



Name:	<b>Kim Varness</b>		
Age:	50	Birthday:	March 3 <sup>rd</sup>

<b>What people APPRECIATE about me:</b>	<b>What is IMPORTANT TO me:</b>	<b>How to SUPPORT me:</b>
<ul style="list-style-type: none"> <li>• My smile and contagious laugh</li> <li>• My love for walking</li> <li>• My love for chocolate pudding</li> <li>• My interest in trying new things</li> <li>• My genuine excitement when I see my favorite staff</li> <li>• My sneaky personality</li> <li>• My striking blue eyes</li> <li>• My appreciation for sensory</li> </ul>	<ul style="list-style-type: none"> <li>• Sensory integration, all day! I need staffs help to provide a lot of sensory input throughout my day or I will make my own by scratching or picking at myself.</li> <li>• That I be supported with a daily routine so I can anticipate what happens next and be more independent.</li> <li>• That I am given the time and space to do the things I can as independently as I can.</li> <li>• That I am given the chance to process the request that was given to me.</li> <li>• That I am spoken to in an upbeat tone of voice and not called by my full name. I prefer to go by Kim or Kimmy.</li> </ul>	<ul style="list-style-type: none"> <li>• Give me time and space to process and make decisions. I hate to be rushed and may spit at you or give you a warning lick if I feel like you are rushing me.</li> <li>• Help me to access a variety of safe and appropriate sensory options throughout the day.</li> <li>• Learn how to best communicate with me and understand my way of communication. – I am learning to use ASL yes and no signs and respond best when you use “First/Than” statements with me.</li> <li>• Encourage my independence and help me to stay physically active by walking.</li> </ul>