/9/16, 10/5/16, 12/18/17, 12/6/18, 12/1/19, 12/1/20, 12/1/21, 10/1/22

EACH PROGRAM MUST ENSURE THAT:

- A. People receiving services are provided with an orientation to the program abuse prevention plan. This orientation must be within 24 hours of admission or within 72 hours for individuals who would benefit from a later orientation.
- B. The license holder’s governing body or the governing body’s delegated representative shall review the plan at least annually using the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review period. The governing body or the governing body’s delegated representative shall revise the plan, if necessary, to reflect the review results.
- C. A copy of the program abuse prevention plan must be posted in a prominent place in the facility and be available, upon request, to mandated reporters, people receiving services, and legal representatives. Previous PAPPs are stored at the main office.
- D. If the assessment indicates that the vulnerable adult does not need specific risk reduction measures in addition to those identified in the program abuse prevention plan, the individual abuse prevention plan must document this determination.
- E. In addition to the program abuse prevention plan, an individual abuse prevention plan must be developed for each new person receiving services. A review of the individual abuse prevention plan must be done as part of the review of the program plan. The persons receiving services must participate in the development of the individual abuse prevention plan to the best of their abilities. All abuse prevention plans must be reviewed at least annually by the interdisciplinary team.

POPULATION ASSESSMENT:

- 1. **Age range of persons the program plans to serve:** *This program service adults (ages 18 and up) in our adult foster care community residential settings. We have served minors with a variance.*
- 2. **What specific measures has the program taken to minimize the risk of abuse to people as related to the age of people receiving services?** *PRGH, Inc. provides each individual has their own bedroom. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.*

The person served has their own bedroom and one bathroom that is shared with staff. Staff are always present when people who receive services are at home.

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3. **Gender of persons the program plans to serve:** *PRGH, Inc. serves person of any gender or gender identity.*

This home currently serves one woman.

4. **What specific measures has the program taken to minimize the risk of abuse to people as related to the gender of people receiving services?** *PRGH, Inc. provides each individual their own bedroom. Bathrooms all have lockable doors for privacy. Staff knock before entering or opening closed doors. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.*

Typically, people are only able to go into someone else's bedroom with permission from the person whose room it is. However, at this location, staff have to go through this person's bedroom to get to the bathroom. Privacy is also assured when using the bathrooms by closing the door and when talking about concerns with a person in a private area.

5. **Describe the range of mental functioning of persons the program plans to serve:** *PRGH, Inc. supports individuals with a diverse range of mental functioning levels including low mental functioning with severe developmental disabilities to high levels of mental functioning with mild DD.*

The person served in this home has moderate intellectual disability.

6. **What specific measure has the program take to minimize the risk of abuse to people as related to the mental functioning of people receiving services?** *PRGH, Inc. staff are present at all times when the persons served are present unless stated in their Support Plan Addendum. Staff are trained in the self-management assessment of each individual and know their strengths and limitation due to mental functioning. There is asleep overnight staff on site to respond as needed during the night. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, INC., Inc. policies.*

In this home, staff will provide care and support for all services including but not limited to ADLs and IADLs. Staff available during normal waking hours and asleep staff are available overnight.

7. **Describe the range of physical and emotional health of persons the program plans to serve:** *PRGH Inc. serves persons with a wide range of physical and mental health needs and diagnosis. Some homes are handicap accessible.*

The diagnosis of the one female individual is: Moderate Developmental Disability, Agensis of corpus callosum, anxiety disorder unspecified, baclofen pump, cerebral palsy, depression, history of seizure disorder, intermittent explosive disorder, osteoporosis, periventricular leukomalacia, obsessive compulsive disorder (unspecified), neurogenic bladder, vitamin D deficiency constipation, GERD, seasonal allergies.

8. **What specific measure has the program take to minimize the risk of abuse to people as related to the physical and emotional health of people receiving services served?** PRGH, Inc. staff are trained on the physical and emotional health of all persons upon hire. Staff are trained on the self-management assessments and IAPP of each individual. One or two staff are on duty during waking hours and one sleep staff during the night to assist with the care needed related to physical and emotional health of the persons receiving services. Additional staff are available on-call as needed to assist with behavioral or behavioral or emotional health issues. Staff are trained in medication administration, first aid and CPR. Staff are trained on the self-management assessments, positive supports, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies. PRGH has an RN supervising health services who has knowledge of the physical and emotional health status and needs of persons receiving services.

The person being served meets with the psychiatrist or other mental health or medical providers as directed. Staff are present at all times when people who receive services are at home to address physical or emotional concerns. An RN is available for consultation for medical concerns. Regular physical health monitoring and health needs are met as per the Support Plan Addendum.

9. **Describe the range of adaptive/maladaptive behavior(s) of persons the program plans to serve:** PRGH, Inc. serves persons with a wide range of adaptive/maladaptive behaviors. All persons served participate in activities of daily living and instrumental activities of daily living according to their adaptive behavior skills which includes conceptual, social, and practical skills that all people learn in order to function in their daily lives. Staff are trained in positive supports and positive behavior supports. Staff are available to assist with maladaptive behaviors.

The range of maladaptive behaviors in this home include: Aggression, verbal aggression, property destruction. The range of adaptive behaviors in this home include: completing crafts and hobbies, talking and interacting calmly, talking with family and friends on the phone or in person, watching TV and playing electronic games, completing daily ADLs, participating in outcomes and social activities.

10. **What specific measures has the program taken to minimize the risk of abuse to people as related to the adaptive/maladaptive behavior(s) of the people receiving services served?** PRGH, Inc. staff are trained on the adaptive/maladaptive behaviors upon hire. Staff are trained on the self-management assessments and IAPP of each individual. One or two staff are on duty during waking hours and one awake or asleep staff during the night (except at the locations where AOS is used) to assist with the care needed related to adaptive/maladaptive behaviors of the persons receiving services. Additional staff are available on-call as needed to assist with behavioral issues. Staff are trained in medication administration, first aid, and CPR and positive supports and positive behavior supports. Staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

Staff are trained in positive supports including de-escalation techniques. Verbal techniques are emphasized to redirect people. They are trained in EUMR for emergencies. Staff encourage engagement in adaptive and positive behaviors. Awake staff are present at all times when people who

receive services are at home during normal waking hours. Asleep staff are present during seven hours sleep time to assist if a need would arise at night.

- 11. Describe the need for specialized programs of care for persons the program plans to serve:** PRGH, Inc. serves persons with a variety of specialized care programs including but not limited to the following: specialized diets for sodium or calorie restrictions; diabetic diets and diabetic care; specialized skin care regimens; tube feeding; catheterization; mechanical lifts; accessible homes; PT/OT/Range of motion programs; seizure management; complex medical needs; cardiac conditions; visual or hearing deficits; and behavior support plans. Specialized care needs will be stated in the **Support Plan Addendum**.

This person has a Baclofen Pump, and has seizures infrequently.

- 12. What specific measures has the program taken to minimize the risk of abuse to people as related to the need for specialized programs of care for people receiving services?** PRGH, Inc. staff are trained on the physical and emotional health of both persons upon hire. Staff are trained on the self-management assessments and IAPP of each individual and the PAPP for the home. One or two staff are on duty during waking hours and one sleep or awake staff during the night (except at the locations where AOS is used) to assist with the care needed related to needs of the persons receiving services. Additional staff are available on-call as needed to assist with any issues. Staff are trained in positive supports, medication administration, first aid, CPR and first aid for choking. Staff are trained on the self-management assessments, **Support Plan, Support Plan Addendum** and IAPP of each person. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

Staff are trained in this house to recognize the sound of the beep of the baclofen pump to signal it needs to be refilled or that something else is wrong. They are trained to give oral baclofen when needed. Staff are trained in PRGH's policy and procedure titled, "Seizure Monitoring and Management Procedure". There is a copy posted at the house for staff to quickly reference if needed.

- 13. Describe the need for specific staff training to meet individual service needs:** Other than the areas already mentioned and the staff training required by MN Statutes, chapter 245D, there is not additional staff training needed.
- 14. What specific measures has the program taken to minimize the risk of abuse to people as related to the need for specific staff training designed to meet individual service needs?** PRGH, Inc. staff are trained on all the individual service needs of persons served during orientation and additional training is provided as needs change. Staff are trained on the self-management assessments, **Support Plan, Support Plan Addendum** and IAPP of each person and the PAPP for the home. One or two staff are on duty during waking hours and one sleep or one awake staff during the night (except at the locations where AOS is used) to assist with the individual service needs of the persons receiving services. Additional staff are available on-call as needed to assist with any service need that arises. Staff are trained in positive supports, medication administration, first aid, CPR and first aid for choking. Staff are trained in all areas required by MN Statutes 245D. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

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Staff are trained on all the person's being served during orientation. Staff are trained on the self-management assessments, IAPP, Support Plan, and Support Plan Addendum of each person receiving services. Awake staff are present at all times when people who receive services are at home during normal waking hours. Asleep staff are present during seven hours sleep time to assist if a need would arise at night. Additional staff is available on-call as needed to assist with any service need that arises. Staff are trained in positive support strategies, medication administration, first aid, CPR and choking. Staff are trained in all areas required by MN Statutes 245D.

15. **Describe any knowledge of previous abuse that is relevant to minimizing the risk of abuse to people receiving services:** *In PRGH, Inc., if persons being served have a history of previous abuse and if we know of it, staff are informed if we are given consent.*

This person is known to have been abused in their past by their biological father.

16. **What specific measures has the program taken to minimize the risk of abuse to people as related to the knowledge of previous abuse?** *PRGH, Inc. staff are trained on the self-management assessments, Support Plan, Support Plan Addendum and IAPP of each person and the PAPP for the home. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.*

This person may only speak to their biological father via phone if he calls her. Any in person visits with him would be supervised by the guardian.

PHYSICAL PLANT ASSESSMENT:

1. **Describe the condition and design of the facility as it relates to safety for the people receiving services:** This apartment was built in 2010 and is attached to a group home built in 1999. It has a living room and kitchenette area and separate bedroom and bathroom. Laundry is completed at River Wood, the adjacent home. It has an attached garage. The front door of the home looks out on the parking area and a front yard. The home has fire/smoke and carbon monoxide alarms per code. The "med cabinet drawer" is only accessible by staff with a key. The bathroom door is lockable from the inside. There are security cameras on site in public areas to provide for security and to monitor incidents and emergencies. See separate policy on camera use.
2. **What specific measures has the program taken to minimize the risk of abuse to people as related to the condition and design of the facility in terms of safety for people receiving services?** Fire drills are implemented monthly and tornado drills are implemented quarterly. The staff will maintain the care of the carbon monoxide detectors. The meds are locked in med cabinet drawer and the electronic med dispenser. The petty cash and checkbook are locked for security. Staff keep the entrances clear and free of snow. There is emergency shut offs for the gas and water are at River Wood. There are security cameras on site in public areas to provide for security and to monitor incidents and emergencies. See separate policy on camera use. This entrance has an outdoor light for night use. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, INC., Inc. policies. Staff are trained in the PAPP.
3. **Describe any areas of the facility that are difficult to supervise:** The outside area around the house is difficult to supervise. Persons receiving services may use their rooms in private. This makes them a

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challenge to supervise. There are security cameras on site in public areas to provide for security and to monitor incidents and emergencies. See separate policy on camera use.

4. **What specific measures has the program taken to minimize the risk of abuse to people as related to the areas of the facility that are difficult to supervise?** Staff will go outside to check on person receiving services if they are outside beyond the normal amount of time. They will accompany those less stable when outside. When there is reason to be concerned by the sounds or lack of sounds in a bedroom or bathroom, the staff will knock on the door to check on the person. If needed, during the hours of sleep (as indicated in their **Support Plan Addendum**), staff will check on persons quietly to not disturb their sleep. There are security cameras on site in public areas to provide for security and to monitor incidents and emergencies. See separate policy on camera use. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and this PAPP and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

ENVIRONMENTAL ASSESSMENT:

1. **Describe the location of the facility including information about the neighborhood and community that the facility is located:** River Wood Apartment is located in Pine River, a town of 975 people. It is located in a residential area. It has a few neighboring homes. The town has many local services used by the persons served including library, grocery store, beauty/barber shops, clinic dentist, eye doctor, churches, banks, DAC and other stores. The closest hospital is about 35 miles away. There is a local ambulance and fire department. Air ambulance service is available to larger hospitals. The community includes a vocational services agency, Pine River Area DAC.
2. **What specific measures has the program taken to minimize the risk of abuse to people as related to the location of the facility, including factors about the neighborhood and community?** People who we serve are accompanied by staff in the community at all times unless the Support Team has determined and the individual plan of care documents that it is a reasonable risk for the person to be alone in the community for a designated amount of time or activity. Transportation is provided to and from the community as needed. Reports of concern about a person we serve from the community are investigated. Staff are trained in IAPP, **Support Plan**, **Support Plan Addendum**, **Self-Management Assessment** and the PAPP and are aware of what is happening around the home to insure people we serve are safe outdoors. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act, this PAPP and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.
3. **Describe the type of grounds and terrain that surround the facility:** The grounds around the home has a parking area, and a grassy yard. There are a trees in and surrounding the yard and a wooded area adjacent. **The terrain includes the Pine River, a shallow slow-moving brook behind a low area growing trees and brush. There is a dock that is left in the river year-round.**
4. **What specific measures has the program taken to minimize the risk of abuse to people as related to the type of grounds and terrain that surround the facility?** Staff assist people we serve who are unstable on their feet when the terrain is sloped or when they terrain could be slippery due to the weather conditions. **Staff will accompany persons served when they want to be by the river, or if they desire to be on the dock according to their self-management assessment and/or Support Plan Addendum.** The driveway is plowed of snow in the winter. The walkways are shoveled of snow. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act and will take steps to

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prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.

5. **Describe the type of internal programming provided at the program:** The person we serve has individual supports to develop their skills and abilities to the best of their abilities. The persons served participates in a day program or work. The person we serve are supported to meet her individual needs and preferences and to insure their health and safety. Internal programming includes training and assistance to complete ADLs and IADLs including but not limited to dressing bathing, toileting, and meal preparation, paying bills, shopping and communication.
6. **What specific measures has the program taken to minimize the risk of abuse to people through the type of internal programming provided at the program?** Staff are trained on meeting each person served needs, preferences, rights and to ensure their safety and health. Staff will assist people in being as independent as possible in the activities of daily living. Staff are trained in CPR, first aid and all other required topics according to MN statute 245D. Staff has been trained on the Vulnerable Adult Act, Maltreatment of Minors Act and this PAPP and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies.
7. **Describe the program's staffing pattern:**
The staffing pattern is Monday-Thursday 2:30pm til the next day at 8:30am (18hrs consecutive), Friday 2:30pm til the next day at 8:00am (17.5hrs consecutive). On weekends the staffing pattern is 8:00am Saturday til 10:30am Sunday and Sunday 10:30am til 8:30am Monday. On non DAC days, an additional staff work from 8:30am-2:30pm Monday-Friday.
8. **What specific measures has the program taken to minimize the risk of abuse to people through the program's staffing pattern?** The program provides one staff during waking to assure that medical appointments, daily living activities, and other preferred activities are able to be accommodated. Asleep staff are available during the night to assist as needed. One person is able to manage a crisis or emergency and additional support can be sought as needed. The program has on call person in case a staff person has an emergency. The administrative office with additional staff are available if needed during office hours. Staff are trained in CPR, first aid and all other required topics according to MN statute 245D. Staff has been trained on the Vulnerable Adult Act and Maltreatment of Minors Act, this PAPP and will take steps to prevent abuse, take corrective action and immediately report maltreatment according to PRGH, Inc. policies. During an emergency resulting in a staffing crisis, other staffing patterns or methods may be implemented to ensure continuity of operations and safety of persons in this location. Please see full policy titled Procedure for Continuity of Services During an Emergency in Staffing.

Print name and title of Signature Date
Governing Body or Governing Body's Delegated Representative

Review: Name _____ Signature _____ Date _____

The review occurred at least on an annual basis. The review of the plan used the assessment factors in the plan and any substantiated maltreatment findings that occurred since the last review. If necessary, the plan was revised to reflect the review results. Legal Authority: Minn. Stat. § 245A.65, subd. 2