

ABOUT ME

MARY E BROMANDER

Assessment Date: 04/06/2021

Plan Dates: 06/01/2021 to 05/31/2022

Developed by: Dawn Kirchoff (000) 000-0000

Address: 1822 Dale Ct.

Roseville, MN 55113-6538

County: Ramsey

Home: (651) 488-1088

Work:

Other: (651) 266-4268

General Plan Notes:

CSSP TEMPLATE:

Waiver Program: I/DD

Annual Visit Date: 4/6/21

Hopes, dreams, aspirations: Mary is unable to communicate her dreams and desires, however, her team members feel that, given her likes, she would someday love to visit a tropical beach where she can feel the sand and hear the ocean while soaking up some loved sunshine.

Housing Discussion: Mary lives with ACR ICF/DD home in St. Paul, MN on Dale Court. She has lived in this home for over 10 years and has a long term relationship with both her roommates and staff. Mary shows no desire to move nor leave her home. IDT agrees that Mary's placement fits her needs quite well and provide Mary with a high quality of life through relationships and activity. Mary's guardian has no desire for Mary to move.

Community integration: Mary's home staff provide her with multiple opportunities to be in the community for walks, swimming, trips

to parks, out to eat, local markets and mini vacations, including hotel stays. Mary also travels with staff to their family homes on different holidays.

Competitive employment discussion: Mary and her guardian have no desire for her to participate in competitive employment opportunities. Rather, Mary enjoys participating in day time programming that provides her with social activity and community integration. Currently, Mary's day program attendance is on hiatus due to current pandemic, however, hopes to return in the next year.

Routines/Rituals & Strengths, skills, and abilities: Mary does not like winter weather, walking too far, being touched too much, large, noisy groups of people, being rushed, and hard time falling asleep the night before. A good day for Mary is being able to follow her known routine, eating breakfast in bed, being able to sit in the sunshine and relax and floating in the pool. Mary likes car rides, participating in crafts and games, and listening to different types of music. She likes watching/listening to Hallmark movies. Mary mostly enjoys being in her bedroom, especially her bed, versus being around her roommates in the living room or other shared space. Mary likes to go to the Como Conservatory. She tolerates being in/round parties but likes to be on the "outside" of the group and not in the middle of the socializing. She likes to observe more than actually participate with the mingling Mary continues to prefer not to interact with others, although she has demonstrated enjoying staff attention and observing a group activity. Mary is known to be an introvert.

Natural Supports: Mary is dependent on her staff to assist her into the community. However, she is frequently involved in neighborhood activities and neighbors are familiar and friendly to her. Mary always has a staff present with her.

Summary of waiver services: Mary is not on a waiver. Her services, ICF/DD are funded through MA. In addition, her Day program is paid by the ICF/DD funded through state services during the day option. Ramsey County continues to provide Rule 185 case management support to Mary. All of Mary's support allows her to continue living in the community. Case management continues to monitor and adjust Mary's service plan as her desires/needs change.

Informed choice: Mary's guardian is pleased and supportive of Mary's current support services. They are aware of other eligible services should Mary's needs/desires change. Options are presented and discussed at Mary's meetings. Mary, and her guardian participate in semi annual meetings. They can contact CM any time to add/adjust and/or remove services.

PERSON INFORMATION

Date of Birth: 10/12/1952 **Age:** 68 yrs**Emergency Contacts**

Name	Relationship	Phone
Katie Schultz / Ramsey County for MN Dept Human Services	Guardian/Legal Representative	(651) 266-4268
Susie Abramson - ACR Homes (1822 Dale Court Roseville, MN 55113)	Other Non-Relative	(651) 488-1088

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Katie Schultz / Ramsey County for MN Dept Human Services	Public Guardian	160 E. Kellogg Blvd., Rm 7800, St. Paul, MN 55101	(651) 266-4268

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	EX OVER AGE 65/NO SUB -TYPE	00444849	10/01/2017
Medicare - Part A			09/01/1985
Medicare - Part B			09/01/1985
Medicare - Part D			01/01/2006

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 342-1039	Dr. Heather Pett-Taylor / Bluestone Physicians, 270 Main St N #300, Stillwater, MN 55082

Notes/Comments

AUDIOLOGIST: Claudia Hawley (17705 Hutchins Dr. #105 Minnetonka, MN 55345) 952-474-2305

DENTIST: Dr. Cynthia Strand ĩ HCMC (701 Park Ave. Minneapolis, MN 55415) 612-873-3000

GERONTOLOGIST: Bethesda (559 Capitol Blvd. St. Paul, MN 55103) 651-326-2150

OPTOMETRIST: Dr. Baker (4105 Lexington Ave. Arden Hills, MN 55112) 651-490-3750

WHAT'S IMPORTANT TO THE INDIVIDUAL**Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Mary to continue to be healthy and safe.	05/31/2022		

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Mary to be encouraged to come outside as much as possible.	05/31/2022		
Mary would like to restart her PAI day program now that she has been vaccinated for COVID 19.	05/31/2022		
Mary would like to rent a local VRBO or Airbnb vacation home near her house in the next year.	05/31/2022		

Action Steps for Goals:

What will the person do?

Mary will continue to work with informal and formal supports to build and maintain all skills so she can work towards achieving her global goals/dreams of continuing to stay healthy/safe as well as be encouraged to come outside as much as possible.

What will the case manager do?

Current Case Manager/Supervisor will continue to coordinate informal and formal supports with Mary and ensure all her health and safety needs are met. Case Manager/Supervisor will contact the provider(s) on a regular basis to review progress towards goals/dreams and assist with any needed referrals and advocate on Mary's behalf. Case Manager/Supervisor will follow up to see if Mary is/has been working to achieve her global goals/dreams of continuing to stay healthy/safe as well as be encouraged to come outside as much as possible.

What will others do?

GUARDIAN(S): Guardian(s) will continue to exercise their powers and responsibilities, unless stated differently in the guardianship order of: establishing place of abode (residential); care, comfort and maintenance needs; personal property; medical care; contracts; exercise supervisory authority; and assure eligibility for government benefits. They will complete their annual filing responsibilities as mandated by the court. They will work with Mary to build and maintain all skills to meet her goals and ensure all her health and safety needs are met. They will continue to provide ongoing encouragement and support to Mary on working to achieve her global goals/dreams. They will work with the Case Manager/Supervisor and the provider(s) to ensure they are working with Mary on her global goals/dreams. Guardians will work with Mary to encourage her to continue to stay healthy/safe as well as be encouraged to come outside as much as possible.

REPRESENTATIVE PAYEE: Representative Payee will continue to assist with money management; assist with completion of all documents to maintain eligibility for state and federal benefit programs. They will work with Mary with ongoing support/encouragement, the guardians, Case Manager/Supervisor and the provider(s) to ensure they are working with Mary on her global goals/dreams.

What will the provider do?

PROVIDER(s) will continue to respectfully work with Mary to support/encourage, build, and maintain all skills to meet her goals and ensure all her health and safety needs are met. Providers will work with Mary on her global goals/dreams and be in regular contacts with the guardians and Case Manager/Supervisor on the progress of her goals/dreams. Provider(s) will work with Mary to continue to stay healthy/safe as well as be encouraged to come outside as much as possible.

RESIDENTIAL PROVIDER: Residential Provider will continue to work with Mary to build and maintain all skills to meet her goals and to ensure all her health and safety needs are met. Provider will work with Mary to encourage/support on her global goals/dreams and be in regular contacts with the guardians and Case Manager/Supervisor on the progress of her goals/dreams. Caregivers will work with Mary to help her work on continuing to stay healthy/safe as well as be encouraged to come outside as much as possible.

VOCATIONAL PROVIDER (DAY TRAINING AND HABILITATION/SUPPORTED EMPLOYMENT SERVICES): Vocational Provider will continue to work with Mary to build and maintain employment and vocational skills to meet her goals, and to ensure her health and safety needs are met during their scheduled time. Provider will work with Mary to encourage/support on her global goals/dreams and be in regular contacts with the guardians and Case Manager/Supervisor on the progress of her goals/dreams. Caregivers will work with Mary to her to work on continuing to stay healthy/safe as well as be encouraged to come outside as much as possible.

SUMMARY OF PROGRAMS AND SERVICES

Program Type DD Rule 185/Related Condition	Start Date 06/01/2021	End Date 05/31/2022	Annual Amount \$0.00	Total Plan Cost \$0.00	Avg Monthly \$0.00
Case Manager/Care Coordinator Dawn Kirchoff		Case Manager/Care Coordinator Provider ID A794498500		Responsible Party Name	
Program Notes					

Service Case Management/Service Coordination							
Start Date 06/01/2021	End Date 05/31/2022	Procedure Code	Frequency 5-Flexible Use	Units 275	Rate \$0.00	Avg Monthly \$0.00	Total Service \$0.00
NPI/UMPI	Status Approved	Provider Name		Funding Source County/Tribe		County of Service Ramsey	
Areas of Need							
Support Instructions							
Service Notes Case Management Services are provided by Ramsey County I/DD.							

Service							
DTH (county paid)							
Start Date 06/01/2021	End Date 05/31/2022	Procedure Code	Frequency 2-Weekly	Units 250	Rate \$0.00	Avg Monthly \$0.00	Total Service \$0.00
NPI/UMPI	Status Approved	Provider Name		Funding Source County/Tribe		County of Service Ramsey	
Areas of Need Employment/Training/Skill Building							
Support Instructions							
Service Notes DTH services are provided by PAI Linden, Inc and are funded through ICF/state (services during the day option)							

Service							
ICF-DD							
Start Date 06/01/2021	End Date 05/31/2022	Procedure Code	Frequency 1-Daily	Units 365	Rate \$0.00	Avg Monthly \$0.00	Total Service \$0.00
NPI/UMPI	Status Approved	Provider Name		Funding Source County/Tribe		County of Service Ramsey	
Areas of Need Personal Security, Employment/Training/Skill Building, Home Management, Health Related/Medical, Cognitive and Behavior Supports, Communications, Supportive Services, Personal Assistance, Quality of Life							
Support Instructions							
Service Notes ICF/DD is provided by ACR, Inc.							

RISKS

How will Health and Safety Issues be Addressed?

Mary requires a 24 hour plan of care and supervision; family/guardian/caregivers are responsible to ensure she is healthy and safe. Mary will do her best in letting others know if she is sick/ill or injured while family/guardian/caregivers will watch her for possible signs. Mary is always accompanied by family/guardian/caregivers while out in the community. Mary has a guardian who will advocate and make informed decisions on her behalf with respecting her wants/needs and goals/dreams. Mary has a representative payee who ensures her financial needs are met and that she is not being financial exploited. The Interdisciplinary Team will ensure that Mary's needs and wants are being tended to. Mary has a detailed paperwork from the county and provider(s) that documents all the needs required to assist Mary in supporting her in every area of her life. Current

Case Manager will continue to coordinate supports with Mary and her team to ensure all of her health and safety needs are met.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Mary may be vulnerable in all aspects of her life, including self neglect.	Mary may be taken advantage of by others. Mary may not be aware when she needs to go to a doctor, dentist, etc. resulting in a decline in her health, happiness, and ability to live the kind of life she wants to.	Formal Support Staff and family will provide Mary with 24 hour plan of care. Formal Support Staff and family will work with Mary to build all skills necessary to be healthy, happy, and living the life she wants to.

Summary plan/agreement reached to address the identified risks:

ACR ensures Mary's health and safety by utilizing a 24 hour plan of care and support for her needs. Mary has 24/7 staffing in addition to awake overnight staff. In addition, both ACR and PAI staff utilize an IAPP, SMA and CSSP to support Mary's needs.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Mary needs complete support to both identify and respond in an emergency. Mary is supported by a 24 hour plan of care and staff that assist her in an emergency. At her home, fire drills are reviewed monthly and severe weather drills reviewed quarterly. Mary's home maintains emergency flashlights and radio's in addition to awake night staffing. Her home also has identified a "sister" home in White Bear Township, in the event of a needed evacuation.

Key Contact Name	Relationship	Phone Number
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Key Contact Name	Relationship	Phone Number
Susie Abramson	ACR house supervisor	(612) 567-3501

Plan for emergency health events

Mary has guardianship to assist her with all health care decisions. Mary also has the support of her ICF/DD staff to assist in the event of a medical emergency. Mary's guardian should be contacted in the event of an emergency health care event. If the guardian can't be reached and it is after hours, emergency social services can be contacted.

Key Contact Name	Relationship	Phone Number
Katie Schultz	RCCHS Guardian for DHS	(651) 266-4268
Emergency Social Services	Guardianship Coverage	(651) 291-6795

Plan for unavailable staffing that puts the person at risk

Mary needs 24 hour support and supervisor. In the event of a staffing emergency, ACR supervisor/on call emergency should be contacted.

Key Contact Name	Relationship	Phone Number
Susie Abramson	ACR Supervisor	(612) 567-3501