



**DEPARTMENT OF
HUMAN SERVICES**

Coordinated Services and Supports Plan (CSSP)

ABOUT ME

REBECCA M KRANZ

Assessment Date: 01/13/2021

Plan Dates: 03/01/2021 to 02/28/2022

Developed by: Clara Gunderson (651) 300-4083

Address: 7181 Mid Oaks Ave N

Stillwater, MN 55082-5241

County: Washington

Home: (651) 439-9524

Work:

Other:

General Plan Notes:

CASE MANAGER NAME & PHONE NUMBER: Clara Gunderson 651.300.4083

PROGRAM(S): Personal Care Assistant (PCA)

CASE MIX: I

PCA HOURS AUTHORIZED: 11.5 hours per day

DATE THIS DOCUMENT WAS MAILED: 1.15.21--to Becca and her mother/guardian

This year's reassessment was completed via telephone due to COVID-19. Rebecca (likes to be called Becca per mother) is a 37 year old woman who lives with her mother in Stillwater. Her siblings live close and she has multiple families around her. Typically, Becca attends PAI 5 days a week, she gets picked up around 8:45 each morning. Becca enjoys using the mat table in the morning. She enjoys participating in groups, music and pet therapy there, being out in the community, and sensory activities while there. She loves music, especially "Somewhere Over the Rainbow" by Michael Kiwanuka. She also likes to play drums and clap, and choose between songs with a switch button. However, PAI has been on hold due to COVID-19. The plan is for Becca to return to PAI once its determined safe for her to do so. Becca likes being around family and "little relatives." Becca also likes to manipulate objects, be outdoors, and to go on car rides. Mom (Gail) reports she likes to be around activities such as cooking, baking, and being read to. Becca really likes when her caregivers talk to her with eye contact. Becca loves to socialize with others and be engaged with what is going on. She is usually bright-eyed and engaged. Becca's strengths are that she is happy, funny, sweet, kind, she has beautiful eyes and a smile, and that she can feed herself when she is using bowls or a mat that stick to the table. Becca loves snacks (cheese puffs, crackers, cookies, brownies, candy bars), and it is important for her to have drinks throughout the day, especially if she has been vocalizing a lot. Becca does not communicate using words, so per her mother, Gail, reports that Becca's hopes and dreams would be to live at home and continue spending time with her nieces and nephews, see live music like an orchestra some day and go on as many car rides as possible each day.

Gail-mother/guardian feels things are going well and are stable at this time for Becca. Gail did not feel any additional support or services were necessary at this time. At Becca's annual meeting on 2/8/21, Becca returning to PAI once it is safe to do so was discussed, as well as Becca continuing with 11.5 hours of PCA per day to support her in her home.

PERSON INFORMATION

Date of Birth: 03/24/1983 **Age:** 37 yrs

Document ID: 838414

Print Date: 02/08/2021

Page 2 of 11

Emergency Contacts

| Name | Relationship | Phone |
|--------------|--------------|----------------|
| Gail Kranz | Parent | (651) 353-9524 |
| Emily Wahler | Sibling | (651) 428-7457 |

Notes/Comments**Decision Making Representatives**

| Name | Type of Authority | Address | Phone |
|------------|----------------------|--|----------------|
| Gail Kranz | Representative Payee | 7181 Mid Oaks Ave, Stillwater, MN 55082 | (651) 439-9524 |
| Gail Kranz | Private Guardian | 7181 Mid Oaks Ave, Stillwater, MN 55082 | (651) 439-9524 |

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

| Type | Describe | Policy Number | Effective Date |
|--------------------|----------|---------------|----------------|
| Medical Assistance | MA-DX | 02500456 | 05/01/2001 |
| Medicare - Part A | | 6GJ8DV7QH62 | 03/01/2021 |
| Medicare - Part B | | 6GJ8DV7QH62 | 03/01/2021 |
| Medicare - Part D | | 6GJ8DV7QH62 | 03/01/2021 |

Notes/Comments**Providers**

| Health Care Providers | Phone | Comments |
|-----------------------|-------|----------|
|-----------------------|-------|----------|

| Health Care Providers | Phone | Comments |
|--------------------------|----------------|--|
| Primary Physician | (651) 439-1234 | Dr. Robert Dybvig/Stillwater Medical Group |
| Dentist | (651) 439-4085 | Dr. Michael Junker |
| Pharmacy | (651) 430-2362 | Cub--Stillwater |
| Home Care Agency | (651) 337-1435 | Adena LLC (Dena@adenallc.com) |
| Other | (651) 748-0373 | Emily Eisenpeter, PAI Oakdale Program Supervisor/Designated Coordinator (eisenpeter@paimn.org) |
| Day Program- PAI Oakdale | | |
| Other | (651) 430-6589 | Amanda Abrego--Washington County |
| Financial Worker | | |

Notes/Comments**WHAT'S IMPORTANT TO THE INDIVIDUAL****Short and Long-Term Goals**

| Goal Statement | Target Date | Provider & NPI (if applicable) | Frequency of Reporting |
|---|-------------|--|------------------------|
| Becca would like to continue to attend PAI during the week. There she would like to work on making choices. | 02/28/2022 | PHOENIX ALTERNATIVES INC -- M784481600 | Semi-Annually |
| Jenny would like to continue to enjoy good health. | 02/28/2022 | | |

Short and Long-Term Goals

| Goal Statement | Target Date | Provider & NPI (if applicable) | Frequency of Reporting |
|---|-------------|--------------------------------|------------------------|
| "To continue to laugh and smile and enjoy life at home with her family" (per mom/guardian, Gail) | 02/28/2022 | | |
| For Becca to enjoy her surroundings and stay with her family & extended family, as shown by her smiles, | 02/28/2022 | | |
| "To go on as many car rides as possible every day" (per mom/guardian Gail) | 02/28/2022 | | |
| "To see live music, like an orchestra some day" (per mom/guardian, Gail) | 02/28/2022 | | |

Action Steps for Goals:**What will the person do?**

Becca will continue to live at home with support. Becca will continue to express her needs and wishes the best she can by her facial expressions, vocalizations and grunts, her smiles, hand-clapping, eye contact and eye-gazing, picture cards, using a SMARTBoard, communication switch, Ipad, ect. Becca will continue to attend PAI 5 days per week (as COVID-19 allows), and live at home with the support of her family and caregivers and PCA's.

What will the case manager do?

Becca's case manager will monitor the effectiveness of ongoing supports and services including: PCA services through Adena Care LLC, and day program services through PAI Oakdale. Case manager will provide referrals or authorizations as needed to support person's preferences, needs, desires and identified outcomes. Case manager will provide check-ins with person and team via phone or email as needed and will meet with her on a semi-annual basis or more as requested.

What will others do? Family and Becca's friends (including animals) will continue to support and provide for her in the community. Becca's mother will continue to act as Becca's guardian and will continue to assist her in advocating for her wishes.

What will the provider do? All providers will assist Becca in reaching her goals as identified in her CSSP and programming plans. Staff at PAI will assist Becca in making choices by: 1) Assisting Becca in choosing a manipulative from 2 choices, & 2) Assisting Becca in choosing a 1:1 activity to do with staff (art, game, sensory box, taking a walk, ect). PAI will assist Becca in making her own choices by offering her different methods of communication if needed (such as picture cards, SMARTBoard, communication switch, Ipad, ect). Becca's chosen PCA's will continue to assist her in her activities of daily living & cares so she can continue to lives at home where she is the happiest.

SUMMARY OF PROGRAMS AND SERVICES

| Program Type | Start Date | End Date | Annual Amount | Total Plan Cost | Avg Monthly |
|---|--|------------|---|-----------------|-------------|
| Personal Care Attendant | 03/01/2021 | 02/28/2022 | \$0.00 | \$75,426.17 | \$6,285.51 |
| Case Manager/Care Coordinator Clara Gunderson | Case Manager/Care Coordinator Provider ID A283688400 | | Responsible Party Name Emily Wahler | | |
| Program Notes | | | | | |

| Service | | | | | | |
|---|-----------------|-----------------------|-----------------------|--------------|--------------------------|--------------------|
| Personal Care Assistance (PCA) - QP supervision - 15 Minutes | | | | | | |
| Start Date | End Date | Procedure Code | Frequency | Units | Rate | Avg Monthly |
| 03/01/2021 | 02/28/2022 | T1019 UA | | 96 | \$7.82 | \$62.56 |
| NPI/UMPI | Status | Provider Name | Funding Source | | County of Service | |
| A551167000 | Approved | ADENA LLC | Medicaid State Plan | | Washington | |
| Areas of Need | | | | | | |
| Personal Assistance | | | | | | |
| Support Instructions | | | | | | |
| Becca is authorized 96 units of Qualified Professional (QP) supervision through Adena LLC. All PCAs must be supervised by a QP. The QP performs the duties of training, supervision, and evaluation of the personal care assistance staff and evaluation of the effectiveness of personal care assistance services. | | | | | | |
| Service Notes | | | | | | |
| 8 units (2 hours) per month | | | | | | |

| Service | | | | | | |
|---|------------|----------------|---------------------|-------------------|--------|------------------------|
| Personal Care Assistance: (PCA) - 15 Minutes | | | | | | |
| Start Date | End Date | Procedure Code | Frequency | Units | Rate | Total Service |
| 03/01/2021 | 02/28/2022 | T1019 | | 16781 | \$4.45 | \$6,222.95 \$74,675.45 |
| NPI/UMPI | Status | Provider Name | Funding Source | County of Service | | |
| A551167000 | Approved | ADENA LLC | Medicaid State Plan | Washington | | |
| Areas of Need | | | | | | |
| Personal Assistance | | | | | | |
| Support Instructions | | | | | | |
| Becca is authorized 11.5 hours (46 units) per day, of PCA-15 min through Adena LLC. She will receive support with activities of daily living, health-related procedures and tasks, and observation and redirection of behaviors. Becca's guardian will assist in choosing staff, as well as choosing a responsible party. | | | | | | |
| Service Notes | | | | | | |
| 11.5 hours per day | | | | | | |

RISKS

How will Health and Safety Issues be Addressed?

All health and safety needs are addressed by parent/guardian as Becca is not able to call 911 or get out of an emergency situation on her own. Becca requires 24 hour supervision and can never be left alone.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

| Identified risk and choice regarding services | Negative outcome that may result | Alternative measure that may be implemented |
|---|----------------------------------|---|
| NA | | |

Summary plan/agreement reached to address the identified risks:

Becca also attends PAI Oakdale during the weekdays, which helps meet Becca's identified needs of quality of life, communications, skill building, and supportive services.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Becca relies on her family/caregivers to assist her during an unforeseen event.

Plan for emergency health events

Becca's family plan and provide her cares in any emergency health events. She is unable to provide her own health and safety.

| Key Contact Name | Relationship | Phone Number |
|------------------|--------------|----------------|
| Gail Kranz | parent | (995) 246-5135 |

Plan for unavailable staffing that puts the person at risk

Becca has multiple family members who could provide her cares if primary PCA's unavailable. Gail Kranz will contact Becca's case manager to discuss services if a different care plan is needed.

MnCHOICES Support Plan for: REBECCA M KRANZ

PMI: 02500456

