

ONE PAGE PROFILE



Name:	Teresa Turbes
Age:	66

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<ul style="list-style-type: none"> • My beautiful smile and my laugh • My enthusiasm during activities, especially arts and crafts projects and movement activities • My positive attitude • My strong opinions about things I like and dislike • I am a great dancer and love music and singing 	<ul style="list-style-type: none"> • My string • Being comfortable in my chair • Observing and participating in activities of my choice • Being in social environments • Music and Pet Therapy • Walking with the PAI volunteer, Jim • Community outings of my choice • Playing games with preferred staff • Having music in my life daily – especially if someone sings to me • Being independent • Preferred foods (I love bananas) and beverages • Personal space when I am upset 	<ul style="list-style-type: none"> • Encourage me to sit upright in my chair and reposition as needed • Offer me alone time when I use the restroom • Assist me to relax in the recliner • Give me plenty of time to make decisions • Make sure my food and beverages are the right consistency