

Certificate of Attendance

Awarded to:

Laura Dyre

Therapeutic Intervention and Personal Safety Training
Provided by:

PHYXIUS

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 2

Instructors: Will Chew System Advisor, BS, QDDP
Nate Orr System Advisor, BA, QDDP



Instructor Signature

8/3/15

Date

Staff Name: Lauren Dine Date: 8/3/15 Program/Home: Epsilon

**Therapeutic Intervention and Personal Safety Training
Phyxius Inc.**

Personal Safety Techniques

Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	8/3/15	VLD
Therapeutic Distance		
Basic Stance	/	/
Glides and Pivots		
Blocks		
Inside Block		
Outside Block		
2 Handed Overhead		
Wrist Release		
1 Handed		
6 to 12 Release		
Chest Grasp		
Outside Block		
2 Handed Outside Block		
Down Block		
Release from Bites		
Anchor into mouth		
Release from Hair Pull		
Front Outside Release		
Rear		
Release from Chokes		
Front (down block & open palm)		
Rear		
Escorts		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
Containment/Takedowns	/	/
Arm Bar		
Side Lying Position	/	/

Always caution force required depending upon client

Within 60 days of hire the program must provide instruction on the following topics: All of these topics are covered within the verbal portion of Therapeutic Intervention class.

- a. alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
- b. de-escalation methods, positive support strategies, and how to avoid power struggles;
- c. simulated experiences of administering and receiving manual restraint procedures allowed by the program on an emergency basis;
- d. how to properly identify thresholds for implementing and ceasing restrictive procedures;
- e. how to recognize, monitor, and respond to the person's physical signs of distress, including positional asphyxia;
- f. the physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g. the communicative intent of behaviors; and
- h. relationship building.

Date Trained: 8/3/15

Staff Training: 