



Coordinated Services and Supports Plan (CSSP)

ABOUT ME

REGINA V TURBES

Assessment Date: 07/20/2021

Plan Dates: 09/01/2021 to 08/31/2022

Developed by: Eric Antonson (651) 295-8753

Address: 1866 Furness Street

Maplewood, MN 55109-4831

County: Ramsey

Home: (651) 777-6349

Work:

Other:

General Plan Notes:

Waiver Program: ICF facility no waiver program

Annual Visit Date: 07/14/2021

Hopes, dreams, aspirations: Regina is not able to off an opinion, but her guardian would like her to keep living with her sisters and listening to music and having fun.

Housing Discussion: Current housing remains appropriate & all agree.

Community integration: Regina does get out with the home and her day program as able and with expected increases to her getting out as COVID 19 restrictions are easing up.

Competitive employment discussion: Regina attends a day program with no competitive employment and her guardian does not feel competitive employment is in her best interest.

Routines/Rituals: Regina lives with her sisters and is involved in activities in the home. She enjoys listening to music and drinking coffee.

Strengths, skills, and abilities: Regina has a great sense of humor, loves to sing, and participate in activities that involve music.

Natural Supports: Regina's sisters/brother are involved in her care plan and act as her guardians. She lives with two of her sisters and they are involved in many activities together.

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Summary of waiver services: no waived services. In ICF

Informed choice: yes discussed and no changes requested.

Regina is a 71-year-old woman who lives at Phoenix Residence- Furness with her two younger sisters in Maplewood. She prefers to go by Gina. She is friendly, social and likes interacting with people. She loves to tell "knock knock" jokes and when asked what she likes, she responded, "Coffee" "bubble bath." Gina loves being outdoors and out in the community to places such as zoo, dog park, and going out for coffee. She attended PAI, however, stopped attending due to the pandemic and is currently on the wait list to return to PAI. Gina does not like being over stimulated, too busy, any loud environments, or too many things coming her way. Gina does not like to wait long and can become anxious during transfers. Gina will be upset if others push her into doing something she does not want to do. Gina has a strong connection with her other siblings, whom often visits her or will facetime her. She enjoys seeing and being around her siblings.

Goals/Dreams: Family and faith is important to Gina. It is important for Gina to continue to be happy and participate in activities that she enjoys such as going out for coffee and bubble baths. Gina's guardians would like for Gina to do physical therapy and exercise to assist with her frozen shoulders.

Case Manager:

Ramsey County

CM: Eric Antonson

Phone: 651-295-8753

PERSON INFORMATION

Date of Birth: 03/08/1950 **Age:** 71 yrs

Emergency Contacts

Name	Relationship	Phone
Liz McCambridge	Sibling	(612) 722-2477
Thomas Turbes	Sibling	(651) 644-3493

Name	Relationship	Phone
Patricia Turbes	Sibling	(651) 434-2638

Notes/Comments

Decision Making Representatives

Name	Type of Authority	Address	Phone
Liz McCambridge	Private Guardian	2300 33rd Ave S. Mpls, MN 55406/ P.O. Box 167 McAllister, MT 59740	(651) 266-4275
Thomas Turbes	Private Guardian	2203 Selby Ave St Paul 55104	(651) 644-3493
Patricia Turbest	Private Guardian	175 Exeter Place St Paul MN 55104	(651) 434-2638

Notes/Comments

Regina's siblings are her guardians:
 Liz McCambridge/sister (612) 722-2744
 Address (Oct-May): 2300 33rd Ave South Mpls, MN 55406
 Address: (May-Oct): P.O.Box 167 McAllister, MT 59740
 Email: liz@carletonmccambridge.com

Thomas Turbes/brother (651)644-3493
 Address: 2203 Selby Ave St. Paul, MN 55104

Patricia Turbes-Mohs /sister (651) 434-2638 cell/ (651) 644-4456
 175 Exeter Place St. Paul, MN 55104
 Email: pattyturbesm@gmail.com

Health Insurance & Payers

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance	EX OVER AGE 65/NO SUB -TYPE	00569888	05/01/2015
Medicare - Part A			01/01/1984
Medicare - Part B			01/01/1984
Medicare - Part D			01/01/2006

Notes/Comments

Providers

Health Care Providers	Phone	Comments
Primary Physician	(651) 788-4444	Dr. Rossmiller/ Entira Family Clinics Como/Roseville (1050 Larpenteur Ave. W. St. Paul, MN 55113)
Specialty Clinic	(651) 770-1371	Dr. Richard Stanek / St. Paul Eye Clinic (100 Beam Professional Building 1675 Beam Ave. Maplewood, MN 55109)
Dentist	(612) 873-6963	Mary Seiroe/ HCMC (701 Park Ave. Minneapolis, MN 55415)

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Gina will continue to live at Phoenix- Furness home in Maplewood.	08/31/2022		
Gina wants to return to PAI for day program.	08/31/2022		
Gina will continue to be offered activities of her preferences to choose from.	08/31/2022		

Action Steps for Goals:

What will the person do?

Gina will continue to cooperate and participate with informal and formal supports to build and maintain all skills necessary to achieve her goals of having regular, ongoing opportunities to choose activities daily and continue to live at her home in Phoenix.

What will the case manager do?

Gina's case manager will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources, as available and appropriate, to support her goals of having regular, ongoing opportunities to choose activities daily and continue to live at her home in Phoenix. Case manager will continue to advocate for Gina's preferences and identified outcomes

What will others do?

Gina's co-guardians (Liz, Patricia and Thomas) will continue to respectfully work with her to build and maintain all skills to meet his goals and ensure all her health and safety needs are met.

Representative Payee will continue to assist with money management; assist with completion of all documents to maintain eligibility for state and federal benefit programs.

What will the provider do?

Providers will continue to work with Gina to build and maintain all skills to meet her goals and ensure all of her health and safety needs are met.

RISKS

How will Health and Safety Issues be Addressed?

Gina is considered a vulnerable adult and does not have adequate self-preservation skills. Gina requires full physical assistance from others to evacuate in an emergency. She lives in an ICF and relies on support staff for a 24-hour plan of care with support and assistance of awake night staff. Gina requires full physical assistance from others to evacuate in an emergency. Gina may verbalize back to another, but she is difficult to understand. Her behavior changes may be evident to staff. Gina requires a 24-hour plan of care and supervision; family/guardian/caregivers are responsible to ensure she is healthy and safe. Gina will attempt in letting others know if she is sick/ill or injured while family/guardian/caregivers will watch her for possible signs. Gina is always accompanied by family/guardian/caregivers while out in the community.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented

Summary plan/agreement reached to address the identified risks:

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Staff will assist Regina as needed depending on the location and situation. .

Key Contact Name	Relationship	Phone Number
Eric Antonson	Case Manager	(651) 295-8753

Key Contact Name	Relationship	Phone Number
Any Phoenix Alternatives staff	DTH Provider	(651) 748-0373
Margarita Godina	/State Guardianship	(651) 266-4275
Any Phoenix residence staff	Residential provider	(651) 777-6349

Plan for emergency health events

Staff will assist Regina as needed depending on the location and situation.

Key Contact Name	Relationship	Phone Number
Any Phoenix Alternatives staff	DTH Provider	(651) 748-0373
Eric Antonson	Case Manager	(651) 295-8753
Any Phoenix residence staff	Residential provider	(651) 777-6349
Margarita Godina	State Guardianship	(651) 266-4275

Plan for unavailable staffing that puts the person at risk

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Any Phoenix Alternatives staff	DTH Provider	(651) 748-0373
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