

# Certificate of Attendance

Awarded to:

Laura Dyre

**Therapeutic Intervention and Personal Safety Training  
Provided by:**

*PHYXIOUS*

**The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.**

Class Hours = /

**Instructors: Will Chew System Advisor, BS, QDDP  
Nate Orr System Advisor, BA, QDDP**

  
Instructor Signature

5/10/16  
Date

Staff Name: \_\_\_\_\_ Date: \_\_\_\_\_ Program/Home: \_\_\_\_\_

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

<b>Techniques</b>	<b>Date Reviewed/Taught</b>	<b>Trainer Initials / Comments</b>
Personal Awareness	5/11/16	WMC
Therapeutic Distance		
Basic Stance	↓	↓
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>	↓	↓
Arm Bar		
Side Lying Position		

**Always caution force required depending upon client**

**Therapeutic Intervention and Personal Safety Training  
Providing Safety for Self and Others**

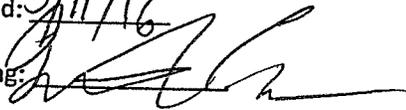
Within 60 days of hire the program must provide instruction on the following topics: All of these topics are covered within the verbal portion of Therapeutic Intervention class.

- a. alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
- b. de-escalation methods, positive support strategies, and how to avoid power struggles;
- c. simulated experiences of administering and receiving manual restraint procedures allowed by the program on an emergency basis;
- d. how to properly identify thresholds for implementing and ceasing restrictive procedures;
- e. how to recognize, monitor, and respond to the person's physical signs of distress, including positional asphyxia;
- f. the physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g. the communicative intent of behaviors; and
- h. relationship building.

Date Trained:

5/11/16

Staff Training:

A handwritten signature in black ink, appearing to be "A. C. H.", written over the "Staff Training:" label.

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The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 1.38

Instructors: Will Chew System Advisor, BS, QDDP  
Nate Orr System Advisor, BA, QDDP



Instructor Signature

9-10-15

Date

Staff Name: Laura Dyre Date: 9-10-15 Program/Home: Epsilon

Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.

Personal Safety Techniques

Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	9-10-15	ND
Therapeutic Distance	↓	↓
Basic Stance		
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>	9-10-15	ND
Arm Bar	↓	↓
Side Lying Position		

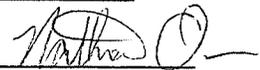
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Therapeutic Intervention and Personal Safety Training  
Providing Safety for Self and Others

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- d. how to properly identify thresholds for implementing and ceasing restrictive procedures;
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Date Trained: 9-10-15

Staff Training: 

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The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 2

Instructors: Will Chew System Advisor, BS, QDDP  
Nate Orr System Advisor, BA, QDDP



Instructor Signature

8/3/15

Date

Staff Name: Lauren Dine Date: 8/3/15 Program/Home: Epsilon

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

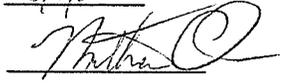
Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	8/3/15	VLD
Therapeutic Distance		
Basic Stance	/	/
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar	/	/
Side Lying Position		

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Within 60 days of hire the program must provide instruction on the following topics: All of these topics are covered within the verbal portion of Therapeutic Intervention class.

- a. alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
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- f. the physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g. the communicative intent of behaviors; and
- h. relationship building.

Date Trained: 8/3/15

Staff Training: 

Staff Name: Louisa Dyre Date: 5/14/15 Program/Home: D

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

<b>Techniques</b>	<b>Date Reviewed/Taught</b>	<b>Trainer Initials / Comments</b>
Personal Awareness		
Therapeutic Distance		
Basic Stance		
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar		
Side Lying Position		
<i>Basket Hold</i>	<i>5/14/15</i>	<i>UC</i>

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**Therapeutic Intervention and Personal Safety Training  
Providing Safety for Self and Others**

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Therapeutic Intervention and Personal Safety Training  
Provided by:

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The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 3

Instructors: Will Chew System Advisor, BS, QDDP  
Nate Orr System Advisor, BA, QDDP

  
Instructor Signature

3/12/15  
Date

Staff Name: \_\_\_\_\_ Date: 3/12/15 Program/Home: e

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	<u>3/12/15</u>	<u>uc</u>
Therapeutic Distance		
Basic Stance	↓	↓
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar		
Side Lying Position		

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**Class Hours = /**

**Instructors: Will Chew System Advisor, BS, QDDP  
Nate Orr System Advisor, BA, QDDP**

  
**Instructor Signature**

8/20/14  
**Date**

Staff Name: Laura Dye Date: 8/20/14 Program/Home: E

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

<b>Techniques</b>	<b>Date Reviewed/Taught</b>	<b>Trainer Initials / Comments</b>
Personal Awareness	8/20/14	LD
Therapeutic Distance		
Basic Stance	↓	↓
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front (down block & open palm)		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar		
Side Lying Position		

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Class Hours = /

Instructors: Will Chew System Advisor, BS, QDDP

William Chew  
Instructor Signature

5/30/14  
Date

# Refresher Certificate of Attendance

Awarded to:

Laura Dyr

**Therapeutic Intervention and Personal Safety Training Refresher  
Phyxius Inc.**

**Provided by Phyxius Inc.**

**The class content includes information on the reasons behind  
behavior problems, strategies to avoid confrontations, and personal  
safety techniques to protect the safety of self and others.**

**Class Hours = 2**

**Instructors:** Will Chee & Danny Terrence

Will Chee  
**Instructor Signature**

2/18/13  
**Date**

# Certificate of Attendance

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Therapeutic Intervention and Personal Safety Training  
Provided by:

*PHYXIOUS*

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 42

Instructors: John Westphal CEO, MS, LP  
Amy Larson COO, BS, QMRP  
Will Chew Supervisor, BS, QMRP



Instructor Signature

7/17/12

Date

Staff Name: Laura Dyer Date: 7/17/12 Program/Home: E

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

Techniques	Date Reviewed/Taught	Trainer Initials / Comments
Personal Awareness	7/17/12	LD
Therapeutic Distance		
Basic Stance		
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
Mid Section Block		
Low Kick Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
2 Handed Outside Block		
Down Block		
<b>Release from Bites</b>		
Pressure Points		
<b>Release from Hair Pull</b>		
Front Outside Release		
Rear		
<b>Release from Chokes</b>		
Front		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar		
Quick Cuffs		

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