

Certificate of Attendance

Awarded to:

Sean Bresnan

**Therapeutic Intervention and Personal Safety Training
Provided by:**

PHYXIOUS

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours =

**Instructors: Amber Jensen BS, DM, MHP, WBA
Laura Dyre DM, MHP, WBS
Logan Nuesse, Program Leader
Brandon Jensen, Program Leader**



Instructor Signature

3/13/20

Date

Within 60 days of hire the program must provide instruction on the following topics: All of these topics are covered within the verbal portion of Therapeutic Intervention class.

- a. Alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
- b. De-escalation methods, positive support strategies, and how to avoid power struggles;
- c. Simulated experiences of administering and receiving manual restraint procedures allowed by the program on an emergency basis;
- d. How to properly identify thresholds for implementing and ceasing restrictive procedures;
- e. How to recognize, monitor, and respond to the person's physical signs of distress including positional asphyxia;
- f. The physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g. The communicative intent of behaviors; and
- h. Relationship building

Date Trained: 3/13/20
Staff Training [Signature]