

**ABOUT ME**

**LIBBY H BROADBENT**

**Assessment Date:** 08/18/2020

**Plan Dates:** 10/01/2020 to 09/30/2021

**Developed by:** Christine Witzmann (651) 275-8675

**Address:** 9371 Preserve Trail

Woodbury, MN 55125

**County:** Washington

**Home:** (651) 738-6807

**Other:** (651) 592-7058

**General Plan Notes:**

MnCHOICES Support Plan for: LIBBY H BROADBENT

PMI: 00839158

CASE MANAGER NAME AND PHONE NUMBER: *Eric Lemon* 651-430-7287

DATE OF REASSESSMENT- 8.18.20

REASSESSOR- CHRIS WITZMANN 651.275.8675

PROGRAM(S): *DD Waivered Services - SLS / DT&H*

DATE THIS DOCUMENT WAS MAILED: 8.25.20

**STRENGTHS, ROUTINES, & DREAMS:**

Libby's strengths are she makes others smile and is social, she understands cause and effect, and she is strong and had been able to get through lots. The team feels based on her interests that her dream would be to attend a live musical performance, and she desires to be able to communicate better. Libby loves swimming and biking and can pedal with pushing assistance. She enjoys being around her family and friends and enjoys doing activities at PAI currently on hold due to Covid 19. She will pet the therapy dog, watch the Wii and smart board, crafts, hand holding, people watching and using her stander. . She also enjoys playing games, watching TV, swimming, walking outside, going to parks, listening to music, having her nails and hair done, eating snacks and sensory activities. Libby does not like being rushed!

**SUPPORTS DISCUSSED:** DD Waivered Services - SLS Libby loves swimming and biking and can pedal with pushing assistance. She enjoys being around her family and friends and enjoys doing activities at PAI currently on hold due to Covid 19. She will pet the therapy dog, watch the Wii and smart board, crafts, hand holding, people watching and using her stander. . She also enjoys playing games, watching TV, swimming, walking outside, going to parks, listening to music, having her nails and hair done, eating snacks and sensory activities. Libby does not like being rushed!

SUPPORTS DISCUSSED: DD waivered services - SLS/DT&H

AUGUST 2019- No major changes and she really enjoys home and day program.

August 2020- Her activities have been more limited but she is keeping in good spirits since the outbreak of Covid 19.

Please note that this assessment was completed on the phone due to Covid 19.

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SW notes: The team met for her annual mtg. on 9-17-19 at PAI. Libby had a seizure a the mtg.

**PERSON INFORMATION**

Date of Birth: 10/27/1990 Age: 29 yrs

**Emergency Contacts**

Name	Relationship	Phone
Amy and Lance Broadbent	Parent	(651) 738-6807

**Notes/Comments**

**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Amy Broadbent	Power of Attorney		(651) 738-6807

**Notes/Comments**

**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes  
 Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00839158	

**Notes/Comments**

**Providers**

Health Care Providers	Phone	Comments

Health Care Providers	Phone	Comments
Other	(612) 246-0702	ACR Homes
Other		Phoenix Alternative, Oakdale

**Notes/Comments****WHAT'S IMPORTANT TO THE INDIVIDUAL****Goals related to how you want to live your life:**

**Quality of Life:** Libby seems to enjoy her home, going to Phoenix Alternatives in Oakdale and interaction with her caregivers. Please note that all PAI activities are on hold during this time due to Covid 19. She sees her parents several times per week. The home is trying to do more on site activities since no one is attending a day program.

**Activities of Daily Living:** It is important that Libby is assisted with all of her ADL's by competent, well trained caregivers.

**Instrumental Activities of Daily Living:** It is important that Libby is assisted with all of her independent living tasks by competent, well trained caregivers.

**Health:** It is important that Libby maintains her health.

**Psychosocial:** it is important to Libby that people interact and engage her.

**Memory & Cognition:** It is important that she is engaged and people interact with her.

**Safety & Self-Preservation:** Libby is nonverbal and could not say what is important to her or if she is in danger. She needs to be kept safe by others.

**Sensory & Communication:** It is important that people interact and engage with Libby. 1:3 staff ratio

**Employment, Volunteering & Training:** Libby has a day program that can support her special needs currently on hold due to Covid 19. The focus is on therapy and sensory needs.

**Housing & Environment:** Libby likes to be around others and to be active.

**Self-Direction:** Libby cannot direct her own cares and her parents will work with her on appropriate cares. Her parents are her guardians.

**Caregiver:** n/a

**Short and Long-Term Goals**

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Libby enjoys living in her home with her room mates and caregivers.			
Libby enjoys her day program and peers/friends/caregivers.			
Libby will start her swimming program at Courage Kenny.	09/30/2020	ACR HOMES INC -- 1134200942	
Libby enjoys spending family and social time at her parents home and cabin.			
Libby will maintain her motor skills by reaching for and holding her cup.	09/30/2020	PHOENIX ALTERNATIVES INC -- M784481600	
Libby will increase her social connections with community members by greeting them by eye contact and smiling, or vocalizations, or activating a pre-recorded message.	09/30/2020	PHOENIX ALTERNATIVES INC -- M784481600	
Libby is a sweet natured and fun loving gal. She loves to be around her family and her other roommates. She will continue to be active with all activities that are Covid 19. Her dream is for Covid 19 to be done so she can get out more.	10/01/2020		

**Action Steps for Goals:**

### **What will the person do?**

Libby will assist to identify and advocate for her own preferences, desires and identified outcomes. She is non verbal and will choose from show objects or pictures. She, as much as possible from all her providers, will be given the option of making choices about what she wants to do.

### **What will the case manager do?**

Per Rule 185, Developmental Disabilities case manager will have face to face contacts with Libby at least two times per year to review and coordinate identified service needs, provide referral information and review services.

The case manager will provide ongoing support, encouragement, advocacy and coordination of services. That person will offer access to additional supports and resources, as available and appropriate, to support Libby and her family's preferences, needs, desires and identified outcomes.

Her case manager will review service needs and make changes as needed. Case mgr. will also discuss outcomes at meetings, and adjust as Libby's needs change. Case mgr. will monitor services.

### **What will others do?**

Libby's parents, Amy and Lance, will communicate with ACR staff and PAI staff to ensure Libby is able to attend and enjoy preferred activities. Libby's parents will give advice, suggestions, and direction to providers as needed.

### **What will the provider do?**

DD Waivered Services : ACR-SLS and Phoenix Alternatives-DT&H will run goals as agreed upon, and will give service feedback at least annually.

## **SUMMARY OF NEEDS**

**Quality of Life:** Libby is a young lady who lived with her family until October, 2017 when she moved into an ACR SLS home in Woodbury. She continues to go to her parent's home for overnights a couple nights a week. Her SLS home is completely adapted for accessibility as all of the room mates rely on the use of wheelchairs to get around. She participates in the DT&H program with Phoenix Alternative, Inc (PAI) in Oakdale currently on hold due to Covid 19. Libby was going to the Courage Center for pool therapy with her mother and they plan to have her start again in the Fall accompanied by ACR staff. Libby loves swimming and biking and can pedal with pushing assistance. She enjoys being around her family and friends and enjoys doing activities at PAI. She will watch the Wii and smart board, crafts, hand holding, people watching and using her stander. . She also enjoys playing games, watching TV, swimming, walking outside, going to parks, listening to music, having her nails and hair done, eating snacks and sensory activities. Libby does not like being rushed!She watches music shows such as The Voice and Dancing with the Stars. She likes live action with sound and bright colors.Her favorite restaurants include Culvers and Noodles and Company- she likes flavored food.Her dream for the year is for Covid 19 to be over so she can go out more. She really enjoys being out and about.

**Personal Assistance:** Libby requires assistance in all her ADL's. **EATING:** Libby has a narrow palate, is at risk of choking and needs to be supervised while she is eating. She can only eat some small pieces with her fingers and is also fed by her caregivers. Libby also needs to be reminded to drink fluids so she does not get dehydrated. **BATHING/ DRESSING/HYGIENE:** Libby needs total physical assistance in all these areas. **TOILETING:** Libby is unable to toilet herself and wears pull ups at all times. She has to have assistance with her menses care. She is toileted every two hours. **TRANSFERS:** Libby requires a one person transfer. She has hand rails for toilet transfers. She at times will hoyer lift when tired or for bathing. **POSITIONING:** Libby relies on others to position her in her wheelchair and be aware of skin breakdown. Libby needs hand rails for toilet transfers. Her lap tray and shoulder straps are physically secured for transportation, intermittently throughout the day and when needed for positioning when slumping over. She is also repositioned every 2 hours when she is being toileted. **MOBILITY:** Libby relies on her wheelchair for a majority of her major transportation and mobility needs. She is able to spend time in her stander, assist with minor transfers with a sturdy person while in bed or in the restroom and used to be mobile by crawling on the floor, but but rarely does anymore. Libby is at risk of falling due to lethargy and hypertoncity. She does have a history of not helping when she is able to complete the mobility tasks and needs cues with transfers; however, she can also be more than willing to cooperate with transfers or tasks at certain times. In 2015, Libby got an ARJO lift to assist her with moving into her stander.

**Home Management:** Libby is unable to complete any of her independent living tasks. Her mother administers her medications and coordinates her medical care. She prepares Libby's meals, provides her transportation, takes care of the housework, does the shopping and takes care of her bills. Libby does not use a telephone. Abbey likes to shop and look at clothes and make up or just simply watch others- this is on hold due to Covid 19.

**Health Related/Medical:** Libby's mother described her overall health as good. She continues to have ongoing grand mal/tonic clonic seizures and her mother reported she has seizures 3-6 per week. They are worse in the spring time and during menses time. Libby is a patient of the Minnesota Epilepsy Group and has a (VNS) vagal nerve stimulator with an implant below the left collar bone stimulating the vagal nerve at the left neck. Staff should be trained on how to operate the VNS if Libby does begin to have a seizure. The VNS does have a passive activation, but Libby will still have generalized tonic clonic and tonic seizures. Seizures last

15-30 seconds on average (but lasted 4 to 90 seconds in 2015 at PAI), and she seems to have more seizures in the spring and fall. At times, Libby will vomit when having stronger seizures. Libby has an emergency seizure medication Diazepam which she takes buccally for single and partial seizures. Libby has an inhaler she uses for asthma as needed, which may be needed more after a seizure. She also has seasonal allergies and GERD.2019- no major changes2020- no major changes.

**Cognitive and Behavior Supports:** Libby does not exhibit any Level 1 behaviors. She is an engaging young woman that likes to interact with her peers and staff around her. If Libby wants to be a part of a conversation or group activity, she will use facial expressions, vocalizations and switches to show her interest in being a part of what is going on. Libby tends to be more focused on getting/keeping staffs attention than interacting with her peers and it seems to depend on who is more animated with her. 2019- no major changes2020- No major changes.; Libby is diagnosed with Trisomy 4p and Severe MR. She is non verbal and relies on others for all of her care.

**Personal Security:** Due to Libby's disability, she is vulnerable in all areas of abuse, requires 24 hour supervision and cannot understand or report abuse. She would not understand what an emergency situation is or how to keep herself safe. Libby requires full assistance with her ADL's and IADL's. She has a history of choking and she needs her food cut into bite size pieces. Libby's seizures may induce asthma and she uses an inhaler PRN. Libby is at risk of falling due to hypertonicity and needs assistance for safety. She uses a mesh protector to decrease the chance of falling out of bed. Libby has GERD, takes medication daily and needs assistance to sit in an upright position. Libby has asthma and needs staff to administer her inhaler and sit her up to open her airway. Libby cannot read or write and does not have the cognitive skills to know what meds she needs to take. She can swallow pills if cut in half or crushed and put in certain foods. Libby needs her parents or staff to identify when she needs medical care and screenings. Libby has chronic constipation and take meds to ensure regularity. She has a diagnosis of hypertonicity of abnormal increase in muscle tension and reduced ability of muscles to stretch which effects her posture, tone and reflexes. Libby does not have the motor skills to regulate water temperature and relies on parents or staff. Libby is unable to swim but has enjoyed going to the Courage Center for pool therapy. Libby also does not have the motor skills or cognitive ability for street safety or to respond to an emergency. She relies on others to propel her wheelchair towards safety. Libby can stand and pivot into her wheelchair or onto the toilet with a support person present when transferring. If Libby has a seizure she may be more tired and require 1 person, second person standby pivot transfer. To minimize the risk of her falling out of a recliner, the foot rest is raised. To minimize her falling out of a kitchen chair with arms, she wears a safety belt.2019- No major changes2020-No major changes

**Communications:** Libby is non verbal. She uses facial expressions, vocalizations, body language, eye gazes and reaching to get her needs/interests met. In the past, Libby has used a switch activated voice machine. She was able to anticipate when it was her turn to speak with the switch during group discussions at school. Libby did like to play and be "disruptive" (usually joking around) during conversations using her switch devices. She does not get frustrated when her needs are met. Libby does know some ASL and knew about 10-15 signs, but does not use it much anymore. When she is awake, feeling well and wanting to communicate she will use signs such as "more, done, please, eat, and help". Staff should encourage Libby to use these signs one at a time. Libby does not use the telephone. empowering to have choices- she will be given choices with many different things.2019- No major changes2020- No major changes

**Employment/Training/Skill Building:** Libby had an IEP and Special Education support while in school. In June of 2012, Libby began attending Phoenix Alternatives located in Oakdale and continues to participate in this program however it is currently on hold due to Covid 19.d. She is engaged with her peers and staff, rides the bike, uses her stander and has participated in some community activities. Overall, Amy reports being happy with Libby's vocational programming.2019- No major changes.2020- No major changes.

**Supportive Services:** Libby lived with her family in Woodbury until November, 2017 when she moved into an SLS in Woodbury. She also had been receiving occasional respite care with NorthEast Residence. Her new home is managed by ACR homes and is completely handicapped accessible. All of the residents rely on wheelchairs for mobility. This home is in an ideal location for her family as it is in Woodbury and is in close proximity to her parents. She stay overnight there a couple nights a week. This home also allowed her to continue to participate in the day program with PAI in Oakdale. 2019- No major changes.2020- No major changes.

**Self-Direction:** Libby is unable to direct her own care. She can not make any decisions about the services she receives or the programs she participate in. Her parents are her guardians.

**Caregiver/Parent Support:** Libby's parents and family provided most of her care until she moved. She also had a long term caregiver and respite with NorthEast Residence. She now has trained ACR staff who are her primary caregivers.

**RECOMMENDED REFERRALS**

No Data Found

**INFORMAL CAREGIVERS**

Name	Caregiver Relationship	Lives with Person	Caregiver Role	Type of Care
		<input type="checkbox"/>		<input type="checkbox"/> ADLs <input type="checkbox"/> IADLs <input type="checkbox"/> Habilitation <input type="checkbox"/> Community Access <input type="checkbox"/> Supervision <input type="checkbox"/> Social Interaction <input type="checkbox"/> Health & Medical

Notes/Comments

**RISKS**

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### How will Health and Safety Issues be Addressed?

Due to Libby's disability, she is vulnerable in all areas of abuse, requires 24 hour supervision and cannot understand or report abuse. She would not understand what an emergency situation is or how to keep herself safe. Libby requires full assistance with her ADL's and IADL's. She has a history of choking and she needs her food cut into bite size pieces. Libby's seizures may induce asthma and she uses an inhaler PRN. Libby is at risk of falling due to hypertonicity and needs assistance for safety. She uses a mesh protector to decrease the chance of falling out of bed. Libby has GERD, takes medication daily and needs assistance to sit in an upright position. Libby has asthma and needs staff to administer her inhaler and sit her up to open her airway. Libby cannot read or write and does not have the cognitive skills to know what meds she needs to take. She can swallow pills if cut in half or crushed and put in certain foods. Libby needs her parents or staff to identify when she needs medical care and screenings. Libby has chronic constipation and take meds to ensure regularity. She has a diagnosis of hypertonicity of abnormal increase in muscle tension and reduced ability of muscles to stretch which effects her posture, tone and reflexes. Libby does not have the motor skills to regulate water temperature and relies on parents or staff. Libby is unable to swim but has enjoyed going to the Courage Center for pool therapy. Libby also does not have the motor skills or cognitive ability for street safety or to respond to an emergency. She relies on others to propel her wheelchair towards safety. Libby can stand and pivot into her wheelchair or onto the toilet with a support person present when transferring. If Libby has a seizure she may be more tired and require 1 person, second person standby pivot transfer. To minimize the risk of her falling out of a recliner, the foot rest is raised. To minimize her falling out of a kitchen chair with arms, she wears a safety belt.

### NEXT STEPS:

- You will work with an assessor or case manager to develop a Coordinated Services and Supports Plan for the public program you have chosen.
- We are waiting for:
- For help locating services and supports options in this Community Support Plan, these are resources you can contact:
  - [www.Minnesotahelp.info](http://www.Minnesotahelp.info)
  - Disability Linkage Line® (Hub) 866-333-2466
  - Senior LinkAge Line® (SLL) 800-333-2433
  - Veterans Linkage Line™ (VLL) 888-546-5838

### Comments:

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