



Name:	Melanie Nyvold
Age:	34

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<ul style="list-style-type: none"> • I am personable and easy to talk to. • I am mellow and usually very flexible. • I am usually a good conversationalist. • I am a hard worker! • I am friendly and patient. • I am a great cook! • I have a great smile. • I am very helpful in the kitchen. 	<ul style="list-style-type: none"> • Spending time with my family at home is important to me. • It is important to me to work at US Bank. • Doing yoga at home and at work is important to me. • It is important to me to go to church at Immaculate. • My laptop is important to me. • I need to be able to go outside for 20 minutes when it gets too loud around me. 	<ul style="list-style-type: none"> • You can support me by giving me space when others are being loud or disruptive. • You can support me by helping me maintain my community job. • You can support me by giving me time to process. • Listen to my thoughts and opinions. • Please let me know if my routine is going to be changed. • You can support me by helping me keep my schedule and not to be late.

ONE PAGE PROFILE

