



Where People with Disabilities Connect with the Community and the World

ILLNESS GUIDELINES

To promote the health and safety of all individuals at PAI, it is recommended that those showing signs and symptoms of an illness remain at home until they recover. For individuals who become ill during their day at PAI, their home will be contacted and a ride home requested. In the case that a ride home is delayed or not available, the individual will be provided a place where they can rest at PAI and be made as comfortable as possible.

Newtrax will not transport individuals who are having symptoms that would impact their safe and comfortable transport within a group. In such cases, homes will be expected to make arrangements for the individual's transportation to home from PAI.

Some examples of conditions that would indicate that an individual should remain home or return to home are:

- Temperature greater than 100 degrees or temperatures less than 100 degrees but with cold symptoms (such as coughing, nasal drainage, watery eyes) within 12 hours of departure.
- Hypothermic temperature less than 94 degrees.
- Nausea with vomiting 4 hours prior to departure.
- Diarrhea.
- Complaints of not feeling well.
- Sedation, lethargy and/or sleepiness as a result of administration of a PRN medication.
- Asthma flare-ups (wheezing or unstable breathing).
- Pre-appointment sedation has been given.
- Obvious injury, wounds, broken bones that requires medical treatment that is outside the scope of PAI services; please call the site director to review.
- Unstable or unusual seizure activity.
- Diabetic reactions or blood sugar instability.
- Diagnosis of a Group A Streptococcal infection (may return after 24 hours of beginning antibiotic treatment).
- Awaiting results of throat culture (may return if results are negative for strep).
- Upper respiratory infection; they should stay home for the first 24 – 48 hours of illness.
- Pre-surgical or medically-related diet restrictions (such as clear liquids or fasting).
- Pressure sores requiring exposure while healing.
- A skin infection that cannot be adequately covered or contained (rashes that are draining should be covered after treatment has been started).

In addition to this list, an individual should remain at home if they have been diagnosed with any illness or condition that might impact their full engagement of PAI activities and/or work. Examples of such conditions follow, but please note this is not meant to be an all-inclusive list.

- Less than 12 hours after hospital discharge. A hospital discharge summary must indicate the individual has been cleared to return to PAI/work, along with any restrictions to activity, stamina concerns, etc. A copy of the discharge summary must be sent/faxed to their PAI site prior to their return. Please call site director to review.
- Sedation, lethargy and/or sleepiness as a result of administration of a PRN medication.
- Urinary tract infection (can return after treatment has started).
- Lice or scabies (can return once resolved by treatment).
- Ear infection (can return once pain has resolved).
- Cold sores (can return once treatment has started).
- Pneumonia (can return with physician's signed return to work).
- Ringworm (can return once resolved by treatment or covered).
- Impetigo (can return once resolved by treatment).
- Open sores, lesions, wounds, etc. (can return once treatment has started; individuals who are carriers of Hepatitis B must maintain coverage of areas at all times).
- Conjunctivitis/Pink eye (can return 24-hours after treatment has started).
- Any condition diagnosed as contagious (can usually return 24-hours after treatment has started and/or resolution of symptoms; please call site director).
- Elevated temperature (can return 24-hours after treatment started).

The return of an individual after an illness or medical condition-related absence should be determined by the start of treatment or, in some cases, the resolution of the condition (see above).

In addition, the individual's return should be determined by them and how they are feeling, whether they are interested in returning, and whether they are generally able to resume their PAI activities and/or work.