

## ABOUT ME

### SARA J VALENTO

**Assessment Date:** 05/26/2021

**Plan Dates:** 07/01/2021 to 06/30/2022

**Developed by:** Deanna Kepler (952) 737-6224

**Address:** 3516 White Bear Ave

White Bear Lake, MN 55110

**County:**

**Home:** (651) 779-4301

**Work:**

**Other:**

**General Plan Notes:**

**Waiver Program:** ICF/DD and Rule 185 Case Management

**Annual Visit Date:** 6/15/2021, MnChoices: 6/15/2021, semi-annual month: November

**Hopes, Dreams, Aspirations:** Staying home during the pandemic was hard on Sara, so she dreamed of going back to PAI and also resuming "normal" activities. Sara looks forward to going on walks and participating in music therapy. Sara also aspires to win the hearts of those around her with her personality.

**Housing Discussion:** Sara enjoys living at Axis and she does not want to make any changes to her housing at this time.

**Community Integration:** Sara does feel integrated in her community. She loves going for walks with staff around her neighborhood.

**Competitive Employment Discussion:** Sara receives day support services with PAI. At this time, Sara is not interested in competitive employment. She does not want to make changes to her day support services at this time. Sara is a gifted artist and she has sold several pieces of her art.

**Routines/Rituals:** Sara enjoys going to PAI during the weekdays. After work, Sara likes to be out in nature and she likes to keep moving and going for walks with staff. Sara also enjoys going to the mall.

**Strengths, Skills, Abilities:** Sara's strength is getting her way. She is very charming and will learn new staff's names very quickly, and likes to play the sweet and innocent role. She has a big smile and an infectious laugh. Sara also likes to be a part of the action and be a part of the group for whatever is going on. Sara is considered non-verbal, but she has a way to get her point across through vocalizations, expressions, gestures, laughter and crying. Sara is trying to learn new vocabulary.

**Natural Supports:** Sara's natural supports are her family, her mother Linda Vinella, step-dad, Dick, and brother, Steven. Sara really enjoys going to visit Steven. Sara has friends and staff at Axis and PAI.

**Summary of Waivered Services:** Sara is not on a waiver, she lives in an ICF/DD with Axis. Sara gets Day support services from Phoenix Alternatives. Sara also receives Rule 185 Case management from Fraser.

**Informed Choice:** Sara and her mother have spoken with the Case Manager regarding other services. They are very happy with what Sara is receiving, but should that change, they know that they can come to their Case Manager who will show them other options and resources Sara could qualify for.

## PERSON INFORMATION

**Date of Birth:** 01/30/1993 **Age:** 28 yrs

### Emergency Contacts

Name	Relationship	Phone
Linda Vinella	Guardian/Legal Representative	(651) 214-0173

### Notes/Comments

**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Linda Vinella	Private Guardian	13126 Europa Trl N , Hugo MN 55038	(651) 214-0173

**Notes/Comments****Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		01325665	

**Notes/Comments****Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 426-6405	Dr. Dale Duthoy, Entira Family Clinics, 4786 Banning Avenue, White Bear Lake, MN 55110
Specialty Clinic	(651) 290-8707	Dr. Jill Suzanne Gettings, Spine doctor, 200 University Avenue, Saint Paul, MN 55101
Other	(651) 232-7000	Saint John's Hospital, 1575 Beam Avenue, Maplewood, MN 55109
Preferred Hospital		

**Notes/Comments**

## WHAT'S IMPORTANT TO THE INDIVIDUAL

### Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting

### Action Steps for Goals:

**What will the person do?** Sara will continue to work with family and staff support to build and maintain all skills so she can continue living in her current home, attending her day program, continue to be an active member of her community, and continue working on her communication and language skills.

### What will the case manager do?

Sara needs case management services to assist with the following:

- Annual reviews of service plan

- Assisting in the identification of potential providers

- Assisting to access services

- Coordination of services

- Development of a service plan

- Evaluation and monitoring of the services identified in the plan

- Informing Sara of service options

- Solving conflict or disagreement within the process, including any conflict of interest guidelines for planning participants

The case manager will provide options, resources, answer questions, authorize services, and discuss the service plan with Sara and their team at least annually. The case manager will meet with Sara every six months to discuss services, coordinate with team members, and communicate as needed throughout the year. Sara can contact their case manager, Deanna Kepler, at 952-737-6224, to request changes be made to their plan.

### **What will others do?**

Sara's FAMILY will provide informal supports to ensure Sara's health and safety needs are met, as well as help her build and maintain all skills so she can continue living in her current home, attending her day program, continue to be an active member of her community, and continue working on her communication and language skills.

Linda Vinella, Sara's GUARDIAN will continue to exercise their powers and responsibilities, unless stated differently in the guardianship order, of: establishing place of abode (residential); care, comfort and maintenance needs; personal property; medical care; contracts; exercise supervisory authority; and assure eligibility for government benefits; They will complete their annual filing responsibilities as mandated by the court. They will work with Sara to build and maintain all skills so she can continue living in her current home, attending her day program, continue to be an active member of her community, and continue working on her communication and language skills. and ensure all her health and safety needs are met.

AXIS, Sara's REPRESENTATIVE PAYEE will continue to assist with money management; assist with completion of all documents to maintain eligibility for state and federal benefit programs.

### **What will the provider do?**

AXIS, Sara's RESIDENTIAL services provider will continue to work with Sara to build and maintain all skills so she can continue living in her current home, attending her day program, continue to be an active member of her community, and continue working on her communication and language skills, and to ensure all her health and safety needs are met.

PAI, Sara's VOCATIONAL services provider will continue to work with Sara to build and maintain employment and vocational skills so she can continue, attending PAI, continue to be an active member of her community, and continue working on her communication and language skills, and to ensure her health and safety needs are met during their scheduled time.

## SUMMARY OF PROGRAMS AND SERVICES

<b>Program Type</b> DD Rule 185/Related Condition	<b>Start Date</b> 07/01/2021	<b>End Date</b> 06/30/2022	<b>Annual Amount</b> \$0.00	<b>Total Plan Cost</b> \$0.00	<b>Avg Monthly</b> \$0.00
<b>Case Manager/Care Coordinator</b> Deanna Kepler		<b>Case Manager/Care Coordinator Provider ID</b> A697110000		<b>Responsible Party Name</b> Axis	
<b>Program Notes</b>					

<b>Service</b>							
Active Treatment/Habilitation							
<b>Start Date</b> 07/01/2021	<b>End Date</b> 06/30/2022	<b>Procedure Code</b>	<b>Frequency</b> 5-Flexible Use	<b>Units</b> 250	<b>Rate</b> \$0.00	<b>Avg Monthly</b> \$0.00	<b>Total Service</b> \$0.00
<b>NPI/UMPI</b> A308360800	<b>Status</b> Pending	<b>Provider Name</b> PHOENIX ALTERNATIVES INC		<b>Funding Source</b> County/Tribe		<b>County of Service</b> Ramsey	
<b>Areas of Need</b>							
Employment/Training/Skill Building							
<b>Support Instructions</b>							
<p>Sara attended WBL South Campus for High school. She then went to WELS SOUTH for her transition program. She graduated from public education in June 2014. She currently attends PAI 5x a week. Sara currently lives in an ICF run by AXIS in White Bear Lake. Sara and her mother are very happy with the services that Sara are receiving from Axis. Sara recently moved into a bigger room in the house. Sara and her mother like the core group of long-term staff that know Sara very well. Linda also reported that she likes the continuity of staff and care that Sara's receives as other things she likes about Axis and things that are important to her for Sara's care. She also likes that staff are serious about providing notorious, home cooked meals for Sara and her housemates. The house is usually clean home. The staff care about Sara and her wellbeing. There was nothing that Linda reported she wanted change, but she did have a wish: If AXIS could expand the parking lot and expand the bathroom that would be great; but these are not deal breakers for Sara living in the house. She gets great service and these changes would make it easier for staff to care of Sara. "Happy staff means Happy SARA." -DK, 7/02/2021</p>							
<b>Service Notes</b>							

## RISKS

### How will Health and Safety Issues be Addressed?

Sara lacks self-preservation and safety skills. Sara is not able to identify emergencies or hazards in her environment. Due to Sara’s mobility and cognitive delay, Sara needs assistance to safely evacuate during emergencies or drills. She is not able to identify herself, her staff or seek out help if lost or injured Sara is not able to indicate if she is ill or injured. Her caregivers observe her for changes in her behavior and appearance for signs of illness or injury. Sara has no ability to call out for help or move herself to a safe place and relies on others for her safety. Sara is very vulnerable and should not be left alone in the home and needs to be accompanied by an adult at all times while in the community.

If someone was trying to verbally, she would not do anything. If someone was trying to physically try to hurt her, she may scream. Sara is not able to identify any forms of abuse. She relies on her support staff and her family to protect her from all forms of abuse including financial abuse. She relies on her support network to make vulnerable all reports on her behalf.

AXIS staff and her family provide 24-hour plan of care with overnight awake supervision for Sara. PAI provides a 24-hour plan of care. This is the appropriate level of supervision for Sara.

Sara needs a guardian, rep payee, and support services staff to help ensure her basic needs are met.

Her mother, Linda Vinella, acta as her court appointed guardian and helps her make legal decisions.

AXIS, Inc, acts as her rep payee and works with her guardian to complete all paperwork for her government benefits.

Her Guardian and AXIS work together to ensure Sara’s basic needs are met, i.e. food, shelter, and clothing.

She has an IDD case manager that works with the team to ensure her services needs are being met by providers.

Her team works together to protect Sara as a vulnerable adult.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Sara is a vulnerable adult and at risk for verbal, physical, and financial exploitation.	Verbal, physical, financial exploitation.	Sara has a 24 hour plan of care with family and staff supports to ensure all of his health and safety needs are met.

**Summary plan/agreement reached to address the identified risks:**

Sara has a 24 hour plan of care to ensure all of her health and safety needs are met, that she and her team work together to create and follow.

**Emergency & Back Up Plans****Plan for unforeseen events (e.g, weather, storms, power outages)**

In the event of an unforeseen emergency, staff will follow all company policies and procedures. Once Sara is in a safe place and staff is able to do so, they will contact Sara's guardian regarding incident.

Key Contact Name	Relationship	Phone Number
Kaila Peel	Program Supervisor, Axis	(651) 779-4301
Linda Vinella	Mother/Guardian	(651) 214-0173
Briana Hintzman	Program Coordinator, PAI Linden	(651) 777-5622

**Plan for emergency health events**

In the event of a medical emergency, staff will follow all company procedures and policies. Staff will call 911. Sara's primary doctor is at Entira Clinic in Vadnais heights MN and her preferred hospital is Saint John's in Maplewood MN. Staff will call Sara's guardian regarding emergency. Once the threat of emergency has subsided, staff will notify Sara's Case Manager regarding any Emergency Room visits or Hospital Admittance.

Key Contact Name	Relationship	Phone Number
Saint John's Hospital	Preferred Hospital	(651) 232-7000
Linda Vinella	Mother/Guardian	(651) 214-0173
Deanna Kepler	Case Manager, Fraser	(952) 737-6224

**Plan for unavailable staffing that puts the person at risk**

In the event of a staffing emergency, staff will notify supervisor.

Key Contact Name	Relationship	Phone Number
Kaila Peel	Program Supervisor, Axis	(651) 779-4301
Briana Hintzman	Program Coordinator, PAI Linden	(651) 777-5622