



Coordinated Services and Supports Plan (CSSP)

ABOUT ME

CHANEL L ANDERSON

Assessment Date: 05/11/2020 **Plan Dates:** 07/01/2020 to 06/30/2021

Developed by: Hamdi Hassan (000) 000-0000

Address: 1240 DRIVING PARK RD

STILLWATER, MN 55082

County: Washington

Home: (651) 439-0410 **Work:**

Other:

General Plan Notes:

Case manager Name & phone Number: Hamdi Hassan 651-430-4182

Assessor: Kara Reynolds 651 430 8348

Program: PCA, Rule 185 Case Management, DT&H Services

Personal Care Assistance hours/home care rating: Z, 12.5 hours/ day

Date this document was mailed: 05/20/20

Strengths, Routines & Dreams:

Chanel was born and raised in Stillwater by her mom Joni as a single mom. She has a brother who is 10 years younger and a step dad Tom. Chanel's mom married Tom when she was about 11. Her grandma lives nearby and some aunts and uncles. She is close to her grandma. Chanel has many strengths. She is happy, likes music, and is social. She just likes to be around people. Chanel enjoys being out in the community, going shopping, to car shows and listening to music. She attends Phoenix Alternatives day program but is home full time right now due to Covid 19 health crisis. A typical day is she gets up early and then attends Phoenix from 9am-330/4pm. When she gets home she lays down and watched television for about a half hour. Then her mom feeds her and they clean up, take bath, and do leg exercises then go to bed at 830pm. Since being home due to Covid, she has been waking up yelling at

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night, doesn't want to be outside, and is not eating well. She still enjoys going on walks down to see grandma. Since Chanel loves music so much a dream would be to attend a concert.

SUPPORTS DISCUSSED: At this time, her guardian is not interested in home modifications but she may be in the future.

on 1/12/2021 cm completed annual meeting over the phone with mom. due to scheduling conflict Cm couldn't complete the annual meeting last July. Mom told cm that Chanel is doing well and trying to adjust with the Pandemic. in the beginning of the global pandemic she had hard time adjusting and lost a lot of weight. CM told mom that Chanel is now quality for rule 195 case management and she will meet/call twice a year instead of once a year. mom agreed. CM will monitor the case and provide resources as needed.

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Supervisor: Denise Landry Denise.landry@co.washington.mn.us

PERSON INFORMATION

Date of Birth: 04/02/1975 Age: 45 yrs

Emergency Contacts

Name	Relationship	Phone
Joni Anderson	Guardian/Legal Representative	(651) 439-0410

Notes/Comments

Decision Making Representatives

Name	Type of Authority	Address	Phone
Joni Anderson	Private Guardian	1240 Driving Park Road, Stillwater MN 55082	(651) 439-0410

Notes/Comments

Health Insurance & Payers

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes
 Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00131234	

Notes/Comments

Providers

Health Care Providers	Phone	Comments
Primary Physician	(651) 439-1234	Dr. Dbvig, Stillwater Medical Group, 1500 Curve Crest Blvd, Stillwater MN 55082
Home Care Agency	(651) 337-1435	Adena, 312 Quinmore Avenue No., Lakeland, MN 55043 651-337-1435
Other	(651) 748-0373	6866 33rd st. no, #150, Oakdale MN 55128
	DT&H - PAI	
Dentist	(612) 873-5800	HCMC, 2810 Nicollet Avenue, Mpls, MN 55408

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Per mom, Chanel will stand in her stander more often to prevent stiffness.			
Chanel wants to attend a concert.	06/30/2021		

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Chanel wants to go back to Phoenix once it is determined safe. She misses going.	06/30/2021		
Chanel will get out into the community at least three times per week.	06/30/2021		
CM will monitor the case and provide resources			

Action Steps for Goals:

What will the person do?

Chanel will continue to express his preferences, desires, wishes, dislikes, and dreams, as she is able.

What will the case manager do?

Chanel's case manager will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources, as available and appropriate, to support her preferences, needs, desires, and identified outcomes.

What will others do?

Her family, which are her PCA providers, will continue to meet Chanel's needs including medical needs.

What will the provider do? Phoenix Alternatives will assist to make sure that Chanel remains healthy through the use of the stander program, and that she receives enough fluid intake and

will provide ongoing support, encouragement, advocacy, coordination of services, and access to additional supports and resources, as available and appropriate, to support her preferences, needs, desires, and identified outcomes.

RISKS

How will Health and Safety Issues be Addressed?

Family will ensure all of Chanel's health and safety needs are met. She requires a 24 hour plan of care with awake supervision.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
N/A	N/A	N/A

Summary plan/agreement reached to address the identified risks:

N/A

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Chanel lives at home with her family and assist her with unforeseen events.

Key Contact Name	Relationship	Phone Number
Joni Anderson	mother	(651) 439-0410

Plan for emergency health events

Chanel lives at home with her family and assist her with any emergency events.

Key Contact Name	Relationship	Phone Number
Joni Anderson	mother	(651) 439-0410

Plan for unavailable staffing that puts the person at risk

Family will ensure Chanel's staffing needs are met. They utilize PCA choice and her family are paid staff.

Key Contact Name	Relationship	Phone Number
Joni Anderson	mother	(651) 439-0410

