

Certificate of Attendance

Awarded to:

Irfan Chowdhury

**Therapeutic Intervention and Personal Safety Training
Provided by:**

PHYXIUS

The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.

Class Hours = 3.43

**Instructors: Amber Jensen BS, DM, MHP, WBA
Laura Dyre DM, MHP, WBS
Laura Larson-Cody DC**


Instructor Signature

7.2.19
Date

Staff Name: Irfan Chowdhury Date: 7.2.19 Program/Home: Gamma

**Therapeutic Intervention and Personal Safety Training
Phyxius Inc.**

Personal Safety Techniques

Techniques	Date Reviewed/Taught	Trainer Initials / Comments		
Personal Awareness	7.2.19	NC		
Therapeutic Distance	↓	↓		
Basic Stance				
Glides and Pivots				
Blocks				
Inside Block				
Outside Block				
2 Handed Overhead				
Wrist Release				
1 Handed				
6 to 12 Release				
Chest Grasp				
Outside Block				
Down Block				
Release from Bites				
Anchor into mouth				
Release from Hair Pull				
Two Handed Outside				
Rear				
Escorts				
Simple				
Wrist Grab				
Cross Arm				
2 Person Come A-Long				
Containment/Takedowns				
Arm Bar				
Side Lying Position				

Always caution force required depending upon client

**Therapeutic Intervention and Personal Safety Training
Providing Safety for Self and Others**

Within 60 days of hire the program must provide instruction on the following topics: All of these topics are covered within the verbal portion of Therapeutic Intervention class.

- a. alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
- b. de-escalation methods, positive support strategies, and how to avoid power struggles;
- c. simulated experiences of administering and receiving manual restraint procedures allowed by the program on an emergency basis;
- d. how to properly identify thresholds for implementing and ceasing restrictive procedures;
- e. how to recognize, monitor, and respond to the person's physical signs of distress, including positional asphyxia;
- f. the physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g- the communicative intent of behaviors; and
- h. relationship building.

Date Trained: 7.2.19

Staff Training: Irfan Chowdhury