

PROGRESS REPORT AND RECOMMENDATIONS

Name: Kim Varness

Date of Progress Report: 3.23.2021

Report Completed by (name and title): Emily Elsenpeter,
Designated Coordinator

Type of Progress Report (i.e. annual): Semi Annual

*Distribution Date: 3.30.2021

Date of service plan review meeting (if applicable): N/A

*The report must be sent at least five working days prior to the progress review meeting if requested by the team in the *CSSP or CSSP Addendum*.

To: Person Served Legal Representative Case Manager Other: Holly Hoffland, NER

Summary of Service Outcome and Support Progress

Outcome # 1

Outcome statement with measurable and observable criteria for outcome achievement: Daily Kim will indicate Yes (by nodding her head or ASL sign) or No (by shaking her head or ASL sign) when asked a yes/no question in 95% or more of trials until her annual meeting.

Summary of progress toward achieving this outcome: Kimmy was successful in 95% of all opportunities.

Recommendation for implementing this outcome: Continue Change Discontinue

Rationale for the recommendation: Kimmy was successful in all opportunities, so it is suggested that we work on a new skill. Kimmy finds value in participating in 1:1 activities so it is suggested that Kimmy choosing a 1:1 sensory activity to participate in with staff. Due to COVID, ratios are a lot smaller, which allows Kimmy to have more of that 1:1 time that she values so much.

Outcome # 2

Outcome statement with measurable and observable criteria for outcome achievement: Kim will use her communication skills to advocate for a choice or preference during her daily routine in 85% or more of trials over the next 12 months.

Summary of progress toward achieving this outcome: Kimmy was successful in 100% of all opportunities.

Recommendation for implementing this outcome: Continue Change Discontinue

Rationale for the recommendation: Kimmy finds value in maintaining and building social relationships with her peers and staff. It is suggested that we discontinue this outcome and create a new outcome where Kimmy will notify staff that she would like to visit other peers and staff outside of her room.

*Data collected on psychotropic medication and target symptom-related data including monitoring data, is sent to the expanded support team, at a minimum of quarterly, or as otherwise requested. This data is reported on *Psychotropic Medication Monitoring Data Report* form, please reference that document for more information.

Description of the person's status

Health: Recently Kimmy was picking at her hair a lot more than usual. Staff at the group home were notified and cut her hair shortly after. There are no other health concerns.

What is currently important to the person and for the person: It is important to Kim that she be engaged in meaningful interactions daily and supported in socializing with peers and staff. It is important to her that she has access to safe oral manipulatives, receives frequent sensory opportunities, opportunities to walk daily with support, and time to do tasks for herself. It is important for Kim to walk daily with good posture to maintain her muscle strength and ability, to have sensory integration activities and appropriate manipulatives available throughout her day to prevent her from seeking input in the form of scratching herself and to wash her hands.

Status of social relationships and natural supports: Kimmy is very social and enjoys visiting her friends and staff around the building. She visits them from the doorway, due to guidelines. Kimmy is in the same programming space every day, which has allowed her the opportunity to develop stronger relationships with those that were not in her room prior to the pandemic and prior to full days.

Recent inclusion and participation in the community: Due to Covid-19 pre-cautions PAI is not currently accessing the greater community. Kim has not been supported in the greater community this reporting period.

New or ongoing opportunities for the development and exercise of functional and age-appropriate skills, decision making and choice, personal advocacy, and communication:

Functional and age-appropriate skills: Kim enjoys participating in a wide variety of activities that develop her functional and age-appropriate skills. Due to the coronavirus, PAI has not allowed visitors into the sites, so we have not been participating in pet therapy; however, we have participated in music therapy virtually. Kimmy will often laugh and allow hand over hand assistance with instruments. Kimmy participated in an obstacle course over this reporting period and seemed to love participating in this while in her wheelchair as well as while walking. Kimmy also enjoyed playing Jenga with some of her peers. She pushes the blocks over and laughs. Kimmy also finds value in 1:1 walks. Due to new guidelines, Kimmy cannot go into other rooms; however, Kimmy still visits her friends and staff from the doorways without going into the room.

Decision making and choice: Kim is provided options throughout her day to make choices and decisions. Kim prefers to be provided choices that honor her known preferences and may use the aid of picture cards or objects to make choices. When offering choices Kim continues to work on eye gazing, pointing, or touching her preference.

Personal Advocacy: Kim would like to be encouraged and supported in her communication to continue having her needs met. Kim is a strong self-advocate with support staff whom she knows well and are familiar with her communication style. It is important that Kim have support people around her that know her well and advocate for the needs and desires that she may not be able to communicate to the appropriate team members.

Communication: Kim communicates non-verbally using facial expressions, vocalizing, or waving. Kim may "blow raspberries" or hum when happy or excited and will spit when frustrated as a warning to give her some space. Kim knows adaptive signs for eat, more, drink and yes but does not use them consistently. Kim is able to understand and respond to short concise verbal cues and phrases. She prefers an upbeat tone from staff with time to process requests. Transitional cues continue to be helpful for Kim as she may become frustrated if pushed to do things, she has indicated she does not want to engage in or if asked the same question repeatedly.

Status of the person's civil and legal rights: Kim has private guardianship provided by Yvonne Kutzer.

PAI

Other information as requested by the support team, please indicate: Kim resumed full day services January 4th, 2021. She seems to have adjusted well to the change.