ONE PAGE PROFILE

Name:	Charlotte Jensen
Age:	30

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
Beautiful smile and amazing laugh Colorful and vibrant fashion sense Beautiful hair and her love for grooming Willing to try new things, even if for a short period of time. Willing to be assertive for the things she desires Her appreciation for the artist Adele and/or country music Outdoor enthusiast Inquisitive Love for food Strong need for independence	Manipulatives or someone to hold on to and touch throughout the day. Lunch time Snacks and beverages Being in a quiet space Relaxing in the recliner at least a few times a week. Her parents and family Having her hair brushed and styled Looking nice Visiting other rooms and friends Lotion massages Neck massages Going out to eat	Please encourage Charlotte to participate in activities and crafts. Charlotte prefers hand over hand assistance. Charlotte really enjoys having her hair brushed and styled. Help her to keep her appearance nice and groomed. Charlotte requires her food cut in bite sized pieces; make sure her food is prepared properly. During lunch, make sure she isn't putting too much food in her mouth or pocketing the food in her cheeks. Give Charlotte verbal reminders to slow down. Charlotte also may drink too quickly, help her drink safely. Charlotte may need quiet time and a quiet space during the day to relax. The recliner is her favorite place to relax.