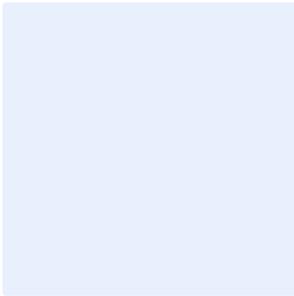
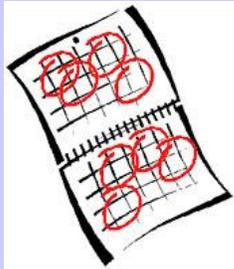
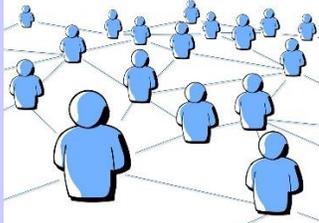


ONE PAGE PROFILE



| | |
|-------|------------------------|
| Name: | <i>Josie Hernandez</i> |
| Age: | 29 |

| What people APPRECIATE about me: | What is IMPORTANT TO me: | How to SUPPORT me: |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • I am social and like spending time with others. • My family is important to me. • I am active and enjoy getting out and have scheduled things to do.  | <ul style="list-style-type: none"> • My family. FAMILY • Staying busy and engaged- scheduled activities have a proven positive effect on my mental health. • Social events and socializing with peers.  | <ul style="list-style-type: none"> • I am a visual learner and when I am unsure how to do something, I get anxious. Show me how to do a new job or activity and stay close by until I am confident in what I am doing. • Be available to consult with me privately if I am having a bad mental health day and/or feeling anxious. |