

ONE PAGE PROFILE



Name:	Sarah Poulsen
Age:	24

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<ul style="list-style-type: none"> • Sarah is pleasant, sweet, polite, friendly, and full of compassion for people. • Sarah loves music and has a great sense of humor. • Sarah likes to be helpful and is usually willing to jump in to help! • Sarah loves doing puzzles and word finds and has a keen eye for spatial awareness. • I enjoy lots of different kinds of foods. • Sarah is knowledgeable and has a fantastic memory. • Sarah has much more ability than she presents. • Sarah is determined and persistent! 	<ul style="list-style-type: none"> • It is important to me to be around people I am familiar with. • My family and friends are important to me! • A quiet environment is important to me. • Consistency in my schedule is important. • It is important to me to have the opportunity to work. • It is important to me to have choices and to have my choices be respected. • It is important to Sarah to be informed and aware of what is happening. 	<ul style="list-style-type: none"> • You can support me by being patient with me. • You can support me by helping me gain and maintain my independence. • You can support me by giving me choices and respecting them. • You can support me by giving me time to respond and process what you are saying to me. • You can support Sarah by writing or using pictures to help Sarah process information when/if she ever gets stuck doing so.