



DEPARTMENT OF  
HUMAN SERVICES

## Coordinated Services and Supports Plan (CSSP)

From: Nicole King

### ABOUT ME

**PIERRE MURRAY**

Fax: 16513647175

**Assessment Date:** 04/02/2021

**Plan Dates:** 06/01/2021 to 05/31/2022

**Developed by:** Nicole King (651) 364-7175

To:

**Address:** 3527 Tara Ln

Woodbury, MN 55125

**County:** Washington

**Home:** (651) 434-2560

**Work:**

**Other:** (651) 434-2560

**General Plan Notes:**

CASE MANAGER NAME AND PHONE NUMBER: Nicole King 651-364-7175

PROGRAM(S): *Developmental Disabilities (DD) Waiver & Personal Care Assistance*

Fax: (651) 748-5071

CASE MIX: J

Waiver Program: DD

Annual Visit Date: May

**Routines/Rituals:** Pierre is in the chair on and off throughout the day and week. Because of Covid he is spending all of his time at home and isn't attending is day program at Phoenix Alternatives. This is to make sure Pierre doesn't get sick. Now being at home the days consist of laying back and relaxing, watching tv/movies, listen to different things on the headphones and will enjoy different treats throughout the day. They will go outside every now and then for some fresh air especially with the nicer weather coming. Valerie and Troy help Pierre with all his needs throughout the whole day.

**Social, leisure, or religious activities:** Pierre loves being around the dog at the house and dogs in general. Pierre loves to be around children, his niece will come over and sit with him and he just laughs and enjoys being around her the whole time. Pierre loves to spend time and interact with his family.

**Strengths, skills, and abilities:** Valerie says that a strength of Pierre' is that he is respectful and will greet everyone with his eyes and smile.

**Hopes, dreams, aspirations:** Valerie says Pierre hopes to continue interacting and being around his family as much as he can be.

**Housing Discussion:** Pierre lives in Woodbury with his sister Valerie and her husband Troy and his brother. They are planning on staying here for awhile and no

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thoughts of moving anytime soon.

Community integration: Covid has slowed the interactions the Pierre gets to have but normally they would get outside a little.

Competitive employment discussion: Pierre isn't looking for a job. Pierre would normally attend Phoenix Alternatives to do different activities there but is on pause due to Covid-19.

Natural Supports: Pierre has his whole family who support him formally and informally. His sister Valerie, her husband Troy, his brother and Valerie's two children.

Health: Valerie would rate Pierre's health as overall pretty good. There have been no big health issues or hospital visits. They have kept away from covid and will continue their best to keep away. There have been small colds here and there that Valerie has managed to keep small.

**Needs:**

Pierre needs full help with eating, dressing, bathing, mobility, personal hygiene, positioning, toilet use, transfers, phone, finances, housework, meal preparation, laundry, medication management, transportation, and shopping. Valerie and Troy help Pierre with all of his needs at all times of the days.

Choice of Hospital: Ramsey Hospital of St. Paul

Informed choice: Pierre is non-verbal, so Valerie answered the questions on behalf of Pierre and agreed with everything we went over.

**Summary of waiver services:**

Personal care assistant through northwest home health care. Valerie is personal care assistant through this company.

Day Program at Phoenix Alternative and transportation.

Personal Support (will now be called individualized home supports without training)

Respite

Will look at possibly seeing if the door to the patio can be widened and adding a ramp.

**PERSON INFORMATION**

**Date of Birth:** 01/30/1988 **Age:** 33 yrs

**Emergency Contacts**

Name	Relationship	Phone
Valerie Alexander	Guardian/Legal Representative	(651) 434-2560

**Notes/Comments**

**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Valerie Alexander	Private Guardian	3527 Tara Ln. Woodbury, MN 55125	(651) 434-2560
Valerie Alexander	Representative Payee	3527 Tara Ln. Woodbury, MN 55125	(651) 434-2560

**Notes/Comments**

**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medicare - Part A		9PQ6WR8HV56	03/01/2008
Medicare - Part B		9PQ6WR8HV56	03/01/2008
Medical Assistance		03197387	04/01/2006
Medicare - Part D		9PQ6WR8HV56	03/01/2008

**Notes/Comments**

**Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 241-3000	Dr. Gary Konkol - Allina Health 8675 Valley Creek Rd, Woodbury, MN 55125
Specialty Clinic	(651) 290-8707	Gillette Specialty--Neurologist
Pharmacy	(651) 290-8707	Walgreen's--Woodbury
Other	(651) 275-7297	Renee Kenowski--Washington County
Psychiatrist	Financial Worker	
	(651) 714-9646	Nystrom & Assoc.--Woodbury

**Notes/Comments**

## WHAT'S IMPORTANT TO THE INDIVIDUAL

### Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Per Pierre's sister/guardian as Pierre does not use words to communicate. To be more verbal.			Semi annually
Pierre loves going to Phoenix Alternatives and wants to continue going to PAL at least 4 days per week, while having Mondays off.			Semi annually
With the help from staff at PAL, Pierre would like to go on community outings with peers 3 times per month			Semi annually

### Action Steps for Goals:

#### What will the person do?

- Goal 1: Pierre will work on ways to communicate himself.
- Goal 2: Pierre will attend Phoenix Alternatives once the family feels it is safe for him to return.
- Goal 3: When Pierre returns to Phoenix Alternatives he will go with staff to outings.

**What will the case manager do?**

Case Manager will monitor, coordinate, evaluate, and authorize services to meet Pierre's Health and safety needs, and goals.

Case Manager will meet with person semi-annually face to face. Case Manager will meet with person face to face, via phone, and email as needed.

**What will others do?** Family and friends will continue to support Pierre in the home and community. They will continue to help him work towards his goals. They will encourage Phoenix Alternatives when feeling it is safe to return.

**What will the provider do?**

Northwest personal care assistant will make sure to help Pierre with all of his needs and continue working with him on being more verbal.

Partners in community support will continue to provide updates to Valerie and Troy on their hours so they can properly help Pierre.

Phoenix Alternatives will help Pierre attend outings when he returns.

## SUMMARY OF PROGRAMS AND SERVICES

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Developmental Disability Waiver	06/01/2021	05/31/2022	\$0.00	\$133,117.46	\$11,093.12
<b>Case Manager/Care Coordinator</b>		<b>Case Manager/Care Coordinator Provider ID</b>		<b>Responsible Party Name</b>	
Nicole King		A659660100		Valerie Alexander	
<b>Program Notes</b>					

**Service**  
Case Management – 15 Minutes

<b>Start Date</b>	<b>End Date</b>	<b>Procedure Code</b>	<b>Frequency</b>	<b>Units</b>	<b>Rate</b>	<b>Avg Monthly</b>	<b>Total Service</b>
06/01/2021	05/31/2022	T1016 UC	5-Flexible Use	120	\$23.19	\$231.90	\$2,782.80
<b>NP/UMPI</b>	<b>Status</b>	<b>Provider Name</b>		<b>Funding Source</b>	<b>County of Service</b>		
A683188100	Pending	BESTVIEW CARE OPTIONS LLC		DD Waiver	Washington		

**Areas of Need**  
Communications

**Support Instructions**

DD waiver case management will provide ongoing services coordination and monitoring. Case Manager will be focal point to which services are discussed, reviewed, and approved. Case Manager will also serve as the conduit to which conflicts are resolved.

**Service Notes**

**Service**  
Case Management Aide (Paraprofessional) - 15 Minutes

<b>Start Date</b> 06/01/2021	<b>End Date</b> 05/31/2022	<b>Procedure Code</b> T1016 TF UC	<b>Frequency</b>	<b>Units</b> 24	<b>Rate</b> \$9.39	<b>Avg Monthly</b> \$18.78	<b>Total Service</b> \$2225.36
<b>NPI/UMPI</b> A683188100	<b>Status</b> Pending	<b>Provider Name</b> BESTVIEW CARE OPTIONS LLC		<b>Funding Source</b> DD Waiver		<b>County of Service</b> Washington	

**Areas of Need**  
Supportive Services

**Support Instructions**

Paraprofessional will perform administrative tasks such as clerical, data entry, mailing, filing, and faxing.

**Service Notes**

**Service**

Day Support Services - 15 Minutes

Start Date	End Date	Proced Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T2021	5-Flexible Use	1716	\$5.68	\$812.24	\$9,746.88
<b>NPI/UMPI</b> M784481600	<b>Status</b> Pending	<b>Prder Name</b> PHOENILTERNATIVES INC		<b>Funding Source</b> DD Waiver		<b>County of Service</b> Washington	
<b>Areas of Need</b> Employment/Training/Skill Building							
<b>Support Instructions</b> DT&H partial day to provide service fchen Pierre does not attend full days.							
<b>Service Notes</b>							

**Service**  
Individualized Home Supports without Training 1.1 - 15 Minutes

<b>Start Date</b> 06/01/2021	<b>End Date</b> 05/31/2022	<b>Procedure Code</b> S5135 UC	<b>Frequency</b> 5-Flexible Use	<b>Units</b> 4176	<b>Rate</b> \$7.16	<b>Avg Monthly</b> \$2,491.68	<b>Total Service</b> \$29,900.16
<b>NP/UMPI</b> A705719900	<b>Status</b> Pending	<b>Provider Name</b> PARTNERS IN COMMUNITY SUPPORTS INC		<b>Funding Source</b> DD Waiver	<b>County of Service</b> Washington		
<b>Areas of Need</b> Communications, Supportive Services, Personal Assistance, Quality of Life							
<b>Support Instructions</b> Personal support staff will provide personal care, companionship, and supportive services for Pierre either in his home and/or out in the community. They will also help with any tasks that Pierre may need.							
<b>Service Notes</b> Personal support for 40 hours each week during summer (4months) and 12 hours a week outside of summer							

**Service**  
Personal Care Assistance (PCA) - QP supervision - 15 Minutes

Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T1019 UA	3-Monthly	96	\$7.82	\$62.56	\$750.72
<b>NPI/UMPI</b> A642670100	<b>Status</b> Pending	<b>Provider Name</b> NORTHWEST HOME HEALTH CARE SVCS LLC		<b>Funding Source</b> DD Waiver		<b>County of Service</b> Washington	

**Areas of Need**  
Supportive Services

**Support Instructions**  
Personal care assistant Supervision to provide personal care assistant support.

**Service Notes**  
8 units a month

**Service**  
Personal Care Services (PCA) - Complex

Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	11/30/2021	T1019 TG	5-Flexible Use	4183	\$4.78	\$3,332.46	\$19,994.74
<b>NP/JUMPI</b> A642670100	<b>Status</b> Pending	<b>Provider Name</b> NORTHWEST HOME HEALTH CARE SVCS LLC		<b>Funding Source</b> DD Waiver	<b>County of Service</b> Washington		
<b>Areas of Need</b> Supportive Services, Personal Assistance, Quality of Life, Home Management, Cognitive and Behavior Supports							
<b>Support Instructions</b> Personal care staff will provide support to Pierre in the areas of activities of daily living.							
<b>Service Notes</b> PCA is split into 2 6 month lines							

**Service**  
Personal Care Services (PCA) - Complex

Start Date	End Date	Procedure Code	Agency	Unit	Avg Monthly	of
12/01/2021	05/31/2022	T1019 TG		41	\$3,314.13	of
<b>NPI/UMPI</b> A642670100	<b>Status</b> Pending	<b>Provider</b> NORTHWEST HEALTH CARE'S LLC	<b>Agency</b> TIME	<b>Unit</b> div	<b>FunSe</b>	<b>County</b> div

**Areas of Need**  
Supportive Services, Personal Assistance, Qiv of Life, Cogrencavior Supportsrne Management

**Support Instructions**

**Service Notes**  
Personal care assistant is split into 2 lines 6 months  
Units for 40 hours a week

**Service**  
Respite Care Services, In Home - 15 Minutes

Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	S5150		6640	\$6.54	\$3,618.80	\$43,425.60
<b>NPI/UMPI</b> A705719900	<b>Status</b> Pending	<b>Provider Name</b> PARTNERS IN COMMUNITY SUPPORTS INC		<b>Funding Source</b> DD Waiver		<b>County of Service</b> Washington	

**Areas of Need**

Quality of Life, Health Related/Medical, Personal Assistance, Cognitive and Behavior Supports, Home Management, Supportive Services

**Support Instructions**

Respite will provide care and assistance the areas of all needs as well as health related/medical. This will provide caretaker relief as needed.

**Service Notes**

Respite will be 40 hours a week beside 4 summer months where it will be 12

**Service**  
Transportation - Per One Way Trip

Start Date	End Date	Procedure Code	Frequency	Units	Rate	Avg Monthly	Total Service
06/01/2021	05/31/2022	T2003 UC	5-Flexible Use	208	\$30.80	\$533.87	\$6,406.40
<b>NPI/UMPI</b> M784481600	<b>Status</b> Pending	<b>Provider Name</b> PHOENIX ALTERNATIVES INC		<b>Funding Source</b> DD Waiver		<b>County of Service</b> Washington	
<b>Areas of Need</b> Supportive Services							
<b>Support Instructions</b> DT&H partial day transportation.							
<b>Service Notes</b>							

**RISKS**

**How will Health and Safety Issues be Addressed?**

All health and safety needs are addressed by guardian and staff/providers as Pierre is not able to call 911 or get out of an emergency situation on his own. Pierre requires 24 hour supervision and can never be left alone.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
<p>Pierre has a swallowing and choking concern. Pierre needs to use thickening agent for liquids and monitored while eating food.</p>	<p>Pierre could choke if he has an issue with any food or liquids. If he chokes it could lead to other issues.</p>	<p>Pierre can only eat or drink when being supervised.</p>
<p>Pierre is a vulnerable adult who is non-verbal and at risk for physical, verbal, sexual and financial abuse.</p>	<p>Pierre is non-verbal so he wouldn't be able to report. Pierre could react negatively and lash out at others physically. Pierre could get hurt if not monitored to prevent abuse.</p>	<p>Pierre family, staff and caregivers will monitor and be around Pierre to prevent any type of abuse,</p>

**Summary plan/agreement reached to address the identified risks:**

It is important for Pierre to have a 24 hour plan of care. He will have 12 hours/day of PCA in his home and he will also receive care as needed at PAI, his day employment/program.

**Emergency & Back Up Plans**

**Plan for unforeseen events (e.g, weather, storms, power outages)**

Contact Valerie Alexander

Key Contact Name	Relationship	Phone Number
Valerie Alexander	Guardian	(651) 434-2560

**Plan for emergency health events**

Call 911 or Call Valerie Alexander

Key Contact Name	Relationship	Phone Number

Key Contact Name	Relationship	Phone Number
Emergency Response	Emergency Response	(911) 000-0000
Valerie Alexander	Guardian	(651) 434-2560

**Plan for unavailable staffing that puts the person at risk**

Call Valerie Alexander or 911

Key Contact Name	Relationship	Phone Number
Valerie Alexander	Primary Caregiver	(651) 434-2560