



Coordinated Services and Supports Plan (CSSP)

ABOUT ME

NICOLE M REITAN

Assessment Date: 03/22/2021

Plan Dates: 05/01/2021 to 04/30/2022

Developed by: June Msechu (651) 430-6511

Address: 1999 Edgemont St.

Maplewood, MN 55117

County:

Home: (651) 776-1241

Work:

Other:

General Plan Notes:

Nikki is a 33-year-old woman who lives in Corporate Foster Care home in Maplewood run by New Directions. This year, due to COVID-19, has been hard for Nikki. She has had limited outings and has not been able to get out as much as her parents would like. Father reports Nikki appears dull and depressed. She has returned to PAI, which has helped alleviate some of her boredom and she has been able to reconnect with her peers and staff from PAI. Per her father, it is important for Nikki to be happy, healthy and be able to communicate her needs and wants. Nikki is currently on the IDD waiver and father is not seeking any changes with her current services.

Case Manager:

June Msechu/ Washington County

651-430-6511

PERSON INFORMATION

Date of Birth: 02/01/1988 **Age:** 33 yrs

Document ID: 883559

Print Date: 04/08/2021

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Emergency Contacts

Name	Relationship	Phone
Ron Reitan	Guardian/Legal Representative	(651) 472-7819
Carol Reitan	Guardian/Legal Representative	(651) 238-4800

Notes/Comments**Decision Making Representatives**

Name	Type of Authority	Address	Phone
Ron Reitan	Private Guardian	6379 151st No. Hugo MN 55038	(651) 472-7819
Carol Reitan	Private Guardian	1116 5th St. So., Stillwater MN 55082	(651) 238-4800

Notes/Comments**Health Insurance & Payers**

Is the person certified disabled by Social Security or through the State Medical Review Team (SMRT) process? Yes

Is the person on medical assistance? Yes

Type	Describe	Policy Number	Effective Date
Medical Assistance		00281536	
Other	BCBS of Mass./father's insurance coverage		

Notes/Comments**Providers**

Health Care Providers	Phone	Comments
Dentist	(651) 439-5640	Dr. Greg Benlich, 2850 Curve Crest Blvd., Stillwater MN 55082

Health Care Providers	Phone	Comments
Primary Physician	(651) 439-1234	Dr. Michael Adams, Stillwater Medical Group 1500 Curve Crest Blvd Stillwater, MN 55082
Specialty Clinic	(651) 636-9443	Dr. Jill Gettings, Gillette Lifetime 435 Phalen Blvd St Paul, MN 55130
Pharmacy	(651) 645-9715	Oakdale MN
Other	(651) 275-3000	Susan Schlosf Associated Eye clinic 2950 Curve Crest Blvd., Stillwater MN 55082
	eye	
Specialty Clinic	(651) 636-9443	Dr. Thomas Novacheck, Gillette Lifetime, 435 Phalen Blvd., St. Paul MN 55082

Notes/Comments

WHAT'S IMPORTANT TO THE INDIVIDUAL

Short and Long-Term Goals

Goal Statement	Target Date	Provider & NPI (if applicable)	Frequency of Reporting
Nicole will continue to attend PAI- Linden location.	04/30/2022		
Nicole will increase her exercise and mobility to maintain her health and to remain weight bearing.	04/30/2022		

Action Steps for Goals:

What will the person do?

Nikki will continue to work with informal and formal support to build and maintain all skills necessary to achieve her goals of maintaining her health and continuing to attend PAI.

What will the case manager do?

Case Manager will continue to coordinate informal and formal supports with Nikki and ensure all of her health, safety and service needs are being met.

What will others do?

Nikki's guardian will provide informal supports to ensure Nikki's health and safety needs are met, as well as help her build and maintain all skills so she can continue to participate in activities that she prefers and enjoys.

Ron Reitan, Nikki's REPRESENTATIVE PAYEE will continue to assist with money management; assist with completion of all documents to maintain eligibility for state and federal benefit programs.

What will the provider do?

New Directions, Nikki's RESIDENTIAL provider will continue to work with Nikki to build and maintain all skills and to ensure all her health and safety needs are met.

PAI, Nikki's VOCATIONAL provider will continue to work with Nikki to build and maintain skills to meet her goals and ensure all of her health and safety needs are met.

SUMMARY OF PROGRAMS AND SERVICES

Program Type	Start Date	End Date	Annual Amount	Total Plan Cost	Avg Monthly
Developmental Disability Waiver	05/01/2021	04/30/2022	\$0.00	\$119,360.40	\$9,946.70
Case Manager/Care Coordinator June Msechu		Case Manager/Care Coordinator Provider ID A647970400		Responsible Party Name Ron Reitan and Carol Reitan	
Program Notes Nicole is eligible for DD Waiver Supports. She utilizes Community Residential Services through New Challenges Inc., as well as Day Support Services at PAI.					

Service Case Management - 15 Minutes							
Start Date 05/01/2021	End Date 04/30/2022	Procedure Code T1016 UC	Frequency 5-Flexible Use	Units 120	Rate \$23.19	Avg Monthly \$231.90	Total Service \$2,782.80
NPI/UMPI 1700969334	Status Pending	Provider Name WASHINGTON COUNTY COMMUNITY SERVICE		Funding Source DD Waiver		County of Service Washington	
Areas of Need Supportive Services							
Support Instructions DD Case Manager will monitor services and arrange for payment of services. DD Case Manager will offer resources to Nikki and her team. DD Case Manager will offer all reasonable resources to help prevent unexplained bruises and other injuries. MCCP was set up at Nikki's team meeting in March 2018, with the intention to help understand and prevent her unexplained injuries (bruises and cuts).							
Service Notes Approximately 30hrs per year; assist with coordination and monitoring of services and support based on Nikki's values, needs, strengths, and goals.							

Service Case Management Aide (Paraprofessional) - 15 Minutes							
Start Date 05/01/2021	End Date 04/30/2022	Procedure Code T1016 TF UC	Frequency 5-Flexible Use	Units 60	Rate \$9.39	Avg Monthly \$46.95	Total Service \$563.40
NPI/UMPI 1700969334	Status Pending	Provider Name WASHINGTON COUNTY COMMUNITY SERVICE		Funding Source AC Program		County of Service Washington	
Areas of Need							
Support Instructions The aide will assist the case manager with administrative duties such as filing, data entry and phone contacts.							
Service Notes Approximately 15hr/year							

Service Community Residential Services - Adult							
Start Date 05/01/2021	End Date 04/30/2022	Procedure Code S5140 UC U9	Frequency 1-Daily	Units 354	Rate \$227.18	Avg Monthly \$6,701.81	Total Service \$80,421.72
NPI/UMPI A759220500	Status Pending	Provider Name NEW DIRECTIONS INC		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Supportive Services, Health Related/Medical, Home Management, Communications, Self-Direction, Personal Assistance, Personal Security, Quality of Life, Employment/Training/Skill Building, Cognitive and Behavior Supports							
Support Instructions Nicole requires daily staff support for challenging behaviors, medical needs, physical needs and/or life skills, and she currently resides in a home owned/leased and operated by New Challenges Inc., and she has 3 house mates. Staff at Nicole's home will assist her with maintaining and learning skills related to activities of daily living such as Household chores (e.g., bed-making, washing dishes, laundry), eating and food preparation, personal hygiene and cleanliness, as well as social and adaptive skills necessary to help the person live in the community. As needed, staff will also assist Nicole with communication skills, community participation and mobility, health care, leisure and recreation, household management, interpersonal skills, money management, increase of positive behavior and reduction or elimination of challenging behavior, sensory and motor development and socialization. All staffs who work directly with Nicole must pass a background check, and become familiar of her assessed needs and person centered support plan before working with her. They are also mandated reporters. Consequently, staff will report suspected maltreatment by calling the Minnesota Adult Abuse Reporting Center (MAARC) at (844) 880-1574.							
Service Notes 354 Days annually							

Service Day Support Services - 15 Minutes							
Start Date 05/01/2021	End Date 04/30/2022	Procedure Code T2021 UC	Frequency 5-Flexible Use	Units 5544	Rate \$3.42	Avg Monthly \$1,580.04	Total Service \$18,960.48
NPI/UMPI A887860900	Status Pending	Provider Name PHOENIX ALTERNATIVES INC		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Employment/Training/Skill Building, Supportive Services							
Support Instructions Nicole may choose to attend her day program for only part of a day. Staff will provide her supports based on the same instructions described in her full day attending days. When Nicole attends her program for part of the day, PAI will arrange for separate safe transportation for her. The transportation rate is not included in this rate.							
Service Notes Average 10 hours per week							

Service Transportation - Per One Way Trip							
Start Date 05/01/2021	End Date 04/30/2022	Procedure Code T2003 UC	Frequency 1-Daily	Units 540	Rate \$30.80	Avg Monthly \$1,386.00	Total Service \$16,632.00
NPI/UMPI A887860900	Status Pending	Provider Name PHOENIX ALTERNATIVES INC		Funding Source DD Waiver		County of Service Ramsey	
Areas of Need Supportive Services							
Support Instructions PAI will provide, arrange and pay for separate transportation to and from service sites for Nicole, for the days when she is receiving part day DT&H services.							
Service Notes 540 trips							

RISKS

How will Health and Safety Issues be Addressed?

Nikki lacks self-preservation and safety skills. Nikki is not able to identify or get assistance during emergency situations. Nikki is not able to indicate if she is ill or injured. Her caregivers observe her for changes in her behavior and appearance for signs of illness or injury. Due to Nikki's mobility and cognitive delay, Nikki needs assistance to safely evacuate during emergencies or drills. Nikki needs someone with her at all times at home and while in the community. Nikki is not able to identify any forms or abuse or to inform her caregivers if she was mistreated. New Directions and her family provide a 24-hour plan of care with overnight awake supervision for Nikki. This is the appropriate level of supervision for Nikki. Her team works together to protect

Nikki as a vulnerable adult.

The following table documents and acknowledges any risks that exist based on identified remaining needs above.

Identified risk and choice regarding services	Negative outcome that may result	Alternative measure that may be implemented
N/A	N/A	N/A

Summary plan/agreement reached to address the identified risks:

All foreseeable risks are addressed in Nicole's CSP and self management plans. The plans will be reviewed annually.

Emergency & Back Up Plans

Plan for unforeseen events (e.g, weather, storms, power outages)

Nikki has a 24-hour plan of care through her DD waiver. Nikki relies on her support staff to identify dangerous situations, respond to emergency situations, and in general maintain her health and personal safety. Staff will follow established emergency procedures to help Nikki during unforeseen events

Key Contact Name	Relationship	Phone Number
Carol Reitan	mother/guardian	(651) 238-4800
New Directions' emergency contact	New Directions' emergency contact	(651) 356-9134

Plan for emergency health events

Nikki relies on her staff for assistance in case of health related emergency. Staff will follow established emergency procedures, and notify Nikki's parents and her case manager of any incidents in a timely manner (within 24 hours)

Key Contact Name	Relationship	Phone Number
Carol Reitan	mother/guardian	(651) 238-4800
New Directions' emergency contact	New Directions' emergency contact	(651) 356-9134

Plan for unavailable staffing that puts the person at risk

Guardians will be notified immediately of any emergency situation.

Nikki is very close with her parents/guardians and they will know the best course of action, in the event of an emergency.

New Directions will also be informed of any emergency situation.

Key Contact Name	Relationship	Phone Number
Ron Reitan	father/guardian	(651) 308-2706
New Directions' emergency contact	New Directions' emergency contact	(651) 356-9134