

# Certificate of Attendance

Awarded to:

Muhammad Tabish

**Therapeutic Intervention and Personal Safety Training  
Provided by:**

*PHYXIUS*

**The class content includes information on the reasons behind behavior problems, strategies to avoid confrontations, and personal safety techniques to protect the safety of self and others.**

**Class Hours = 3.38**

**Instructors: Amber Jacobson BS, DM, MHP, WBA  
Laura Dyre DM, MHP, WBS  
Logan Nuesse, Program Leader  
Brandon Jensen, Utility Program Leader**



**Instructor Signature**

8/18/20

**Date**

Staff Name: Muhammad T. Date: 8.18.20 Program/Home: Alpha

**Therapeutic Intervention and Personal Safety Training  
Phyxius Inc.**

**Personal Safety Techniques**

<b>Techniques</b>	<b>Date Reviewed/Taught</b>	<b>Trainer Initials / Comments</b>
Personal Awareness	8.18.20	130
Therapeutic Distance		
Basic Stance		
Glides and Pivots		
<b>Blocks</b>		
Inside Block		
Outside Block		
2 Handed Overhead		
<b>Wrist Release</b>		
1 Handed		
6 to 12 Release		
<b>Chest Grasp</b>		
Outside Block		
Down Block		
<b>Release from Bites</b>		
Anchor into mouth		
<b>Release from Hair Pull</b>		
Two Handed Outside		
Rear		
<b>Escorts</b>		
Simple		
Wrist Grab		
Cross Arm		
2 Person Come A-Long		
<b>Containment/Takedowns</b>		
Arm Bar		
Side Lying Position		

**Always caution force required depending upon client  
Therapeutic Intervention and Personal Safety Training  
Providing Safety for Self and Others**

Within 60 days of hire the program must provide instruction on the following topics: All of these topics are covered within the verbal portion of Therapeutic Intervention class.

- a. Alternatives to manual restraint procedures, including techniques to identify events and environmental factors that may escalate conduct that poses an imminent risk of physical harm to self or others;
- b. De-escalation methods, positive support strategies, and how to avoid power struggles;
- c. Simulated experiences of administering and receiving manual restraint procedures allowed by the program on an emergency basis;
- d. How to properly identify thresholds for implementing and ceasing restrictive procedures;
- e. How to recognize, monitor, and respond to the person's physical signs of distress including positional asphyxia;
- f. The physiological and psychological impact on the person and the staff when restrictive procedures are used;
- g. The communicative intent of behaviors; and
- h. Relationship building

Date Trained: 8-18-20  
Staff Training Logan N. Vesce