



Coordinated Services and Supports Plan (CSSP)

ABOUT ME

PAUL T SCHWINGHAMMER

Assessment Date: 03/03/2021

Plan Dates: 03/02/2021 to 06/30/2022

Developed by: Madelyn Miller (952) 767-4890

Address: 2570 Holloway Ave. N
N. St. Paul, MN 55109

County: Ramsey

Home: (651) 738-6603 **Work:**

Other:

General Plan Notes:

Waiver Program: Rule 185

Annual Visit Date: 3/15/2021

Summary of waiver services: Paul is living in an ICF through REM Ramsey in North St. Paul. Paul also will be returning to PAI in White Bear Lake once he is able to.

Routines/Rituals: Paul visits his family usually once a month. Paul also goes out to dinner with his mom to Red Lobster or other restaurants monthly. Due to Paul's injury in January, Paul has been having physical therapy on Tuesday's and Thursday's to work on strengthening his legs. Once Paul is able to, he will return to PAI in the Recreation and Leisure Room called North Star.

Hopes, dreams, aspirations: Paul's hopes and dreams are to be able to watch TV, movies, listen to Beach Boys, dine out regularly with his mom, and continue living at REM for as long as he can.

Strengths, skills, and abilities: Paul is very good at accomplishing his goals at REM.

Community integration: Due to COVID, Paul isn't able to leave the house as often as he would like. When he is able to leave his home, Paul enjoys seeing family and going out to eat.

Housing Discussion: Paul is not interested in moving at this time.

Competitive employment discussion: Paul attends day program but is not able to attend right now due to COVID.

Natural Supports: Paul has support from his mom, brother, and other family members.

Informed choice: Paul, Lois (mom/guardian), and Patrick (brother/guardian) discussed all services Paul can receive on Rule 185. It was discussed that Paul will remain at REM Ramsey and once COVID is more controlled, Paul will return to PAI to their leisure room.

PERSON INFORMATION

Date of Birth: 01/17/1972 **Age:** 49 yrs

Emergency Contacts

Name	Relationship	Phone
Patrick Schwinghammer	Guardian/Legal Representative	(612) 220-5843
Lois Adrian	Guardian/Legal Representative	(651) 653-7900
Barnetta Anderson	Other Non-Relative	(651) 738-6603

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Patrick Schwinghammer	Private Guardian	4635 Xene Lane N., Plymouth, MN 55446	(612) 220-5843
Lois Adrian	Private Guardian	13 Fox Ridge Court Unit B West St. Paul, MN 55118	(651) 653-7900
Jennifer Halverson	Representative Payee	2266 2nd St N St. Paul, MN 55109	(651) 643-6770

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		06385972	
Medicare - Part A			
Medicare - Part B			
Medicare - Part D			

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 779-2500	Dr. Javid Akram (Aspen Medical Clinic/Allina Clinics)

Notes/Comments

Hospitals:

Woodwinds Hospital (for seizures or to be closer to Lois).

St. Johns Hospital

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Paul will continue living at REM home	02/28/2022		
Paul will return to PAI and community activities and events he enjoys once it is safe from COVID to do so	02/28/2022		
I will visit with my family as often as possible.	02/28/2022		Annually
I will continue to work on my goals with REM and accomplish them.	02/28/2022		Annually
I will remain on the waiting list for PAI until I am able to return to my program	02/28/2022		Annually

Action Steps for Goals:

What will the person do?

Paul and his guardians, Lois and Patrick, will meet with his case manager, face-to-face, a minimum of twice per year to evaluate his needs and services. Paul and his guardians will continue to update his case manager on any health changes that occur. Paul will continue to work with his providers to ensure continuity of care and him and his guardians will be as open as possible in communication about preferences and goals. Paul will cooperate with his caregivers who are advocating on his behalf.

3. Paul will coordinate with his family to find time to see each other. Paul will let his family know what activities he wants to participate in when they see one another.
4. Paul will create goals with REM and work towards accomplishing them.
5. Paul will coordinate with his staff at PAI and REM Ramsey to find when he can transition back to program.

What will the case manager do?

The case manager will continue meeting and coordinating services with Paul and his guardians, face-to -face, to review his CSSP and how goals are going. During all meetings, the case manager will continue providing Paul and his guardians the opportunity to choose his services and providers. The case manager will remind him and his guardians that they can reach out to the case manager as he needs changes to any of his services or service providers. The case manager will make referrals, as requested, as they are appropriate in meeting Paul's needs. The case manager will follow up with Paul, his guardians, and his providers about any questions regarding his services. The case manager will focus on being person-centered in providing services.

3. The case manager will encourage Paul to see family on a regular basis and do activities with them that he enjoys participating in.
4. The case manager will check-in semi-annually on Paul's goals with REM.
5. The case manager will coordinate with Paul's team to find when Paul should be returning to program.

What will others do?

Paul's informal supports will encourage, support, make decisions on his behalf, and advocate for him. Paul's supports will notify health care staff and his service coordinators of any changes in Paul's health. Paul's supports will allow him to define the relationship and level of support desired from his supports. Paul's mother and brother will communicate these things with the case manager.

3. Paul's informal supports will coordinate with Paul to meet with him on a regular basis. Paul's family will ensure that they are letting Paul participate in activities that he wants to.
4. Paul's informal supports will assist with creating goals for REM that Paul can work towards accomplishing.
5. Paul's informal supports will coordinate with Paul's team for when he will return back to PAI.

GUARDIAN(S): Guardians, Lois and Patrick, will continue to exercise their powers and responsibilities, unless stated differently in the guardianship order of: establishing place of abode (residential); care, comfort and maintenance needs; personal property; medical care; contracts; exercise supervisory authority; and assure eligibility for government benefits. They will complete their annual filing responsibilities as mandated by the court. They will work with Paul to build and maintain all skills to meet his goals and ensure all his health and safety needs are met. They will continue to provide ongoing encouragement and support to Paul on working to achieve his global goals/dreams. They will work with the Case Manager/Supervisor and the provider(s) to ensure they are working with Paul on his global goals/dreams.

What will the provider do?

Paul's providers will provide him the services as listed on his CSSP. Paul's providers will advocate for him to remain in his community of his choice if his health and safety needs are being met. Paul's providers will allow him to have independence and be person-centered in service delivery. The providers will communicate with the case manager regarding billing questions and concerns. The providers will assist Paul and his guardians in seeking out information that they need to make decisions about his care.

3. Paul's providers will assist in scheduling/coordinating when Paul wants to see his family.
4. Paul's providers will create goals that are attainable for Paul. They will encourage Paul to continue to accomplish his goals and create new goals for him on a regular basis.
5. Paul's providers will coordinate with Paul and his team to find when he should be returning to program.

RESIDENTIAL (REM North Oaks): Paul's providers will continue to coordinate and provide 24 hour awake supervision and support services that ensure all family members and license staff are implementing Paul's centered, consistent, constant, active programming which helps him accomplish his goals and dreams and life, of being happy, and being able to socialize with his mother and sibling and continue to participate in DT&H program. The provider supervisors will continue to monitor to ensure that their license staff are working together with Paul's family to ensure that he is being provided with 24 hour awake supervision and that his dental, medical, medication, health, community housing, employment, safety, etc., needs and wants are being met 24/7/365. Rem will continue to ensure that staff are trained in medication management and seizure protocols at home, in the community and at his DT&H program at PAI.

ADULT DAY SERVICES (PAI-Linden): PAI will continue to provide opportunities for Paul to engage with peers and the community. PAI will work with Paul to identify and access resources that allows for community engagement and integration. PAI will support him, so that he is able to continue attending. PAI will continue to offer Paul choices on what activity/ classroom he would like to participate with, who he would like to spend his time with and what community activities he would like to attend. PAI will remain up to date on Paul's medical needs and ensure proper seizure protocol is in place while he is at PAI.

SUMMARY OF PROGRAMS AND SERVICES

Program Type DD Rule 185/Related Condition	Start Date 03/02/2021	End Date 03/01/2022	Annual Amount \$0.00	Total Plan Cost \$3,478.50	Avg Monthly \$267.58
Case Manager/Care Coordinator Madelyn Miller		Case Manager/Care Coordinator Provider ID M473600700		Responsible Party Name Lois Adrian and Patrick Schwinghammer	
Program Notes					

Service Case Management/Service Coordination							
Start Date 03/02/2021	End Date 03/01/2022	Procedure Code	Frequency 3-Monthly	Units 150	Rate \$23.19	Avg Monthly \$267.58	Total Service \$3,478.50
NPI/UMPI A472013000	Status Pending	Provider Name MERIDIAN SERVICES INC		Funding Source County/Tribe		County of Service Ramsey	
Areas of Need Quality of Life, Supportive Services, Communications							
Support Instructions Case Manager will continue to support Paul and his team. CM will work with team to identify, access, and utilize programs/services that will benefit Paul.							
Service Notes							

Service							
DTH (county paid)							
Start Date 03/02/2021	End Date 03/01/2022	Procedure Code	Frequency 2-Weekly	Units 252	Rate	Avg Monthly	Total Service
NPI/UMPI	Status Pending	Provider Name		Funding Source County/Tribe		County of Service	
Areas of Need Employment/Training/Skill Building, Quality of Life, Supportive Services, Health Related/Medical, Communications							
Support Instructions PAI will continue to work with Paul, so that he continues to attend PAI.							
Service Notes Phoenix Alternative (Linden--Social and community activities) Paul attends PAI five days a week, for full Days.							

Service							
ICF-DD							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
03/02/2021	03/01/2022		1-Daily	365			
NPI/UMPI	Status	Provider Name		Funding Source		County of Service	
	Pending			County/Tribe		Ramsey	
Areas of Need							
Personal Security, Caregiver/Parent Support, Personal Assistance, Cognitive and Behavior Supports, Supportive Services, Quality of Life, Health Related/Medical, Self-Direction, Home Management, Communications							
Support Instructions							
Staff at REM will continue to work with Paul and support Paul. They will assist with his Activities of and Instrumental Activities of Daily Living. They will continue to provide support for peer and community engagement. Staff will encourage him to exercise, eat healthy, work on his goals (of money managing, learning safety procedures), and provide him with the least restrictive and safest environment. Staff will be trained on how to respond to Paul, if he should have a seizure, or choke. Staff will prepare meals, help cut his food into small portions, and pour liquids for Paul. Due to his poor vision, balance, unsteady gait, and risk for falls, staff will assist him in his transfers and mobility. Staff will schedule and take Paul to his appointments and to the community.							
Service Notes							
He lives with REM. at 2570 Holloway Ave N. North St. Paul, MN 55109.							

Program Type Developmental Disability Waiver	Start Date 07/01/2021	End Date 06/30/2022	Annual Amount \$135,030.90	Total Plan Cost \$135,030.86	Avg Monthly \$11,252.57
Case Manager/Care Coordinator Madelyn Miller		Case Manager/Care Coordinator Provider ID M473600700		Responsible Party Name Lois Adrian and Patrick Schwinghammer	
Program Notes					

Service Case Management - 15 Minutes							
Start Date 07/01/2021	End Date 06/30/2022	Procedure Code T1016 UC	Frequency 5-Flexible Use	Units 150	Rate \$23.19	Avg Monthly \$289.88	Total Service \$3,478.50
NPI/UMPI A472013000	Status Approved	Provider Name MERIDIAN SERVICES INC		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Quality of Life, Supportive Services							
Support Instructions Case manager will coordinate with Paul and team, provide resources, authorize services, and complete all renewal paperwork for DD waiver.							
Service Notes							

Service							
Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
07/01/2021	06/30/2022	T1016 TF UC	5-Flexible Use	24	\$9.39	\$18.78	\$225.36
NPI/UMPI	Status	Provider Name		Funding Source		County of Service	
A472013000	Approved	MERIDIAN SERVICES INC		DD Waiver		Ramsey	
Areas of Need							
Supportive Services							
Support Instructions							
Case aide will assist case manager with tasks.							
Service Notes							

Service							
Community Residential Services - Adult							
Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
07/01/2021	06/30/2022	S5140 UC U9	1-Daily	365	\$359.80	\$10,943.92	\$131,327.00
NPI/UMPI	Status	Provider Name		Funding Source		County of Service	
1477628758	Approved	REM RAMSEY INC		DD Waiver		Ramsey	
Areas of Need							
Support Instructions							
Service Notes							

RISKS

How will Health and Safety Issues be Addressed?

Mother/guardian reported Paul would not know how to address the situation with his guardian or staff. Paul will rely on others to help his build and maintain all skills necessary for his personal safety.

Mother/guardian reported Paul may be unable to put him safe in case of any emergency and his most common reaction will be freak out and do not response properly.

Paul needs care as a vulnerable adult. He needs to reside in a safe and protected environment in the least restrictive most normative setting possible.

Paul needs monitoring and supervision to ensure that his daily needs of living are being appropriately and adequately met. Paul is unable to independently respond to weather emergencies or fire.

AC: Regardless on the tasks, assessor recommends Paul needs to keep receiving from guardian and staff full assistance, to be successful in his personal safety skills.

Due to Paul's cognitive impairment he may not always realize somebody is not his friend or people do not have his best interest in mind. Paul may make poor decisions without supervision, and his decision-making ability may be more of a concern when his peers are around to influence him. Paul does not understand safety signs and street signs. He needs to get rides from others. He relies on others to provide him with a 24/7/365 day a year plan of care.

AC: Regardless of the tasks, assessor recommends Paul needs frequent support from family and staff to be successful in his safety and self-preservation skills.

Paul's primary doctor is Dr. Javid Akram from Aspen Medical Clinic/Allina Clinics. Paul and his guardian's preferred hospital if something were to happen is Woodwinds. Please contact Paul's case manager, Madelyn Miller (P: 952-767-4890; F: 952-767-4891; E:

mmiller@meridiansvs.com) if Paul is ever hospitalized and/or experiences a change in condition.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Paul is not able to protect herself from exploitation/abuse.	Paul can be victim of any kind of exploitation/abuse.	Paul needs a safe, wheelchair accessible, and protected environment, with a 24 hour plan of care delineating the provision of ongoing, daily care, supervision, monitoring, assistance, guidance, direction, training, and support, in his residential and vocational/day program environments to address all of his vulnerability concerns.
Paul is at risk for self-abuse, he may not have the ability to care for his self-help needs and lacks self-preservation skills.	He may cause himself unintentional self-harm.	Paul will be within visual or auditory range of staff/family. Privacy will be provided when using the restroom, but he may be assisted if he need assistance in the restroom.

Summary plan/agreement reached to address the identified risks:

Paul and his staff and mother/guardian are responsible for all aspects of life that Paul requires assistance and supervision. He needs a caregiver to supervise and maintain safety above and beyond that. Paul would need full assistance in an emergency situation due to his vision, hearing, medical and developmental delay issues.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Tornados: Go to small bathroom that has no windows

Fires: Meet by mailbox outside and they do fire drills monthly

Power Outages: Relocation plan-stay at hotel if needed

Key Contact Name	Relationship	Phone Number
Brian Greenwald	Program Director	(651) 643-6770
Lois Adrian	Mother/Guardian	(651) 675-9985
Patrick Schwinghammer	Brother/Guardian	(612) 220-5843
911		

Plan for emergency health events

If Paul should require emergency care, the plan is to call 911 and to admit him to Woodwinds

Key Contact Name	Relationship	Phone Number
Lois Adrian	Mother/Guardian	(651) 675-9985
Patrick Schwinghammer	Brother/Guardian	(612) 220-5843

Plan for unavailable staffing that puts the person at risk

If an unforeseen event were to make staffing unavailable, the primary caregiver or provider would attempt to secure immediate trained staff.

Key Contact Name	Relationship	Phone Number
Bernetta Anderson	REM House Coordinator	(651) 738-6603
Julie Geiving	REM Program Director	(763) 200-0444
911		