

SERVICE OUTCOME AND SUPPORT

Name: Crystal Ronning **Outcome #:** 1

Date of development: May 18, 2021

Projected start date for implementation: May 24, 2021

Date by which progress towards accomplishing the outcome will be reviewed and evaluated: Progress is reviewed quarterly by designated coordinator and evaluated at minimum annually by team.

Outcome statement with measurable and observable criteria for outcome achievement: Crystal will research and find a healthy recipe once a week, 75% of trials until next review.

Methods or actions that will be used to support the person and to accomplish the outcome: Crystal has the goal of improving her health and living a healthier lifestyle by making better food decisions.

1. Crystal has a few different ways to access the internet and does so daily. Crystal can use her personal cell phone or borrow an iPad from PAI.
2. Once a week, Crystal will use the internet to find a healthy recipe that she would be interested in making at home.
3. Crystal will independently approach staff and show them the recipe she found. Staff will help Crystal print the recipe out.
4. If Crystal has not done this independently by the end of the day Wednesday, staff will remind Crystal of her outcome Thursday morning.

Changes or modifications necessary to the physical and social environments: N/A

Equipment and/or materials required: Internet access- Crystal can use her personal cell phone for this outcome or borrow an iPad from PAI.

Techniques that are used that are consistent with the person’s communication mode: Crystal communicates verbally and takes verbal direction well. If Crystal is having trouble finding a recipe, Crystal may talk really fast and jump from subject to subject. If Crystal’s anxiety is high, staff can suggest that Crystal does her outcome at another time.

Techniques that are used that are consistent with the person’s learning style: Crystal learns through verbal direction and modeling. Crystal is well versed in how to use her cellphone and iPad but may struggle finding sites that have healthy recipes that are easy and printable. Staff can use an iPad to model finding sites and help Crystal write down good websites to visit.

Data collection method: A data tracking form will be used to record data. If Crystal finds a healthy recipe and shows staff (with or without a reminder on Thursday morning), staff will record a “y.” If Crystal does not independently find a recipe even after a reminder Thursday morning, staff will record a “n.”

Names of staff or positions responsible for implementing the supports and methods: Direct Support Professionals, Lead Direct Support Professionals, and Program Supervisors.