

# STAFF ORIENTATION AND ANNUAL TRAINING PLAN - PERSON SPECIFIC

Staff name: Fayha Dahir Date of hire: 8/24/2021  
 Date of background study submission: 8/24/2021 Date of background study clearance: 8/24/2021  
 Ongoing annual training period: Jun 2022 - Jan 2023  
 Date of first supervised contact: 9/21/2021 Date of first unsupervised contact: 9/27/2021

Before having unsupervised direct contact with persons served or for whom the staff has not previously provided direct support or any time these plans or procedures are revised, staff must review and receive instruction in the following areas as they relate to the staff's job functions for that person. \*Complete this form for each person served to whom the staff person will be providing direct contact services.

Training topics for community residential services (settings): training and competency evaluations must include the following topics, marked with an asterick (\*) if identified in the *Coordinated Service and Support Plan*.

Name of person served: Mathew Konz

| Orientation to individual service recipient needs                                                                                                                                                                                                                                                                                                                        | Date of completion | Date and type of demonstrated competency | Length of training | Name of trainer and company, if applicable |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------------------------------------------|--------------------|--------------------------------------------|
| *Appropriate and safe techniques in personal hygiene and grooming including:<br><div style="text-align: right;">                     Hair care<br/>                     Bathing<br/>                     Care of teeth, gums, and oral prosthetic devices<br/>                     Other activities of daily living (ADLs) per 256B.0659-specify:                 </div> | <u>12/29/2021</u>  | <u>Verbal</u>                            | <u>0.5 hours</u>   | <u>Lara Nuerse</u><br><u>Physio Inc.</u>   |
| *Understanding of what constitutes a healthy diet according to data from the CDC and the skills necessary to prepare that diet                                                                                                                                                                                                                                           | <u>12/29/2021</u>  | <u>Verbal</u>                            | <u>0.5 hours</u>   | <u>Lara Nurse</u><br><u>Physio Inc.</u>    |
| *Skills necessary to provide appropriate support in instrumental activities of daily living (IADLs) per 256B.0659-specify:                                                                                                                                                                                                                                               | <u>12/29/2021</u>  | <u>Verbal</u>                            | <u>0.5 hours</u>   | <u>Lara Nurse</u><br><u>Physio Inc.</u>    |
| CPR, if required by the CSSP or CSSP Addendum                                                                                                                                                                                                                                                                                                                            | <u>N/A</u>         | <u>N/A</u>                               | <u>N/A</u>         | <u>N/A</u>                                 |

|                                                                                                                                                                                                                                                                     |            |                         |           |                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-------------------------|-----------|----------------------------|
| CSSP, CSSP Addendum, and Self-Management Assessment to achieve and demonstrate an understanding of the person as a unique individual and how to implement those plans. Include outcomes, behavior plans, and any document specific to the person                    | 12/29/2021 | Reading                 | 1.0 hours | Lynn Nussle<br>Physix Inc. |
| Individual Abuse Prevention Plan to achieve and demonstrate an understanding of the person as a unique individual and how to implement those plans                                                                                                                  | 12/29/2021 | Reading                 | 0.5 hours | Lynn Nussle<br>Physix Inc. |
| Medication set up or medication administration training when staff set up or administer medications. Training also includes specific medication set up or administration procedures for the person                                                                  | 9/21/2021  | Physical<br>+<br>Verbal | 1.0 hours | Amber King<br>Physix Inc.  |
| The safe and correct operation of medical equipment used by the person to sustain life or to monitor a medical condition that could become life threatening. This training must be provided by a licensed health care professional or manufacturer's representative | N/A        | N/A                     | N/A       | N/A                        |
| Mental health crisis response, de-escalation techniques, and suicide intervention when providing direct support to a person with a serious mental illness                                                                                                           | 10/6/2021  | Physical<br>+<br>Verbal | 4 hours   | Lynn Nussle<br>Physix Inc. |
| Other topics as determined necessary according to the person's <i>Coordinated Service and Support Plan</i> or identified by the company:<br>Topic:<br>Topic:<br>Topic:                                                                                              | N/A        | N/A                     | N/A       | N/A                        |

Staff signature

Date

\*I understand the information I received and my responsibilities for their implementation in the care of persons served by this program.