

PROGRESS REPORT AND RECOMMENDATIONS

Name: **Natasha Pohl**

Date of Progress Report: 10-15-2021

Completed by: Megan Duffy, Designated Coordinator

Type of Progress Report (i.e. annual): **Annual**

*Distribution Date: 10-29-2021

Date of service plan review meeting: 10-29-2021

*Report must be sent at least 5 working days prior to the progress review meeting if requested by the team in the *CSSP* or *CSSP-A*.

To: Person Served Legal Representative Case Manager Other: Residence

Summary of Service Outcome and Support Progress

Outcome # 1

Outcome statement with measurable and observable criteria for outcome achievement:

Daily, Tasha will choose a group to participate in 85% of all trails over a 12 month period.

Summary of progress toward achieving this outcome: Tasha chooses which group she would like to participate in by answering yes/no, with body language, and/or facial expressions. Tasha is willing to try new things and participate- even if it may be for a short period of time in the group of her choosing.

Recommendation for implementing this outcome: Continue Change Discontinue

Rationale for the recommendation: Tasha is achieving this outcome in 100% of opportunities and choosing which group she would like to participate in has become a part of her daily routine. Tasha enjoys group activities with her peers, particularly when the group is playing a game. The recommended outcome would provide an opportunity for Tasha to engage in enjoyable activities and continuing to strengthen her communication and self-advocacy skills.

Recommended replacement outcome: "Once Weekly Tasha will choose a game to play with peers in 85 % or more trials over the next year."

Outcome # 2

Outcome statement with measurable and observable criteria for outcome achievement:

Daily, Tasha will participate in a sensory group 80% of all trials over a 12 month period.

Summary of progress toward achieving this outcome: Tasha is achieving this outcome in 100% of opportunities. Tasha participates in a variety of offered sensory activities readily each day. Tasha enjoys having her hair styled, lotion massages, bubbles and making/using sensory bottles and bags.

Recommendation for implementing this outcome: Continue Change Discontinue

Rationale for the recommendation: Tasha did a great job with this outcome. Staff report "Tasha makes others laugh all day, every day." It is unlikely Tasha would benefit from additional formal trials of this outcome. Tasha enjoys eating and her meal time is very important to her. Tasha requires support during meal times, the recommended outcome will provide intentional time for Tasha to strengthen her self-advocacy skills by indicating her preference and build her choice making and communication skills.

Recommended replacement outcome: "Daily, Tasha will choose which lunch item she would like to eat first in 85% or more trials over the next year."

*Data collected on psychotropic medication and target symptom-related data including monitoring data, is sent to the expanded support team, at a minimum of quarterly, or as otherwise requested. This data is reported on *Psychotropic Medication Monitoring Data Report* form, please reference that document for more information. **N/A**

Description of the person's status

Health: Tasha has no health concerns at PAI this reporting period.

Medications & Protocols at PAI: *(Please review & notify PAI immediately if you identify any discrepancy in the information below)*

- **Seizure Protocol** - Call 911 for seizures greater than 5 mins. Provide comfort and rest as needed. Notify parents for any seizure activity.

What is currently important to the person and for the person: Things **important to** Tasha are Family (mom and dad), friends, peers, and staff, being social and involved throughout the day, staff and peers who understand her communication and needs, goofy and upbeat staff and peers, making decisions, spending time in the community and food. Things **important for** Tasha are care givers who take the time to listen to her needs and help her to problem solve when upset, her dietary orders, being as independent as she is able, using her communication skills and making choices.

Status of social relationships and natural supports: Tasha is a social lady and likes make others laugh with her jokes. Tasha likes to partake in a variety of activities with her friends and peers at Linden. Tasha also has strong natural supports in her family.

Recent inclusion and participation in the community: Due to COVID-19 Tasha has had limited opportunity to spend time in the community with PAI. PAI has only recently returned to participating in the greater community as restrictions have eased and vaccination rates have increased. Tasha did have the opportunity to go to Hobby Lobby. Tasha was filled with laughter as she toured Hobby Lobby with staff and her roommate. She would smile and laugh as staff found items and began to joke around about the items. She was very curious to see what Hobby Lobby had to offer and seemed to enjoy her visit.

New or ongoing opportunities for the development and exercise of functional and age-appropriate skills: Tasha has opportunities to develop and exercise age-appropriate skills throughout her day. Tasha participates in a Morning Meeting with her peers daily. Tasha helps to check the weather and learns about any national holidays and "This Day in History". Tasha participates in different game activities such as UNO, Phase 10, Sequence and other card/board games with peers. Tasha seems to enjoy the social aspect of group activities, she will laugh and joke around with others throughout the game. Tasha prefers upbeat and fast moving games and will laugh when another player experiences disappointment in the game. Tasha has made several national holiday crafts and participates in decorating the program room door for holidays. Tasha participates in sensory daily. Tasha enjoys lotion massages, bubbles and making/using sensory bottles and bags. Tasha consistently attends several group activities at PAI. Tasha enjoys Sports Group, particularly when the group is bowling or there is a close competition. Tasha also enjoys participating in weekly Music Therapy and Pet Therapy with her peers.

Decision making and choice: Tasha makes choices about her schedule, community activities, and daily activities. She is provided options throughout her day to make choices and decisions. She is supported to communicate those choices and her decisions are honored. Tasha communicates choices well when creating crafts or painting with hand over hand supports.

Personal Advocacy: Tasha is a strong personal advocate and will communicate when she has a need. Tasha is encouraged and supported in her communication to have her needs and desires met. It is important that she have support people around her that know her well and advocate for the needs and desires that she may not be able to communicate to the appropriate team members.

Communication: Tasha communicates with facial expressions, body language, and vocalizations. Tasha is able to answer yes/no questions verbally

Status of the person's civil and legal rights: Dale and Cindy Pohl are Tasha's private guardians and parents who advocate on her behalf as well as makes legal decisions with her. Tasha has no rights restrictions in place at PAI.

Other information as requested by the support team, please indicate: N/A

