



In-Service Training Log – Oakdale

Date:

2/19/2024

Type of Meeting:

All-Staff

| Training Time | Trainer Name | Content/Description |
|---------------|------------------|---------------------|
| .25 | Soua Vang | Seth G. |
| .5 | Ashleigh Shirley | EUMR Training |
| | | |
| | | |

| Make up Date | Initial | Last Name |
|--------------|---------|------------------------|
| | | Berglund, Sara |
| 2-20-24 | CB | Beckom, Charlique |
| 2/20/24 | PD | Dyer, Paris |
| | TG | Gould, Trey |
| | WT | Hartman, Lisa |
| 2-20-24 | MM | Moving, Maxine |
| 2/20/24 | CN | Nietfeld, Chloe |
| 2/20/24 | KR | Ramsey, Kiki |
| | | Smith, Quianna |
| | | Umbereyimfure, Idrissa |

| Make up Date | Initial | Last Name |
|--------------|---------|-----------------|
| 02/20/24 | SV | Vang, Soua |
| | GW | Wilson, Shianne |
| 2-20-24 | SW | Wussow, Shannon |
| | | Xiong, Gao |
| | | Yang, Katrina |
| | | |
| | | |
| | | |
| | | |

| Make Up Date | Initial | Managers/Admin |
|--------------|---------|-------------------|
| | | Matthews, Steph |
| | | Mendez, Danielle |
| | | Shirley, Ashleigh |

| Make up Date | Initial | Other Attendees |
|--------------|---------|-----------------|
| | | |
| | | |
| | | |

EMERGENCY USE OF MANUAL RESTRAINT (EUMR)

If the positive support strategies were not effective in de-escalating or eliminating the person's behavior, emergency use of manual restraint may be necessary.

To use emergency use of manual restraint, the following conditions must be met:

All other least restrictive intervention methods have failed.

Immediate intervention needed to protect the person or others from imminent risk of physical harm

Staff implementing the manual restraint has been trained.

Restraint used is the least restrictive needed to eliminate the immediate risk of harm & effectively achieve safety.

The manual restraint ends when the threat of harm ends.

The company allows certain types of manual restraints which may be used by staff on an emergency basis.

ALLOWED MANUAL RESTRAINTS:

PHYSICAL ESCORT/WALKING:

- Stage 1
- Stage 2

ARM RESTRAINT/ONE STAFF PERSON STANDING:

- 1 arm
- 2 arm

ARM RESTRAINT/ONE STAFF PERSON SITTING:

- 1 arm
- 2 arm

Detailed instructions on the safe and correct implementation of these procedures are included at the end of this policy.

ALLOWED MANUAL RESTRAINTS:

The least restrictive manual restraint will be used to effectively handle the situation.

PHYSICAL ESCORT/WALKING:

Stage 2

If stage 1 is not effective, staff may use both of their hands to move the person while walking.

Staff will move their hand currently on the person's forearm to the person's small of their back and apply firm, but gentle pressure.

Staff's other arm, that is farthest away from the person, will reach across and be placed on the person's forearm, below the elbow, while applying firm, but gentle pressure.

In this position, staff will remain near to the person while walking with them to another area.

ALLOWED MANUAL RESTRAINTS:

Detailed instructions on the safe and correct implementation of these procedures.

ARM RESTRAINT ONE STAFF PERSON

STANDING:

2 arm

Staff will direct one arm of the person served forward to cross in front of the person's body by applying slight pressure above or below their elbow. The same side arm will be used by staff and the person (i.e. staff's right arm will direct the right arm of the person forward).

With their other arm, farthest away from the person, staff will lightly grip the person's crossed arm, slightly above the wrist, holding the arm in a crossed position.

Staff will then slide their free arm between the person's arm and their waist, to grip the person's forearm. Ensuring that their palms are facing down.

If the person continued to escalate in behaviors and it is necessary to restrain both arms, staff will release their arm that is gripping the person's arm above the wrist.

Staff will quickly bring their arm up and around to "pin" the person's free arm against their side.

Staff will then re-grip the arm above the wrist that is crossed in front of the person so that one arm is crossed in front of the person and the other pressed against the person's side.