

Refresher

Certificate of Attendance

Awarded to:

Abdisalam Tahal

Therapeutic Intervention and Personal Safety Training Refresher

PHYXIUS

Provided by Phyxius Inc.

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 1.40

**Instructors: Amber Jacobson BS, DM, MHP, WBA
Nick Tran Assistant Director, MHA, DM
Brandon Jensen Assistant Director, DM
Samantha Hopp Operation Supervisor, DC
Christina Anderson Operation Supervisor, DC**

Nicholas Tran

Instructor Signature

5/16/24

Date

Staff Name: Abdi Salam Tahul Date: 5/16/24 Program/Home: Kallmeyer

**Therapeutic Intervention and Personal Safety Training
Phyxius Inc.**

Personal Safety Techniques

Techniques	Date Reviewed/Taught	Trainer Initials / Comments		
Personal Awareness	5/16/24 NT	NT		
Therapeutic Distance	↓	↓		
Basic Stance				
Glides and Pivots				
Blocks				
Inside Block				
Outside Block				
2 Handed Overhead				
Wrist Release				
1 Handed				
6 to 12 Release				
Chest Grasp				
Outside Block				
Down Block				
Release from Bites				
Anchor into mouth				
Release from Hair Pull				
Two Handed Outside				
Rear				
Escorts				
Simple				
Wrist Grab				
Cross Arm				
2 Person Come A-Long				
Containment/Takedowns				
Arm Bar				
Side Lying Position				

Always caution force required depending upon client
Therapeutic Intervention and Personal Safety Training
Providing Safety for Self and Others

- a. Alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
- b. De-escalation methods, positive support strategies, and how to avoid power struggles;
- c. Simulated experiences of administering and receiving manual restraint procedures allowed by the program on an emergency basis;
- d. How to properly identify thresholds for implementing and ceasing restrictive procedures;
- e. How to recognize, monitor, and respond to the person's physical signs of distress including positional asphyxia;
- f. The physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g. The communicative intent of behaviors; and
- h. Relationship building

Date Trained: 5/16/24
Staff Training Abdul Salam Taha

Therapeutic Intervention
Refresher