

ABOUT ME

SAMEERA N FLOMER

Assessment Date: 01/04/2021

Plan Dates: 03/01/2021 to 02/28/2022

Developed by: Brittany Pieczykolan (651) 789-1237

Address: 645 Viking Dr E

Little Canada, MN 55117

County: Ramsey

Home:

Work:

Other:

General Plan Notes:

Sameera is a super friendly, caring and awesome 33 year old woman! She lives in an Intermediate Care Facility (ICF) through Phoenix Residence in Little Canada and attends her day program at Phoenix Alternatives, Inc. (Commerce site in White Bear Lake). She loves to learn new things on the computer and is interested in learning about other countries (languages, country flags, etc.). She enjoys going shopping (especially at Kohl's) and writing lists of what she needs/wants. She loves the Beatles, Disney movies (Mary Poppins), and going out to eat at Taco Bell. People admire her friendliness and her genuine interest in those around her. Also, she has a strong work ethic and is generous with others. During the past year, it has been reported that Sameera's health is stable (physical, mental, chemical, and emotional).

There are several important things to Sameera. These include listening to music and always have back-up batteries. Also, she likes going out to eat with one staff member, spending her money, doing artwork in her room, and eating mac and cheese. The things important for Sameera include learning ways to save my money, making lists, and eating healthy food. Also, it's important for her to let other people make their own plans even if she doesn't want to go or be involved with them.

On a good day, Sameera receives 1:1 support from staff, is planning parties, has hot tea, watches a movie, and goes out to eat and shopping. If Sameera is having a bad day, it could be her CD and VCR players not working, hearing conversations of plans (not wanting to be part of that activity), and people on the bus telling others to move their feet.

A dream/aspiration Sameera has includes continuing to have opportunities to make her own choices/decisions. Also, she would like to travel more (she would like to go on a big trip with her family once the COVID-19 pandemic is over).

Routines/rituals are important for Sameera. She attends PAI 5 days/week. There are specific foods she never wants to run out. These include yogurt, cheese, chips, and pasta. Sameera's birthday is important to her but she would prefer if people say "congratulations" than happy birthday.

Her support team includes both of my guardians (Bilal and Kim), other family members, PAI, Phoenix Residence, her Case Manager, Anoka and Ramsey counties, medical and other providers, peers, and community members. Sameera's team can best support her by being patient, nice, and respectful. Also, listening to her needs and wants, help guide and help her succeed, and provide opportunities for her to be successful.

Sameera uses a CD player, computer, kindle, and telephone for assistive technology. Also, there is a camera system installed throughout her home (in the common areas and in her bedroom). Also, Sameera could benefit from a psychological evaluation (there isn't one in her file at her Case Manager's office).

** Sameera's day program services are county-paid. Her residential services are paid under Medical Assistance as she lives in an ICF**

PERSON INFORMATION**Date of Birth:** 03/09/1988 **Age:** 33 yrs**Emergency Contacts**

Name	Relationship	Phone
Kimberly Molloy	Guardian/Legal Representative	(763) 221-1939
Bilal Flomer	Guardian/Legal Representative	(763) 439-3628

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Bilal Flomer	Private Guardian	4535 Washington St. NE, Columbia Heights, MN 55421	(763) 439-3628
Kimberly Molloy	Private Guardian	11750 Tulip St NW #113 Coon rapids, MN 55433	(763) 221-1939
Anoka County	Representative Payee	2100 3rd Ave, Anoka, MN 55303	(763) 324-4000

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		02656554	01/01/2020
Medicare - Part A			01/01/2015
Medicare - Part B			01/01/2015
Medicare - Part D			01/01/2015

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Psychiatrist	(651) 254-4793	HealthPartners Regions Clinic (Maplewood), 2345 Ariel St N # 13, Maplewood, MN 55109
Dentist	(651) 770-8828	Dr. Karen Raleigh (HealthPartners), 2165 White Bear Ave, Maplewood, MN 55109
Specialty Clinic	(952) 967-7616	Dr. Katherine Brick (Dermatology, HealthPartners), 401 Phalen Blvd., St. Paul, MN 55130
Targeted Case Manager	(651) 789-1237	Brittany Pieczykolan MSW, LGSW (Thomas Allen, Inc.), 33 E Wentworth Ave Suite 330, West St. Paul, MN 55118, brittany.pieczkolan@thomasalleninc.com
Other	(651) 231-4976	Hattie Shelly (Phoenix Residence, Viking House), 645 Viking Drive E, Little Canada, MN 55117, viking@phoenixresidence.org
ICF		
Other	(651) 747-8740	Dayna Gordon (PAI), 1754 Commerce Court White Bear Lake, MN 55110, dgordon@paimn.org
DT&H programming		
Psychologist	(651) 254-4793	Maplewood Behavioral Health, 2345 Ariel St. North, Maplewood, MN 55109

Health Care Providers	Phone	Comments
Primary Physician	(651) 702-5300	Dr. Claudia Clark (HealthPartners Clinic Woodbury) 8450 Seasons Pkwy, Woodbury, MN 55125

Notes/Comments**WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Sameera would like to be able to go on a long trip with her family after the COVID-19 pandemic.	02/28/2022		
Sameera would like to continue living at Viking House. This setting offers her a consistent routine/schedule, opportunities to expand her independence, and reflects her personal preferences.	02/28/2022		
Sameera would like to continue to work at PAI. She enjoys working on tasks and going on community outings (this has been limited due to COVID-19). Right now, Sameera is not interested in competitive employment.	02/28/2022		
Sameera would like to maintain her medical assistance status. Having MA provides funding to the services/supports she receives.	02/28/2022		

Action Steps for Goals:

What will the person do? Sameera and her guardians will continue to advocate for her preferences, desires, wishes, dreams, and identified outcomes. She will continue to have access to available formal and informal supports. This helps her achieve goals and continue to do her favorite activities both at home and in the community. Also, Sameera will attend regular medical appointments.

What will the case manager do?

Sameera's Case Manager will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources (as available and appropriate). This supports her preferences, needs, desires, and identified outcomes. Also, the Case Manager will work with Sameera, her guardians, and providers as needed.

What will others do? Sameera's team will work with all support persons (formal and informal) to meet her assessed needs. They will ensure all medical assistance paperwork is completed and county-funded services are being utilized.

What will the provider do? Providers will respectfully work with her by encouraging and supporting her to build and maintain her skills and goals. Also, they will ensure all health and safety needs are being met. Providers will defer to the CSSP-Addendum and work with Sameera on her global goals/dreams. Her providers will maintain regular contact with the guardians and Case Manager on the progress of her goals/dreams. Phoenix Residence will work with Sameera so she can continue living at Viking House. PAI will continue to work with Sameera so she can continue working at the day program.

RISKS

How will Health and Safety Issues be Addressed?

Currently, the team feels that Sameera is physically and mentally stable. She doesn't have any chemical use or dependencies. She will utilize family, staff, physicians and other related providers to address any changes in her mental or physical health. She receives a 24 hour care plan through Phoenix Residence. She has formal and informal support to help identify dangerous situations, respond to emergency situations, and in general, maintain her health and personal safety. Phoenix Residence is staffed 24 hours/day. Sameera is always supervised at home and in the community. Her parents (Bilal and Kim) are her legal guardians, help direct her services, and provide ongoing support. Sameera is a vulnerable adult and could be easily manipulated or mistreated. Sameera's providers have safety plans in place to address any safety needs. If emergency medical or psychiatric care is needed, staff will call 911 and admit to the nearest hospital. Staff will also inform all other appropriate contacts.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Sameera has an IAPP & SMA from Phoenix Residence. These documents outline any risks or vulnerabilities that Sameera may have.	Without supports, Sameera may be taken advantage of by others, harmed, or subject herself to self-neglect.	The IAPP & SMA can be reviewed or updated for any current or new vulnerabilities that Sameera may have. Sameera and staff will utilize supports to minimize risks. They will also notify provider of any risks/vulnerabilities that arise.

Summary plan/agreement reached to address the identified risks:

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Sameera will rely on caregivers at home and in the community to ensure her safety in the event of an emergency.

Key Contact Name	Relationship	Phone Number
Kim Molloy	Parent/guardian	(763) 221-1939
Bilal Flomer	Parent/guardian	(763) 439-3628
Hattie Shelly	Phoenix Residence (Provider)	(651) 231-4976

Plan for emergency health events

Sameera will rely on caregivers in the home and community to ensure access to appropriate health care in the event of an emergency.

Key Contact Name	Relationship	Phone Number
Kim Molloy	Parent/guardian	(763) 221-1939
Bilal Flomer	Parent/guardian	(763) 439-3628
Hattie Shelly	Phoenix Residence (Provider)	(651) 231-4976

Plan for unavailable staffing that puts the person at risk

Sameera requires 24 hour supervision and support from caregivers to ensure her safety. If an unforeseen event makes staffing unavailable, Viking House (PA) will attempt to secure immediate and trained staff

Key Contact Name	Relationship	Phone Number
Hattie Shelly	Phoenix Residence (Provider)	(651) 231-4976