

ONE PAGE PROFILE



Name:	Mary Bromander
Age:	68

What people APPRECIATE about me:	What is IMPORTANT TO me:	How to SUPPORT me:
<p>People appreciate that Mary is a strong woman who is a good self-advocate. She will express herself if she is not particularly enjoying an activity or group.</p> <p>Mary is determined.</p> <p>Her great sense of humor.</p> <p>People appreciate her kindness and gentle nature.</p> <p>People appreciate her wide range of taste in music.</p> <p>People enjoy her sense of humor, plus her feisty and mischievous side.</p> <p>People appreciate Mary's fashion style. She is complimented often on the clothes and accessories that she wears to Linden.</p>	<p>It is important to Mary to look well and put together, she enjoys looking good!</p> <p>Mary wants to be comfortable and in clean, fashionable clothes.</p> <p>She prefers to have her own space, and do not particularly like hugs.</p> <p>Mary likes spicy food. She dislikes foods that are bland with limited flavor.</p> <p>She enjoys warm baths.</p> <p>Mary likes listening to music, particularly calm, soulful music, acoustic guitars, and she loves Christmas music!</p> <p>Mary enjoys being outside sunbathing, and she loves being barefoot!</p> <p>Mary likes relaxing and napping in a chair or recliner.</p>	<p>Please offer Mary verbal support of what is happening around her, especially when you are walking with her. Please offer Mary your arm to assist her when walking.</p> <p>Mary prefers using a wheelchair when out in the community, or if she would have to walk long distances.</p> <p>Mary enjoys being part of a group, but she likes being on the outskirts a bit while participating, utilizing her own space.</p> <p>When prompting Mary to stand after sitting, please give her some time to adjust, sometimes her feet or legs have fallen asleep while she has been relaxing.</p> <p>Please be very descriptive whenever you are supporting her. Mary prefers to know what's going on when she is participating in groups, and when she's navigating her environment.</p> <p>Keep Mary's mind active encouraging her to try new things.</p>