



# Coordinated Services and Supports Plan (CSSP)

## ABOUT ME

**Roland Missling**

**Preferred Name:** Roland

**Assessment Date:** 01/13/2021

**Plan Dates:** 03/01/2021 to 02/28/2022

**Developed by:** Sarah Anderson (651) 453-5293

**Address:** 2168 12 th St

White Bear Lake, MN 55110

**County:** Ramsey

**Home:** (651) 653-3713

**Work:**

**Other:**

**General Plan Notes:**

**Rep Payee (SSA):** Phoenix Residence Inc

**Case Manager Information:**

Case Manager:

Thomas Allen Inc.

Sarah Anderson

651-453-5293

Sarah.anderson@thomasalleninc.com

**Providers and/or Contacts:**

Day Program:

PAI-Commerce

1754 Commerce Court

White Bear Lake, MN 55110

651-747-8741

**Financial Resources** (e.g. RSDI, SSI, Life Insurance, burial information/preferences, trusts, earned income etc.): SSI, MA

**Diagnosis:** F70: Mild Intellectual Disabilities, E66.9: Obesity, E11.9: Type 2 Diabetes, G40.A01 Absence Epileptic Syndrome

**Medical History:** Roland can identify pain and illness and alert staff if he does not feel well. Roland participates in all medical appointments and is a good advocate for himself. He needs total physical assistance from staff to assure that all of his preventative, emergency and routine medical needs are met. This includes scheduling of all appointments, transportation to and from the appointments, participation in the appointments to assure accurate information is relayed and followed up on. In 2000, Roland was diagnosed with liver cancer, Treating physicians did not feel he could be given any medication or receive chemotherapy for the cancer. Instead, Roland received hospice care at home and had a visiting home health nurse five days per week. She checked his blood and set up and monitored his weekly medication regimen. During the summer of 2001, a CT scan was performed and no liver cancer was detected. 1/17/18-Renal leison- CT scan showed possible malignancy. Biopsy performed 1/18/18. 1/24/18. 2/26/18 results showed kidney cancer. Surgery was performed staples removed anor reoccurrence ofd all looked good. No f/u needed 5/14/19- Roland had X Ray and CT scan with showed no evidence of any cancer.

**Health Care Directives/DNR/DNI:** Unknown

**Historical Information** (e.g. history of work, living arrangements, etc.): Roland used to live with his brother, Darwin. Due to his needs, Roland moved out and moved into an ICF home that could better care for him. He also used to work at Dynamic Air, but due to COVID19, he has not been able to work at this site. He has been working on jobs in center instead.

**Individual's Strengths, skills and abilities:** Roland is hard working, intelligent, friendly, caring, funny, and independent.

**Waiver Program:** ICF

**Annual Visit Date:** 4/2/21

Roland was in the hospital and then nursing facility, Team wasn't able to meet with him all together until 4/2/21.

**What's important to the person:** It is very important to Roland that he is working and earning a paycheck. Being in close contact with his brothers is very important to him. He prefers to be able to watch his preferred televisions shows as is having staff that are familiar with his medical conditions,

diabetes and Parkinson's. It is important that he is supported by formal supports trained in his declining mobility and the safest methods to support him.

**Rituals and Routines:** It is important for Roland to be able to get up each morning and get ready for the day, shower and get dressed. He goes to work at Phoenix Alternatives. When Roland comes home, he likes to spend time relaxing and watching TV, and watching Hockey. Roland has a goal of walking for a few minutes at a time throughout the day as well.

**Informal Supports:**

Brothers:

Darwin Missling

612-869-1056

darwinmissling@gmail.com

Larry Missling

651-739-8103

**Dreams/Aspirations:** One of Roland's hopes is to move into a house with men his age. He is working with case manager to find possible placements.

**Social/ leisure/ cultural/ religious considerations:** Roland did not have any cultural or religious considerations to note in his plan. Roland enjoys spending time watching hockey and working.

**Housing Discussion:** Roland is unhappy with where he lives. He would like to find a new place to live. He hopes to find a house with males, as he currently lives with females. He also hopes to live with people closer in age to him.

**Summary of Waiver Services & Informed Choice:** Roland is eligible to go on the DD waiver, though he currently is not. He is considering this option. Roland and his team have spoken about the residential options he would have on the waiver and his options should he stay with ICF. Roland and his team spoke about day program services as well though he currently would like to stay at Phoenix Alternatives Inc.

**Competitive Employment:** Roland is happy working at Phoenix Alternatives Inc. He does want to do a different job, to make more money though.

He would like to go back to the Dynamic Air site, but that may not be an option, due to COVID.

**Community Integration:** Roland is able to feel a part of the community by working and seeing people there, and he is looking forward to moving someday and having housemates to spend time with who are his age.

**Assistive Technology Needs & Adaptive Equipment:** Roland has no need for assistive technology at this time. He may need adaptive equipment in this next service year, he has expressed interest in a motorized wheelchair/scooter or new wheelchair.

## PERSON INFORMATION

**Date of Birth:** 07/14/1947 **Age:** 73 yrs

### Emergency Contacts

Name	Relationship	Phone
Darwin Missling	Sibling	(612) 869-1056
Tiffany Wright	Other Non-Relative	(651) 274-1664

### Notes/Comments

### Decision Making Representatives

Name	Type of Authority	Address	Phone
Roland Missling- Self	Other	2168 12th St White Bear Lake Mn 55110	(651) 653-3713

### Notes/Comments

### Health Insurance & Payers

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00834359	

Type	Describe	Policy Number	Effective Date
Medicare - Part A			09/01/1995
Medicare - Part B			09/01/1995
Medicare - Part D			01/01/2006

**Notes/Comments****Providers**

Health Care Providers	Phone	Comments
Primary Physician	(651) 779-2500	Dr Hasan -1850 Beam Ave Maplewood Mn

**Notes/Comments****WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
I would like to move into a home with housemates that I have things in common with, possibly supported by the IDD waiver.	02/28/2022		
Roland will work on walking for 2-3 minutes at a time multiple times throughout the day.	02/28/2022		

**Action Steps for Goals:**

### **What will the person do?**

Roland will discuss goals and services with his team that they think would be most beneficial. He will work on these goals and inform team when he needs assistance.

### **What will the case manager do?**

Case manager will assure that Roland is included in the choice of his goals and that they were explained in a way that he could understand.  
Case manager will continue to coordinate and monitor services and providers to help Roland achieve his goals. Case manager will also monitor progress towards accomplishing goals. Case manager will be available to schedule meetings with Roland and Roland's team as needed to review progress and goals, make adjustments to the plan or services, or resolve any conflicts and disagreements.

### **What will others do?**

Roland's brothers and supports will encourage him to participate and achieve his goals. They will also have open communication with Roland's team to advocate on his behalf.  
In the event of conflict amongst team members regarding the most appropriate supports for Roland the benefits of each option will be considered. If the team is unable to resolve conflicts in this manner, Roland will be the final decision maker.

**What will the provider do?**

Providers will implement the services and goals as outlined in the support plan.

Provider will ensure that Roland's health and safety needs are met.

**SUMMARY OF PROGRAMS AND SERVICES**

<b>Program Type</b> DD Rule 185/Related Condition	<b>Start Date</b> 03/01/2021	<b>End Date</b> 02/28/2022	<b>Annual Amount</b> \$0.00	<b>Total Plan Cost</b> \$0.00	<b>Avg Monthly</b> \$0.00
<b>Case Manager/Care Coordinator</b> Sarah Anderson		<b>Case Manager/Care Coordinator Provider ID</b> A677613900		<b>Responsible Party Name</b>	
<b>Program Notes</b>					

<b>Service</b>							
Case Management/Service Coordination							
<b>Start Date</b> 03/01/2021	<b>End Date</b> 02/28/2022	<b>Procedure Code</b>	<b>Frequency</b> 3-Monthly	<b>Units</b> 150	<b>Rate</b> \$0.00	<b>Avg Monthly</b> \$0.00	<b>Total Service</b> \$0.00
<b>NPI/UMPI</b> A026672900	<b>Status</b> Pending	<b>Provider Name</b> THOMAS ALLEN INC- WAIVER-CM		<b>Funding Source</b> Not Yet Determined		<b>County of Service</b> Ramsey	
<b>Areas of Need</b>							
Communications, Supportive Services, Personal Assistance							
<b>Support Instructions</b>							
Case Manager will provide Rule 185 case management with a minimum of two visits per year. Case manager will provide support planning, set up and coordinate services, and monitor services. She will make changes to the CSSP upon verbal or written request from team members. Team member should request changes to the CSSP via telephone or email. During the Covid 19 Health Crisis Orders implemented by Governor Walz (Executive Order 20-12), Case managers will conduct required face to face visits via phone or by electronic visits.							
<b>Service Notes</b>							
Frequency: case manager will provide approximately 3 hours of services per month.							

<b>Service</b>							
DTH (county paid)							
<b>Start Date</b> 03/01/2021	<b>End Date</b> 02/28/2022	<b>Procedure Code</b>	<b>Frequency</b> 5-Flexible Use	<b>Units</b> 244	<b>Rate</b>	<b>Avg Monthly</b>	<b>Total Service</b>
<b>NPI/UMPI</b>	<b>Status</b> Pending	<b>Provider Name</b>		<b>Funding Source</b> Not Yet Determined	<b>County of Service</b>		
<b>Areas of Need</b> Quality of Life, Cognitive and Behavior Supports, Employment/Training/Skill Building, Supportive Services							
<b>Support Instructions</b> Provider will continue to support Roland in developing and maintaining the skills necessary to be successful in his vocational choices. Provider will assist with cognitive supports and developing and maintaining coping skills as needed. Provider will ensure that Roland's health and safety needs are met. For all incidents or accidents, provider will notify case manager within 24 hours of the incident and provide a written report within seven days.							
<b>Service Notes</b> Frequency: Roland attends PAI 5 days per week. Units will be used as needed. Due to Roland living in an ICF, there is no RMS for this service.							

<b>Service</b>							
ICF-DD							
<b>Start Date</b> 03/01/2021	<b>End Date</b> 02/28/2022	<b>Procedure Code</b>	<b>Frequency</b> 1-Daily	<b>Units</b> 365	<b>Rate</b>	<b>Avg Monthly</b>	<b>Total Service</b>
<b>NPI/UMPI</b>	<b>Status</b> Pending	<b>Provider Name</b>		<b>Funding Source</b> Not Yet Determined		<b>County of Service</b> Ramsey	
<b>Areas of Need</b> Communications, Personal Assistance, Health Related/Medical, Self-Direction, Quality of Life, Personal Security, Supportive Services, Home Management, Cognitive and Behavior Supports							
<b>Support Instructions</b> Staff will provide a 24 hour plan of care to assist Roland with activities of daily living, assist with medical needs, community inclusion, cognitive and behavioral direction as needed, and financial support as needed. Provider will ensure Roland's health and safety needs are met. For all incidents or accidents, provider will notify case manager within 24 hours of the incident and provide a written report within seven days. Roland receives awake overnight staffing.							
<b>Service Notes</b> Frequency: Roland will use 1 unit of ICF services per day. Due to Roland living in an ICF, there is no RMS for this service.							

## RISKS

### How will Health and Safety Issues be Addressed?

Roland has a 24 hour plan of care and provider will address all his health and safety needs. He will be supported by formal supports trained in his specific needs and the most positive methods of meeting those needs. His supports will also be trained in the fact that he has Parkinson's and his mobility will be declining and that his needs could be changing.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
Roland is vulnerable to all forms of abuse or neglect including physical, sexual, verbal/emotional or financial exploitation. Roland requires 24 hour plan of caare to ensure his overall safety.	Without a 24 hour plan of care, Roland would be susceptible to harm, abuse, or neglect due to his areas of vulnerability.	A 24 hour plan of care is in place to support Roland in his areas of vulnerability.

**Summary plan/agreement reached to address the identified risks:**

See IAPP. No additional supports needed at this time. Roland receives a 24-hour plan of care. Roland relies on the support of staff and family to identify dangerous situations, respond to emergency situations, and maintain his health and personal safety.

**Emergency & Back Up Plans**

**Plan for unforeseen events (e.g, weather, storms, power outages)**

In the event of an unforeseen event, PRI and PAI will follow their protocol for that particular event and lead Roland to safety.

Key Contact Name	Relationship	Phone Number
Cortney Kelly	PAI Designated Coordinator	(651) 747-8741
Tiffany Wright	PRI House Manager	(651) 274-1664

**Plan for emergency health events**

In the event of an emergency health event, Roland should be taken to the St. John's Hospital. If hospitalization is not necessary, Roland should see his primary physician. Roland's case manager should be notified of all emergency health events.

Key Contact Name	Relationship	Phone Number
St John's Hospital	Preferred Hospital	(651) 232-7000
Dr. Syed Hasan	Primary Physician	(651) 241-9500
Sarah Anderson	Case Manager	(651) 453-5293

### Plan for unavailable staffing that puts the person at risk

Roland lives in an ICF home with 24-hour staffing. If staff are unavailable for some reason, Tiffany Wright should be contacted to find staff for the home.

Key Contact Name	Relationship	Phone Number
Tiffany Wright	PRI House Manager	(651) 274-1664