

<b>SERVICE OUTCOME AND SUPPORT</b>	
<p><b>Name:</b> Ann Strassburg</p> <p><b>Date of development:</b> May 24, 2021</p> <p><b>Projected start date for implementation:</b> May 26, 2021</p> <p><b>Date by which progress towards accomplishing the outcome will be reviewed and evaluated:</b> Progress is reviewed quarterly by designated coordinator and evaluated at minimum annually by team.</p>	<p><b>Outcome #:</b> 1</p>
<p><b>Outcome statement with measurable and observable criteria for outcome achievement:</b> Ann will research and find a healthy recipe once a week, 75% of trials until next review.</p>	
<p><b>Methods or actions that will be used to support the person and to accomplish the outcome:</b> Ann has the goal of improving her health and living a healthier lifestyle by making better food decisions. Ann's is counting carbs and working on caring for her diabetic health and blood pressure.</p> <ol style="list-style-type: none"> <li>1. iPads are available at PAI for Ann to use during free/down time.</li> <li>2. Once a week, Ann will use the internet to find a healthy recipe that she would be interested in making at home.</li> <li>3. Ann will independently approach staff and show them the recipe she found. Staff will help Ann print the recipe out.</li> <li>4. If Ann has not done this independently by the end of the day Thursday, staff will remind Ann of her outcome Friday morning.</li> </ol>	
<p><b>Changes or modifications necessary to the physical and social environments:</b> N/A</p>	
<p><b>Equipment and/or materials required:</b> Internet access and an iPad provided by PAI.</p>	
<p><b>Techniques that are used that are consistent with the person's communication mode:</b> Ann communicates verbally and takes verbal direction well. Ann can ask staff for help finding good sites with recipes as needed. Staff will verbally remind Ann of her outcome if not completed independently.</p>	
<p><b>Techniques that are used that are consistent with the person's learning style:</b> Ann learns best through verbal direction. Ann is well versed in how to use the iPad but may struggle finding sites that have healthy recipes that are easy and printable. Ann can ask staff for help finding good sites with recipes as needed. If Ann picks a recipe that has a lot of carbs or is clearly unhealthy, staff will talk through the recipe and ingredients with Ann and point out why it may not be a healthy choice or suggest substitutes that could make it healthier.</p>	
<p><b>Data collection method:</b> A data tracking form will be used to record data. If Ann finds a healthy recipe and shows staff (with or without a reminder on Friday morning), staff will record a "y." If Ann does not independently find a recipe even after a reminder Friday morning, staff will record a "n."</p>	
<p><b>Names of staff or positions responsible for implementing the supports and methods:</b> Direct Support Professionals, Lead Direct Support Professionals, and Program Supervisors.</p>	