

Certificate of Attendance

Awarded to:

Amber Jensen

**Therapeutic Intervention and Personal Safety Training
Provided by:**

PHYXIUS

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = /

**Instructors: Will Chew System Advisor, BS, QDDP
Nate Orr System Advisor, BA, QDDP**


Instructor Signature

8/20/14
Date

Staff Name: Arden Jensen Date: 8/20/14 Program/Home: S

Therapeutic Intervention and Personal Safety Training
Phyxius Inc.

Personal Safety Techniques

Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	<u>8/20/14</u>	<u>uc</u>
Therapeutic Distance		
Basic Stance		
Glides and Pivots		
Blocks		
Inside Block		
Outside Block		
2 Handed Overhead		
Wrist Release		
1 Handed		
6 to 12 Release		
Chest Grasp		
Outside Block		
2 Handed Outside Block		
Down Block		
Release from Bites		
Anchor into mouth		
Release from Hair Pull		
Front Outside Release		
Rear		
Release from Chokes		
Front (down block & open palm)		
Rear		
Escorts		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
Containment/Takedowns		
Arm Bar		
Side Lying Position		

Always caution force required depending upon client

Therapeutic Intervention and Personal Safety Training
Providing Safety for Self and Others