

ONE PAGE PROFILE



Name:	CRYSTAL RONNING
Age:	37

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<ul style="list-style-type: none"> ➤ I am friendly and get along well with others.  <ul style="list-style-type: none"> ➤ I am well-spoken and a good advocate for myself. ➤ I like a variety of jobs and activities. ➤ I am caring and like trying to help others. 	<ul style="list-style-type: none"> ➤ Spending time with family and friends. ➤ My fiancé, Jim. ➤ My cat, Pumpkin. ➤ Going out to eat, getting my nails and hair done, and going shopping.  <ul style="list-style-type: none"> ➤ Computers/technology- YouTube, Facebook, and for playing games. ➤ Staying healthy. ➤ Staying busy. ➤ Working and making money. 	<ul style="list-style-type: none"> ➤ Be attentive when I need something- answer my questions and answer the phone when I call. ➤ Remind me to use my DBT and coping skills when I have anxiety or are upset- I know what these are. ➤ Coach me to have healthy and appropriate boundaries and relationships with new people and strangers.