

# Certificate of Attendance

Awarded to:

Laura Dyre

Therapeutic Intervention and Personal Safety Training  
Provided by:

## PHYXIOUS

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 3

Instructors: Will Chew System Advisor, BS, QDDP  
Nate Orr System Advisor, BA, QDDP

  
Instructor Signature

3/12/15  
Date

Staff Name: \_\_\_\_\_ Date: 3/12/15 Program/Home: e

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	<u>3/12/15</u>	<u>uc</u>
Therapeutic Distance		
Basic Stance	↓	↓
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar		
Side Lying Position		

Always caution force required depending upon client