

ABOUT ME

TYREL T HORNING

Assessment Date: 09/25/2020

Plan Dates: 11/01/2020 to 10/31/2021

Developed by: Mai Xiong (651) 430-6610

Address: 201 BOUTWELL PL

STILLWATER, MN 55082-4517

County: Washington

Home: (651) 439-5219

Other: (651) 439-8381

Work:

General Plan Notes:

CASE MANAGER NAME AND PHONE NUMBER: Heidi Lottsfeldt - 651-430-8333

PROGRAM(S): Developmental Disabilities (DD) Waiver

DATE THIS DOCUMENT WAS MAILED: October 1st 2020

STRENGTHS, ROUTINES, & DREAMS: Tyrel is a happy 38 year old who lives in his ACR corporate foster care home in Stillwater. Tyrel is that he loves getting up in the morning and is a pretty happy guy. Tyrel has a great sense of humor. Tyrel is very active and enjoys being out in the community. He likes to laugh and tease staff. His routine is to sit by the light switch when he gets home from PAI. This is his favorite spot to be in & is relaxing for him. Tyrel also likes shopping, playing with blocks and costumes. Going on a lot of outings is really important to Tyrel. Also having big books to read is also important to him. Tyrel also enjoys going on van rides. Due to Covid 19, Tyrel no longer goes to his day program PAI full days. Instead Tyrel goes to PAI five a days a week half days. He leaves the home around 12 pm and gets home around 4pm. Tyrel went on a train ride last year and loved it. Tyrel hopes to go on another train ride again.

SUPPORTS DISCUSSED: Tyrel's MnChoice Reassessment was completed through the phone due to Covid 19 health emergency. There are no plans to move Tyrel as he had been living in his current residence since November of 1998. Tyrel is currently working on closing his books and pushing it to staff at the end of each night.

PERSON INFORMATION

Date of Birth: 10/12/1981 **Age:** 38 yrs

Emergency Contacts

Name	Relationship	Phone
Debra Peck, Mom	Guardian/Legal Representative	(651) 439-8381

Notes/Comments

Decision Making Representatives

Name	Type of Authority	Address	Phone
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Name	Type of Authority	Address	Phone
Debra Peck	Private Guardian	13175 Panorama Avenue North Stillwater MN 55082	(651) 439-8381

Notes/Comments

Health Insurance & Payers

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes
 Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00700985	07/01/1996

Notes/Comments

Providers

Health Care Providers	Phone	Comments
Primary Physician	(651) 342-1039	Dr. Pett-Taylor- Bluestone Physicians
Psychiatrist	(651) 450-0860	Dr. Mohan
Dentist	(612) 873-6963	HCMC

Notes/Comments

* Primary physician will be changing over to Bluestone for better continuity of care.

WHAT'S IMPORTANT TO THE INDIVIDUAL

Goals related to how you want to live your life:

Quality of Life: Tyrel values consistency with caregivers and having a structure, familiar environment. He prefers smaller group settings. He likes to have his own space.

Activities of Daily Living: It is important for Tyrel to have consistent, caring staff to assist him in all areas of his ADL's. Tyrel prefers familiar caregivers. He's a very private person.

Instrumental Activities of Daily Living: It is important to Tyrel that staff are there to follow his specific routine and remain consistent with his plan of care.

Health: It's important to Tyrel that his caregivers monitor his health closely and follow protocols and procedures in place for his health and safety.

Psychosocial: It's important to Tyrel to have caregivers who understand his communication style and are respectful of his preferences.

Memory & Cognition: It is important to Tyrel to have consistent caregivers who will provide 24 hour support and monitoring.

Safety & Self-Preservation: It is important to Tyrel to have consistent caregivers who will look out for his safety and self-preservation.

Sensory & Communication: It's important to Tyrel to have staff who understand his communication style and sensory preferences.

Employment, Volunteering & Training: Tyrel wants to continue to attend Phoenix Alternatives in Oakdale.

Housing & Environment: Tyrel is happy at his current home in Stillwater. It's important for him to have consistency with staff and he prefers to be in familiar settings.

Self-Direction: It's important for Tyrel to have someone to advocate for his best interests.

Caregiver: It's important for Tyrel to have caring and responsive caregivers.

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Tyrel wants to go on another train ride.	10/31/2021		As determined by the team
Tyrel is currently working on closing his books and pushing it to staff at the end of each night.	10/31/2021		As determined by the team

Action Steps for Goals:

What will the person do? Tyrel will continue to identify and advocate for his own preferences, desires, wishes, dreams and identified outcomes. Tyrel will continue to partner with available formal and informal supports to achieve his goals and to do things he would like to do at home and in the community.

What will the case manager do? Tyrel's case manager will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources as available and appropriate to support his preferences, needs, desires, and identified outcomes.

What will others do? Tyrel's guardian and family will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources as available and appropriate to support his preferences, needs, desires, and identified outcomes.

What will the provider do? Tyrel's staff and providers will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources as available and appropriate to support his preferences, needs, desires, and identified outcomes.

SUMMARY OF NEEDS

Quality of Life: A bad day for Tyrel is when he gets a headache or is experiencing discomfort from his shunt, any bright lights or loud noises. He gets uncomfortable around unfamiliar people or staff and prefers his privacy. Tyrel doesn't like being startled. He can get impatient when he's given too much notice and has to wait long to go on an outing. He prefers to be in a smaller group and doesn't like big crowds or when others are walking around him. He doesn't like wearing his hand brace. A bad day for Tyrel is when he wants to sleep all day or when he cries all day. He will also bite himself and try to bite others. A good day for Tyrel is when he's busy with activities and gets to go outside. He will be really happy. Tyrel has a great sense of humor. He likes to laugh & tease staff. He enjoys being around people that he knows. Tyrel lets you know that he's enjoying something by becoming animated, laughing signing "yes" and making vocalizations. Tyrel likes to be outside. Tyrel likes to watch music videos and enjoys music. He likes sitting by the light switch looking at picture books & magazines, going for rides in the van and watching action movies. Tyrel likes to go bowling at PINZ, downtown Stillwater and watching boats, he enjoys riding in the elevators at Maplewood Mall, going for a walk and watching the trucks go by. Tyrel likes to hang with the guys, go places with staff and residence, and likes to spend time with family.

Personal Assistance: Tyrel needs assistance with his activities of daily living. **EATING:** Tyrel requires assistance in eating. Tyrel has a g-tube for his nutrition and a physician's order for nothing by mouth. Staff administer nutrition and fluids via Tyrel's g-tube four times a day. Tyrel does really well with his tube feedings and is cooperative. **BATHING:** Tyrel requires total assistance for showers. Tyrel uses a shower chair and staff will use the hoist lift to get him into his shower chair. Tyrel does not like to bathing. Tyrel's staff assistance Tyrel in shampooing his hair and washing his body. **DRESSING:** Tyrel requires total assistance for dressing.

He may sometimes be able to pull his hands through the sleeves a little bit. Tyrel cannot dress himself independently. PERSONAL HYGIENE/GROOMING: Tyrel has purposeful use of his hands and will allow hand-over hand assistance for some activities. He will grasp and release his toothbrush and toothpaste and can use a washcloth. Staff will provide opportunities whenever possible for Tyrel to participate in his cares. TOILET USE/CONTINENCE: Tyrel is incontinent and wears briefs all day and night. He is on toileting schedule for every two hours. MOBILITY: Tyrel uses an electronic wheelchair to get around and uses a EX stander at his group home. Tyrel doesn't like the stander much but goes in it once a day. Two staff must assist Tyrel into the stander, but 1 staff may take him out. While Tyrel is in the stander, staff must be within visual range. If Tyrel is to sit in the recliner, a gait belt needs to go around him in the chair. Tyrel primarily uses his electric wheelchair. Staff will fasten Tyrel's torso straps and seatbelt whenever he is in motion in the wheelchair. POSTIONING: Tyrel needs to be repositioned every two hours to decrease pressure sores. Tyrel had a wound repair surgery on a pressure ulcer located on his right buttocks. His pressure sore did reopen this year but it healed. Tyrel communicates repositioning preferences. TRANSFERS: Tyrel is transferred using a hooyer lift only. Staff will not transport Tyrel room to room using the hooyer. The only exception is going from his bed to the bathtub and from the bathtub to his bed after a shower.

Home Management: Tyrel requires total/extensive assistance with home management tasks. MEDICATION MANAGEMENT: Tyrel is unable to administer medications due to his mental and physical disability. Tyrel is at risk of not receiving his medications when needed. Tyrel receives medications through his g-tube unless otherwise specified. This is one of Tyrel's favorite times of the day. Tyrel is at risk of aspirating his medications due to his ability to remove himself from an elevated position after feedings and medications are administered. MEAL PREPARATION: Tyrel is unable to determine an appropriate dietary plan due to his medical and physical disability. Tyrel require a g-tube as he is to receive nothing by mouth. Tyrel is at risk of not receiving proper nutrition without total assistance. Staff are trained on the proper method for administering Tyrel's g-tube feedings. TRANSPORTATION: Tyrel is transported to all appointments, activities, and his day program. Tyrel may be unsupervised for up to ten minutes while staff are loading/unloading the van for activities, doctors appointment, or at day program. HOUSEWORK: Tyrel requires full assistance with cleaning, housework and his laundry. TELEPHONE USE: Tyrel communicates with vocalizations, gestures, and at times his communication device. Tyrel understands short verbal directives and will answer yes or no questions using his adaptive signs. Staff schedule all appointments for him. SHOPPING: Tyrel received staff support when out in the community. Staff take care of all of his shopping needs with approval from his Guardian. FINANCES: Tyrel requires total assistance with his finances. Tyrel's mom is his legal guardian and ACR Homes is his Representative Payee.

Health Related/Medical: Tyrel's health was rated as good. Tyrel was diagnosed at birth with Dandy-Walker Syndrome. Dandy-Walker results from cysts on the brain and manifests as similar to Cerebral Palsy. Tyrel needs a shunt to drain fluid from his brain and takes medications to control seizures. He has a complex medical history. He has had multiple surgeries, including shunts and rhizotomy to reduce spasticity in 1988. Tyrel had a gastrostomy in September of 1990 and uses a g-tube for feeding and medication. Tyrel is on a toileting program where he is checked & changed every few hours or as needed. Tyrel has a g-tube for nutrition and medications. He has risk of aspiration with G-tube feedings and needs to remain at a 45 degree angle during feedings and for 1/2-1 hour afterwards. Tyrel is at risk due to his ability to move himself from an elevated position. Staff need to monitor and

check on Tyrel. Staff will also observe Tyrel for any seizure activity and will follow the Seizure Protocol. Tyrel is at risk for pressure sores and skin breakdown. This year his pressure sore did reopen but it has healed. Staff will check on him and reposition him as needed. There has been increased seizure activity. Tyrel's seizure medications also increased and he has been doing a lot better. In July and August of this year, Tyrel seemed really uncomfortable and in pain due to his UTI. Tyrel's team were worried it was something else and had him complete a CT scan due to his father's history of cancer but the scans turned out good. He has an updated seizure protocol along with a new respiratory protocol & pressure sore protocol. Tyrel is currently not receiving any therapy at this time. He is still doing his range of motion exercises and in his stander once a day.

Cognitive and Behavior Supports: When Tyrel is upset he will bang his head on the head rest, mat table or wall. Tyrel may also bite himself or others when mad or frustrated. Tyrel has had an increase in behaviors lately due to him not feeling well. Tyrel may yell, strike out, or bite others when they get too close or touch his chair or if they are in his space. Tyrel is at risk for victimization. He is completely dependent on others for his caregiving and support. Tyrel has a history of depression. He has had a period of prolonged crying for which the cause could not be determined. Staff have observed that this typically occurs around holidays or special occasions. At these times he will want to sleep all day. Tyrel's caregivers have been working with him of irritability. Tyrel may become agitated by others or during his cares or when he's awakened from sleeping. He can become agitated in certain environments where there are bright lights or too much going on for his sensory. Due to Tyrel's cognitive abilities, he is susceptible to victimization, requiring ongoing support to maintain safety.; Date of Last Assessment: Family Psychological Services 3/22/10 Full Scale IQ: Not determined. Current GAF score 1-10. Diagnosis: Severe to Profound Intellectual Disorder; Adjustment Disorder with mixed emotional and behavioral disturbances; Dandy Walker Syndrome. He requires 24 hour plan of care and supervision to ensure his health and safety.

Personal Security: Tyrel is nonverbal and communicates primarily through the use of gestures (pointing and reaching), facial expressions nonverbal vocalizations, and picture communication symbols. Tyrel understands short directives and will answer yes or no questions using adaptive signs. Tyrel is totally dependent on staff for personal safety. Tyrel requires a 24 hour plan of care and he requires constant supervision for safety and self-preservation.

Communications: VISION: Tyrel's vision is fine. HEARING: Tyrel's hearing is normal. FUNCTIONAL COMMUNICATION: Tyrel is non verbal. He uses vocalizations, adaptive signs and his communication device to communicate to others. SENSORY INTEGRATION: Tyrel will accept sensory input such as hair brushing, sensory music/lights. His eyes can be light sensitive to bright lights due to his shunt. He prefers to sleep with the lights off. SUPPORTS NEEDED: Tyrel is totally dependent upon others to evacuate in the event of an emergency.

Employment/Training/Skill Building: Tyrel attends Phoenix Alternatives Incorporation for DT&H programming. He's been there since September of 2003. At PAI Tyrel participates in a combination of recreational activities, sensory activities, and community outings. Tyrel prefers not to be in program rooms where peers are moving around independently. This makes him uncomfortable. He also doesn't like it when someone he doesn't know well is helping him with his personal cares. Tyrel likes to sort items off his tray, stretch on, relax, take a nap, flip through books and magazines. He likes to sit by the light switch, sit near his friends, and go on outings or van rides. Tyrel is happy at PAI. He has positive relationships and interactions with his staff there.

Tyrel and his guardian are happy with his day program. Tyrel loves going there. He gets many opportunities for recreational activities and community outings at PAI. Staff continue to offer Tyrel choices to select and participate in activities to the best of his ability and provide support to him in those areas as well. Due to Covid 19, Tyrel is only attending PAI half days from 12pm to 4pm.

Supportive Services: Tyrel has lived in his current home with ACR since November of 1998. Tyrel lives in a beautiful home in Stillwater. He has several of the same roommates from when he moved in. He is comfortable with his surroundings and likes having a familiar environment. Staff are very good with him and they do a great job at getting him out in the community and having new experiences. There are no plans of moving at this time. Tyrel and his team are satisfied with where he currently lives.

Self-Direction: Tyrel has a 24 hour plan of care and receives supports and assistance from staff/providers. Tyrel's mom, Deborah Peck, is his legal guardian. PAI is Tyrel's Representative Payee.

Caregiver/Parent Support: Tyrel has a 24 hour plan of care and receives supports and assistance from staff/providers. Tyrel's mom, Deborah Peck, is his legal guardian. PAI is Tyrel's Representative Payee.

RECOMMENDED REFERRALS

No Data Found

INFORMAL CAREGIVERS

Name	Caregiver Relationship	Lives with Person	Caregiver Role	Type of Care
		<input type="checkbox"/>		<input type="checkbox"/> ADLs <input type="checkbox"/> IADLs <input type="checkbox"/> Habilitation <input type="checkbox"/> Community Access <input type="checkbox"/> Supervision <input type="checkbox"/> Social Interaction <input type="checkbox"/> Health & Medical

Notes/Comments

RISKS

How will Health and Safety Issues be Addressed?

Tyrel will continue to receive a 24-hour plan of care that includes daily support, assistance and supervision by staff/providers, administering of nutrition/medications, monitoring, daily structure and routine, and case management services to maintain his health, safety, and continued community living. Tyrel is nonverbal and communicates primarily through the use of gestures

(pointing and reaching), facial expressions nonverbal vocalizations, and picture communication symbols. Tyrel understands short directives and will answer yes or no questions using adaptive signs. Tyrel is totally dependent on staff for personal safety.

NEXT STEPS:

- You will work with an assessor or case manager to develop a Coordinated Services and Supports Plan for the public program you have chosen.
- We are waiting for:
- For help locating services and supports options in this Community Support Plan, these are resources you can contact:
 - www.Minnesotahelp.info
 - Disability Linkage Line® (Hub) 866-333-2466
 - Senior LinkAge Line® (SLL) 800-333-2433
 - Veterans Linkage Line™ (VLL) 888-546-5838

Comments:

APPEAL INFORMATION

If you are dissatisfied with the county agency/tribe or managed care organization's action, or feel they have failed to act on your request for home and community based services, you have the right to appeal within 30 days to your agency*, or write directly to:

Minnesota Department of Human Services Appeals Office
P. O. Box 64941
St. Paul, MN 55164-0941

Call:
Metro: 651-431-3600 (Voice)
Outstate: 651-657-3510
TTY: 800-627-3529
Fax: 651-431-7523

Online filing:
<http://edocs.dhs.state.mn.us/ifs/er/public/DHS-0033-ENG-eform>

If you want to have your services continue during an appeal, you must file within 10 days after you receive a notice from your agency about a reduction, denial or termination of your services.

If you show good cause for not appealing within the 30-day limit, the state agency can accept your appeal for up to 90 days from the date you receive the notice.

* If you are enrolled in a managed care organization you also have the option to appeal directly with your managed care organization.

What if I feel I have been discriminated against?

Discrimination is against the law. You have the right to file a complaint if you believe you were discriminated against because of race, color, national origin, religion, creed, sex, sexual orientation, public assistance status, age or disability. To file a complaint, contact:

- Minnesota Department of Human Services
Equal Opportunity and Access Division
P. O. Box 64997
St. Paul, MN 55164-0997
Call 651-431-3040 (voice); or Minnesota Relay at 711 or 800-627-3529 (toll-free).
- Minnesota Department of Human Rights
Freeman Building
625 N. Robert St.
St. Paul, MN 55155
Call 651-539-1100 (voice), 651-296-1283 (TTY) or 800-657-3704 (toll-free).

U.S. Department of Health and Human Services' Office for Civil Rights prohibits discrimination in its programs because of race, color, national origin, disability, age, religion or sex. Contact the federal agency directly at U.S. Department of Health and Human Services Office for Civil Rights, Region V, 233 N. Michigan Ave. Suite 240, Chicago, IL, 60601. Call 312-886-2359 (voice), 800-537-7697 (TTY) or 800-368-1019 (toll-free).

651-431-2400 or 800-747-5484

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Pažnja. Ako vam treba besplatna pomoć za tumačenje ovog dokumenta, nazovite gore naveden broj.

Thoy ua twb zow nyceem. Yog hais lias koj xav rau key pab txhais lus rau tsab ntaub ntaawy no pub dawb, ces hu rau tus najmpawb xov looj saum toj no.

ပြင်ဆင်မှု၊ အကူအညီအတွက် အခမဲ့အကူအညီကို ရယူရန် ဤစာရွက်ကို အသုံးပြုပါ။

Hubchisa. Dokumenti jin kun bilisa akka siif hiikamu gargaarsa hoo, fee'e, lakkoobsa gubbatti kenname bibili.

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LU3-0008 (3-13)

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